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Take Home Message

The findings of systematic reviews and meta-analyses are used for clinical decision making, and are integral in developing sound clinical practice guidelines and recommendations. The process of conducting systematic reviews, summarised in this paper, should be followed.

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Key steps in cConducting systematic reviews for
underpinning clinical practice guidelines:
MethodologyExperienceof
theEuropeanMethodologyExperienceoftheEuropeanAssociation of Urology

Abstract:

Context: The findings of systematic reviews (SRs) and meta-analyses (MAs) are used for clinical decision making. The European Association of Urology (EAU) has committed increasing resources into the development of high quality clinical guidelines based on such SRs and MAs.

Objective: In this paper, we have summarised the process of conducting SRs for underpinning clinical practice guidelines under the auspices of the EAU Guidelines Office.

Key messages:

- The process involves explicit methods and the findings should be reproducible.
- When conducting a SR, the essential first step is to formulate a clear and answerable research question.
- An eExtensive literature search lays the foundation for evidence synthesis.
- Data are extracted independently by two reviewers and any disagreements are resolved by discussion or arbitration by a third reviewer.
- In SRs, data for particular outcomes in individual randomised controlled trials (RCTs) may be combined statistically in a meta-analysis to increase power when the studies are similar enough.
- Biases in studies included in a SR/MA can lead to either an over estimation or an under estimation of true intervention effect size, resulting in heterogeneity in outcome between studies. A number of different tools are available such as Cochrane Risk of Bias assessment tool for RCTs.
- In circumstances where there is too much heterogeneity, or when a review has included non-randomised comparative studies, it is more appropriate to conduct a 'narrative synthesis'.

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- The GRADE tool for assessing quality of evidence strives to be a structured and transparent system, which can be applied to all evidence, regardless of quality.
- A SR not only identifies, evaluates and summarises the best available evidence, but also the gaps to be targeted by future studies.

Conclusion:

SRs and MAs are integral in developing sound clinical practice guidelines and recommendations.

Patient summary:

Clinical practice guidelines should be evidence based, and SRs and MAs are essential in their production. We have discussed the key steps of conducting systematic reviews and meta-analyses in this paper.

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Key steps in cConducting systematic reviews for
underpinning clinical practice guidelines:MethodologyExperienceMethodologyofAssociation of Urology

Introduction

In 1979 Archibald Cochrane, a Scottish doctor, proposed: "It is surely a great criticism of our profession that we have not organised a critical summary, by specialty or subspecialty, adapted periodically, of all relevant randomised controlled trials" [1]. Cochrane was one of the founding fathers of evidence based medicine. He highlighted and advocated the importance of critically summarising the findings of research studies and was passionate about this cause. He designated the systematic review (SR) as a method providing such a summary [1]. Cochrane's vision ultimately led to the development of the Cochrane Collaboration in 1993.

The findings of SRs and meta-analyses (MAs) are used for clinical decision making and are integral in developing sound clinical practice guidelines and recommendations. The European Association of Urology (EAU) has committed increasing resources into the development of high quality clinical guidelines based on such SRs and MAs [2-4]. The Guidelines Office has completed 21 systematic reviews and 32 reviews are ongoing. These high quality systematic reviews are used for making guideline recommendations [5]. Table A (online supplement) summarises Guideline recommendation(s) underpinned by the selected SRs conducted under the auspices of the EAU Guidelines Office. In this paper, we have summarised the process of conducting SRs under the auspices of the EAU Guidelines Office. The process is also graphically illustrated in Figure 1.

What is a randomised controlled trial?

<u>A randomised controlled trial (RCT) is a type of study in which participants are</u> randomly assigned to two or more groups in order to assess interventions. A well designed RCT is adequately powered and follow the principles and recommendations of the CONSORT statement [6].

What is a systematic review?

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A SR identifies, selects, synthesises and appraises studies that meet pre-specified inclusion criteria to answer a research question. The process involves explicit methods and the findings should be reproducible. A SR not only identifies, evaluates and summarises the best available evidence, but also the gaps to be targeted by future studies [7].

What is a meta-analysis?

In SRs, data for particular outcomes in individual randomised controlled trials (RCTs) may be combined statistically in a meta-analysis (MA) to increase power when the studies are similar enough [7]. A meta-analysis MA may thus be able to answer a clinical question which is unanswerable by individual studies due to inadequate power. A MA should not be done outside of the SR setting because it is unlikely that all relevant trials will have been identified and therefore a biased or misleading pooled estimate may result. The term meta-analysisMA was coined by an American statistician, Gene Glass [8].

What is a traditional review?

A traditional review is usually written by an expert and provides a summary or an overview of a topic. Unlike a SR, the topic of a traditional review is often broad and less precisely defined. The methods used to conduct traditional reviews are not standardized. The search strategy is usually not stated, the review is confined to well-known articles [9], and the author's personal beliefs may influence the overall conclusion [10]. If <u>MAmeta-analysis</u> is attempted in this situation, an exaggerated and spuriously precise estimate may be obtained and treated with greater credibility than it is due. The main features of SRs are covered throughout this report and the key differences between a SR and traditional review are summarised in **Table 1**.

Formulating a clear, well-designed research question and writing a review protocol

When conducting a SR, the essential first step is to formulate a clear and answerable research question. This clarifies the objectives and the study inclusion and exclusion criteria. A straightforward way to do this is to break the question down into constituent parts using the PICO framework, which stands for **P**articipants, Intervention, **C**omparator and **O**utcomes [11].

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It is necessary to be transparent and explicit about which populations, intervention, comparator and outcomes are to be included or excluded. This is important for not only designing the search strategy but is also helpful for systematic reviewers who do not necessarily have in-depth clinical knowledge on the topic. Furthermore, it serves as a blueprint to inform study screening and data extraction. To illustrate: *'Should I perform partial nephrectomy on a patient with kidney cancer?'* is a meaningful question, particularly for urologists. However, it is vague and not informative for deciding which studies should be included. A more scientific way for phrasing this question is: 'In patients with localised renal cell carcinoma (P), how effective is partial nephrectomy (I), when compared with radical nephrectomy (C), in improving overall survival (O)?'

Of course, more clinically or methodologically justifiable detail will need to be provided to define limits on age, disease stage, which approaches to partial and radical nephrectomy are included, which other (secondary) outcomes should be included and search date cut-offs. The types of study designs to be included should be specified. Cochrane SRs are traditionally confined to evidence from RCTs. However, it is not always ethical to randomise participants for comparing interventions and observational studies play a crucial role in this scenario.

SRs should be protocol driven and prospectively registered in a database, such as PROSPERO [12] or the Cochrane Library, to help counter publication bias and selective outcome reporting by giving a permanent record of the *a priori* methods. PROSPERO is a database maintained by the University of York. PROSPERO provides a free registration and publication of systematic review protocols and is available at the following link: https://www.crd.york.ac.uk/PROSPERO/. Registration of protocols also means that others can see if a review is currently underway and work is not duplicated. Crucially, in addition to the PICO elements, a protocol outlines what actions will be taken in which circumstances, such as how particular types of data will be handled in the analyses, the conditions under which meta-analyses or narrative synthesis will be undertaken, which subgroups will be analysed, and how risk of bias (RoB) will be assessed.

Literature search

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Extensive literature search lays the foundation for evidence synthesis. With increasing numbers of published research reports and numerous bibliographic databases, it is challenging to efficiently identify relevant studies, especially when research topics are complex and study designs are not limited to RCTs.

Conducting a literature search to identify relevant reports from databases and other resources requires rigorous search techniques. When designing searches, high sensitivity and high specificity should be aimed for. However, no search strategy is 100% perfect; high sensitivity may result in a huge number of irrelevant records and there is always a trade-off. It is advisable to involve an information scientist for designing search strategies.

Literature searches for SRs should involve at least two bibliographic databases and be as extensive as possible in order to identify all relevant studies and increase the generalisability of the results. According to MECIR (Methodological Expectations for Cochrane Intervention Reviews), Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, (and EMBASE and Cochrane Review Group's Specialized Register when available) are the minimum databases to be searched for a Cochrane SR [13]. Most published SRs now search at least MEDLINE, EMBASE and Cochrane library databases. Databases relevant to the topic of the review (e.g. CINAHL for nursing-related topics), national and regional database and subject specific databases should also be considered. Trials registers such as Clinical Trials.gov, the WHO International Clinical Trials Registry Platform (ICTRP) portal and other sources (e.g., pharmaceutical industry and regulatory agencies websites) should be searched for unpublished and ongoing studies. Other sources include dissertations, theses, conference abstracts and proceedings, and grey literature (information produced in electronic and print formats not controlled by commercial publishing) databases. Searching the bibliographies of identified relevant studies and previous SRs on the same topic is a good approach for reducing the chance of missing relevant studies. Study authors and organizations should be contacted for missing information on un-published or ongoing studies [7, 13].

Content experts are very important in designing advanced search strategies [7]. By working closely with information specialists, they can assist with identifying search concepts, and suggest key words as well as key references, while revising and

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improving preliminary searches. Too many different search concepts should be avoided. Sometimes, some concepts (e.g. outcomes) may not be well described in the title or abstract of an article and are often not well indexed with controlled vocabulary terms; it might be better to search only for the population and intervention. However, a broad range and wide variety of search terms should be combined with "OR" within each concept. Both free-text words (including spelling variants, synonyms, related terms, opposites, plurals, acronyms, truncations, wildcards, and proximity operators) and appropriate subject headings should be used (e.g. MeSH and EMTREE). Ensure the Boolean operators "AND", "NOT" and "OR" are used correctly. An example of search strategy, along with explanation, is presented in Figure 2. Strategies must be translated for every database and each interface (e.g. PUBMED and OvidSP are two different interfaces for the same database MEDLINE). Specially designed high sensitivity and tested filters can be used when appropriate. There is no need to use an RCT filter when searching CENTRAL because all the records are thoroughly and correctly indexed. Applying publication date, publication format or language restrictions in the search strategy should be justified and included in the report [7].

The search strategy should be documented and reported transparently in the protocol and in the review. It is necessary to report the sources searched (databases and interfaces), dates and limits, and the numbers found from each source [14, 15]. Key search terms can be reported in the methods section. The full search strategies for one or more electronic databases can be submitted as an appendix and published as supplementary files available online to readers.

Abstract and full text screening

After the literature search has been conducted, the list of retrieved abstracts is screened for studies that may be eligible for inclusion. Abstract screening is performed using an *a-priori* developed study screening form. This form contains the inclusion and exclusion criteria for each PICO element as reported in the study protocol. Following this form will lead to the decision whether to exclude or include the abstract. In case no decision can be made based on the information in the abstract, it will be marked as 'unclear'. Unclear abstracts are included at this stage, as it requires full-text retrieval and review to make the final decision. Abstract screening must be performed independently by (at least) two reviewers. The

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combined results will subsequently be reviewed for disagreements, and a third independent reviewer can be consulted for resolving conflicts.

Full-text screening follows the same principles as abstract screening. A difference, however, is that full-text papers cannot be marked as 'unclear' but require a definitive decision whether to include or exclude the study. Also, for excluded full-text papers, reviewers must keep track of the reason for exclusion. Upon completion, the final number of included and excluded studies (with the reason for exclusion) is reported in the PRISMA flow diagram as illustrated in **Figure 34**.

Data extraction from included studies

One of the most important and time-consuming parts of a SR is data extraction. Data are extracted independently by two reviewers and any disagreements are resolved by discussion or arbitration by a third reviewer [16]. **Table 2** summarizes the key information that should be extracted from the studies included in a SR. Each review question is unique and therefore requires development of a separate form. A pilot tested electronic or paper version of the data extraction form includes entries for study characteristics along with relevant results and RoB assessment. <u>The data extraction form should first be piloted on 2 to 3 studies.</u>

The setting and timing of the study, participant and disease characteristics (such as age, gender, comorbidities, diagnostic criteria, staging, and prognostic factors) that may influence intervention effects or external validity should be collected. Relevant information on interventions include surgical techniques, drug doses and frequency, or routes of delivery. It is important to clearly pre-decide the outcome measures that will be collected in terms of their definition (e.g. measurement method, scale, and threshold), timing and unit(s) of measurement. This is crucial as many outcomes may be reported using multiple definitions (e.g. Biochemical Recurrence after Radical Prostatectomy), measurement scales (e.g. multiple urinary symptom questionnaires to access the severity of urinary incontinence), measurement method (e.g. healthy parenchymal volume loss after partial nephrectomy measured by CT volumetric analysis or estimated by surgeon) or different points in time (e.g. cancerspecific survival at 1y, 5y, 10y). Standardised sets of outcomes, known as 'core outcome sets' represent the minimum that should be measured and reported in all clinical trials of a specific condition making it easier for the results of trials to be

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combined [17]. The numerical data required for <u>meta-analysisMA</u> are not always available and sometimes other statistics or graphical information can be collected and converted into the required format.

Risk of Bias Assessment

Biases in studies included in a SR can lead to either an over estimation or an under estimation of true intervention effect size, resulting in heterogeneity in outcome between studies.

Randomized Controlled Trials

In SRs of RCTs, the RoB in each study is assessed for each outcome using the domains (judged as either low, high, or unclear) in the Cochrane Collaboration's RoB Tool [7, 18]:

- Selection bias, which includes random sequence generation bias and allocation concealment bias.
- Performance bias due to knowledge of the allocated intervention by study personnel and participants.
- Detection bias in assessing the outcome due to knowledge of the allocated intervention.
- Attrition bias due to incomplete data and exclusion from analyses.
- Reporting bias due to selective outcome reporting.
- Other sources of bias.

RevMan is then used to create a RoB summary graph to visually illustrate the RoB (low, high, or unclear) for each domain in each study [19]. A draft version of a revised tool to assess the RoB in RCTs (RoB 2.0) has recently been proposed [20].

Non-randomized Comparative Studies

Potential biases are greater in non-randomized comparative studies (NRCS) than for RCTs due to the high risk of confounding. NRCS are thus always considered to be at high risk of selection bias.

In addition to assessing the above domains for RCTs, a maximum of the five most important confounders should be pre-specified. For each outcome, an assessment is made of (1) whether the confounder was considered, (2) whether its distribution was balanced, and if not then (3) whether it was controlled for in the analysis.

This information is used to reach an overall decision about the RoB for each confounder and each outcome. The RoB summary graph can also include the additional confounder information.

Recently, ROBINS-I, a tool for assessing risk of bias in non-randomised studies of interventions has been published. This tool is not yet tested within the EAU [21].

Single Arm Studies

In SRs of single arm case series, five aspects are considered:

- 1. Was there an a priori protocol?
- 2. Was the total population included or were study participants selected consecutively?
- 3. Was outcome data complete for all participants and any missing data adequately explained/unlikely to be related to the outcome?
- 4. Were all pre-specified outcomes of interest and expected outcomes reported?
- 5. Were primary benefit and harm outcomes appropriately measured?

If the answer to all 5 questions is 'yes', the study is at 'low' RoB. If the answer to any question is 'no', the study is at 'high' RoB.

QUADAS-2 is used for assessing RoB in diagnostic test accuracy SRs [22] while QUIPS is used for prognostic factor SRs [23].

RoB assessment process

Two reviewers independently assess the RoB in each study when extracting data. A third reviewer acts as arbitrator. If the RoB is unclear in any domain, an attempt is made to obtain the study protocol or to contact the study authors. RoB summary graphs are created with separate graphs for each of the three different study types. Biases are described in the SR report, emphasizing areas of concern and the possible effect of bias in interpreting the results [18].

Meta-analysis or Narrative synthesis (including sub-group analyses, assessment of heterogeneity and publication bias)

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Combining information from different studies included in a SR is known as evidence synthesis. Depending on the homogeneity of the populations, interventions, outcome definitions and measurements in the included studies, the evidence synthesis may be narrative or quantitative.

<u>MAMeta-analysis</u> is feasible when more than one RCT reporting the same outcome is identified [24]. <u>MAMeta-analysis_</u>-provides an overall estimate of the effect of the treatment or the intervention analysed. The effect of the treatment refers to the differences in outcomes found between an intervention and comparator. This effect, along with the precision of the estimate, needs to be extracted from all the individual studies, so that the consistency in the direction and magnitude of effect across studies can be assessed [25].

However, before meta-analysing data, a detailed assessment of the included studies is crucial to decide whether a <u>meta-analysisMA</u> of the results is not only feasible but also sensible. First, the internal validity and precision of the included studies will directly impact the quality of a <u>meta-analysisMA</u>. If the included studies are biased, underpowered, or the individuals estimates inconsistent, then performing a <u>meta-analysisMA</u> can potentially give a spuriously precise and often meaningless summary statistic.

One should take into account that the studies included in a SR will inevitably differ. Despite clearly defined eligibility criteria, differences in the included studies will exist with regards to natural variation in the populations and fidelity to the interventions. Those variations are known as heterogeneity [26]. There are three main types of heterogeneity (1) Clinical heterogeneity, which refers to variations in the populations, interventions or the way in which the outcomes were assessed. (2) Methodological heterogeneity, which refers to variability in treatment effects due to the way the data are analysed and reported in each study.

There are several ways to investigate heterogeneity. First, heterogeneity can be assessed by visual inspection of the forest plots. Poor overlap among confidence intervals may indicate statistical heterogeneity. The Chi^2 Q statistic assesses the degree to which the individual study estimates of effect size differ from the overall estimate while the I^2 statistic is an estimate of the percent of variation attributable to

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heterogeneity, i.e. the ratio of true heterogeneity to total observed variation [7, 26, 27]. An I² greater than 50% is considered substantial. <u>Meta-analysisMA</u> and the estimation of an overall summary effect in the presence of significant heterogeneity may be misleading, but several options can be considered in this scenario. Some heterogeneity may be explained by the intervention having different effects in, for example, older populations or at higher doses of a drug. In such instances, the stratification of studies according to their characteristics or subgroup analyses in specific patient populations may be done to explore heterogeneity or to try to answer specific questions, however this may not be possible without individual patient data. Such analyses should be regarded as exploratory and the results must be interpreted with caution [28, 29]. They should be planned at the protocol stage rather than in the light of the results, otherwise the conclusions may not be reliable [30].

Publication bias should also be considered. Trials showing statistically significant results are more likely to be published than those with negative findings [31]. They are also more likely to be published quickly, in more than one place, in English, in high impact, indexed journals and cited by others [7]. Funnel plots, which plot the effect estimate of individual studies against the size of the study, may be used to identify the publication bias but these should only be used when there are at least 10 studies in the meta-analysisMA.

In circumstances where there is too much heterogeneity, or when a review has included NRCS, it is more appropriate to conduct a 'narrative synthesis' [7, 32, 33]. This is a theory driven and iterative approach for summarising and imposing structure on the results of the included studies. Four main stages are involved:

- 1. Develop a theory of how the intervention works, why, and for whom
- 2. Develop a preliminary synthesis of the findings of the included studies
- 3. Explore relationships within and between studies
- 4. Assess the robustness of the synthesis [33]

Essential activities include tabulating and describing the key baseline characteristics and results of individual studies. Then studies with similar populations, intervention and outcome measurement characteristics can be grouped together and then further grouped with regards to the direction and magnitude of the results. The results may then be interpreted critically with regards to the theory, considering also the RoB and

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potential confounders within and across the included studies to make statements about the quality of the evidence about the intervention. **Figure 42** illustrates a decision flow diagram when to meta-analyse data or to use narrative synthesis.

Quality of evidence (GRADE)

The GRADE (Grades of Recommendation, Assessment, Development and Evaluation) Working Group, in response to the need for an improved system of evidence quality assessment, developed a tool in 2000 using input from health professionals, researchers and guideline developers around the world [34]. The GRADE tool for assessing quality of evidence strives to be a structured and transparent system which can be applied to all evidence, regardless of quality. There are a few basic tenets of evidence quality using GRADE [35]. The final quality assessment, which applies to the *body of evidence* (all studies included in the SR) is reported as one of four possible levels: high, moderate, low or very low. Foremost is that RCTs start out as high quality and that non-randomized (observational) studies start out as low quality. According to GRADE, there are five factors which can affect overall evidence quality which starts low in a positive way [36].

Starting at potentially high quality, RCTs are susceptible to certain biases which, when present, can raise doubt in the study findings. Once summarized, these inherent study elements inform the overall RoB of all the studies included in the analysis. This overall study "risk of bias" is the first of the five "negative" factors used in GRADE to assess the overall quality of the evidence. Next are items which assess how the overall evidence is represented and balanced. "Inconsistency" examines the direction of different study results. For example, if one study shows an intervention is helpful while another does not, they are inconsistent. "Indirectness" examines the details of exactly what is compared in the various studies being reviewed. If studies use different intervention methods, they may be indirectly comparing results. All of these factors may raise doubts about the validity of the combined data, especially when trying to use it for a recommendation. Finally, if small studies showing negative results are missing from the literature, potential "publication bias" becomes a concern as well [34, 36, 37].

If observational studies are incorporated in a SR, inherent study bias is already assumed and the overall evidence quality starts out as "low". However, if the combined effect size of the outcome is undeniable ("large" > 50%, "very large" > 75%), if there is an obvious dose response seen, or if there is evidence that the plausible confounders would diminish the demonstrated effect, the quality of this evidence can actually be raised. Evidence from observational studies that has been downgraded for any reason (as explained above) should not be upgraded. The process of assessing the quality of evidence is summarised in **Figure 53**. Ultimately this process strives to be structured, systematic, and transparent.

Incorporation of systematic review results in Guidelines

The aim of the EAU Guidelines is to assist practicing clinicians in making informed decisions in different clinical situations, taking the highest quality scientific data, their patient's personal circumstances, values and preferences into account. The development of the Guidelines is a core activity of the EAU as part of their educational efforts and the available guidelines cover most of the urological field. A transparent production process and continuous updating are assured to ensure that these guideline documents are, and remain, of high value to their users. High quality SRs are a superb source of data when composing clinical guidelines. The EAU Guideline Office made a major step forward when deciding not only to use such SRs for the guidelines, but to also perform their own SRs based on PICO questions identified and defined by the expert panels. The SRs are performed in a standardized manner, following Cochrane methodology, with inclusion of expert urologists, associates, methodologists, statisticians and medical librarians. The results are published in peer-reviewed journals and are included in the annual updates of the specific guideline.

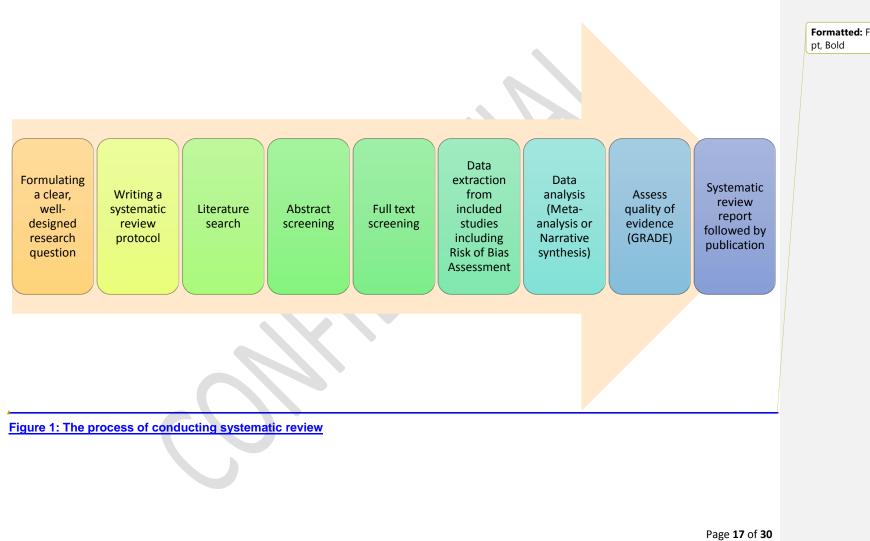
Recent technological advancement

The process of conducting a SR is laborious. However, a number of technological advancements have made the process of conducting a SR easier. For example, software which can read graphs such as survival curves and help with their interpretation are available. Plot Digitizer is one such tool and is freely available online [38]. In addition, RevMan now contains an online calculator for imputing missing data. The Cochrane Collaboration has continually adopted technology to

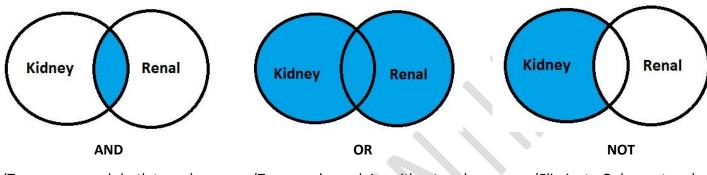
simplify the process of conducting SRs. As part of The Cochrane Collaboration's *Strategy to 2020* initiative, the Informatics and Knowledge Management section is working on a number of projects such as the PICO annotation project and the Linked Data project. A number of other organizations have also developed tools for making the process of conducting SRs more efficient. Some of the available tools are: Abstrackr, Covidence, DistillerSR, Eppi-Reviewer 4, EROS, ExaCT, Rayyan, RevMan HAL, SUMARI and TrialState SRS 4.0 [39]. Two of these tools are recommended by The Cochrane Collaboration (Covidence and Eppi-Reviewer). These packages can speed up the review process and some assist by semi-automating key SR tasks.

Future of systematic reviews

Projects like AllTrials will provide access to research data [40]. This will eventually reduce research wastage and will provide a source of 'Big Data'. The raw data from individual trials can be used for Individual Patient Data meta-analysisMA, the gold standard. Text mining technologies are also explored which may reduce the reviewers' time through automating the key tasks such as citation screening. Data extraction with data mining technology, data-tagging, and translations have also been explored [41]. Automation of review process tasks could help us to achieve "living systematic reviews" i.e. SRs which are continuously updated incorporating relevant data as it becomes available. The use of technology in the SR process will reduce time from the completion of a study to incorporating the findings within the review, and evidence will be more reliable and readily available [41].



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(To narrow search-both terms)

(To expend search i.e. either term)

(Eliminate-Only one term)

Search strategy	Explanation
1. (kidney or renal).ti,ab	This will retrieve records with the word "kidney" or "renal" in the title or abstract.
 (cancer* or carcin* or malignan* or tumor* or tumour* or neoplas*).ti,ab. 	This will retrieve records that have used the word related to cancer and the synonyms and variations of root words, such as carcinoma(s), malignant, malignancy, malignancies, tumor, tumour, neoplasm(s), neoplastic, etc.
3. 1 and 2	This search string combines terms related to kidney and cancer and will identify all records mentioning both terms in the titles or abstracts.
4. exp Kidney Neoplasms/	This will identify records that tagged with the Medical Subject Heading (MeSH) term "kidney neoplasms" (exploded)
5. 3 or 4	This will retrieve records related to kidney cancer using text words as well as the MeSH term.
6. exp animals/ not humans/	This will retrieve records tagged with the MeSH term "animals"; records that tagged with both animals and humans MeSH terms will not be captured.
7. 5 not 6	This will retrieve records related to kidney cancer, excluding animal records.

Figure 2: Example of search strategy

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	Systematic review	Traditional review
Review Question	Focused, well-defined clinical question formulated	Question is usually broad and not well defined.
	with PICO framework	
Protocol	a-priori protocol is developed and published	No protocol
Methods	Usually very well-defined and explicitly stated with	Usually not well-defined.
	study inclusion and exclusion criteria.	
Literature search	A good systematic review includes a well-defined	Search strategy is usually not stated and the review is
	comprehensive search, without language or other	confined to well-known articles often supporting the
	restrictions.	authors' views.
Critical appraisal	Internal validity of the individual studies included in a	Critical appraisal is usually not performed
	systematic review is vetted by various tools such as	
	Cochrane risk of bias assessment tool.	
Synthesis	Qualitative (sometimes quantitative with meta-	Usually qualitative summary
	analysis) - May answer a clinical question which may	
	not be answerable by individual studies.	
Findings/Conclusion	Findings are reproducible.	Findings are not reproducible. Author's personal belief
		may influence the overall conclusion of a traditional
		review.

Table 1: Differences between a systematic review and traditional review

Page **19** of **30**

Data extraction	Information to consider in data extraction		
form field			
Reviewer	Review author ID; date		
Identification			
Study Identification	Study ID; Report ID; Citation; Author Contact details;		
	Publication year; Country; Source of data		
Methods	Study design; Setting; Enrolment period; Number of centres		
Participant	Total number; Age; Gender; Co-morbidity; Ethnicity; Number		
Characteristics	lost to follow-up		
Disease	Staging (e.g. TNM); Severity (e.g. IPSS score), Biological		
Characteristics	behaviour (e.g. Gleason score); Surgical complexity(e.g.		
	R.E.N.A.L. score); Method of diagnosis		
Interventions*	Surgical technique; Surgeon experience/volume; Drug dose,		
	route of delivery and length.		
Diagnostic test	Description of the reference standard, index test,		
Characteristics**	comparator, manufacturer; interpreter of diagnostic test.		
Prognostic factor	Dose, level, duration of exposure; Method of measurement;		
characteristics***			
Outcome	Outcome definition (incl. unit of measurement, scale,		
	assessor, time point of measurement)		
Results to include in	Dichotomous outcomes: number of events / number of		
a meta-analysis	participants		
	Continuous outcomes: mean value and SD in each		
	intervention group		
	Time-to-event outcomes: HR (with 95% CI)		
	Diagnostic test Performance outcomes: TP, FP, TN, FN		
Risk of Bias	Cochrane RoB tool for RCTs or other tools such as QUIPS and		
011	QUADAS-2		
Other	Review author comments		

* For Comparative Effectiveness of Interventions Systematic Reviews

** For Diagnostic Test Accuracy Systematic Reviews

*** For Prognostic Factor Systematic Reviews

CI- Confidence Interval, HR- Hazard Ratio, SD- Standard deviation

Table 2- Information to consider in data extraction form.

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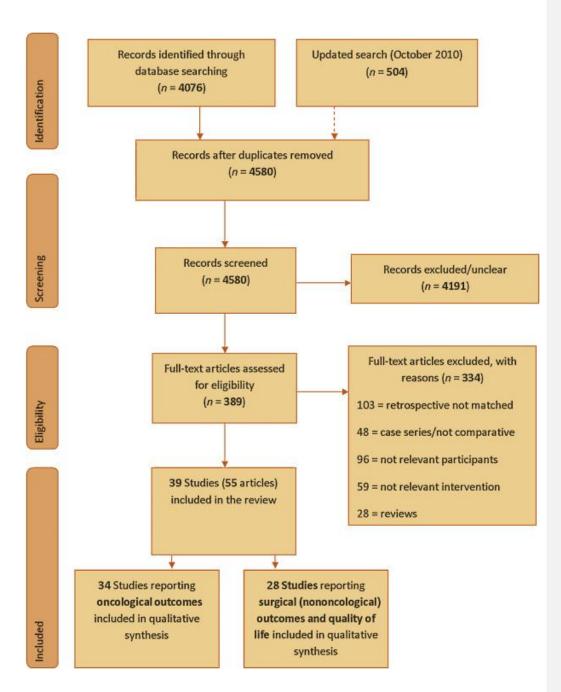


Figure 34: Example PRISMA flowchart [42].

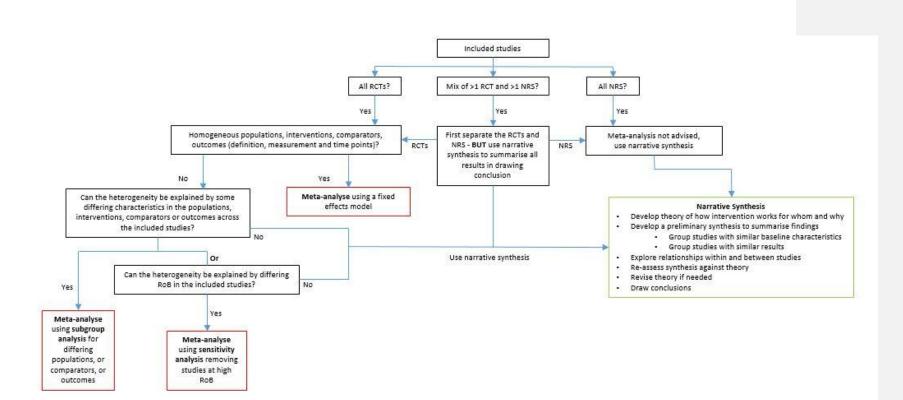


Figure <u>42</u>: A decision flow diagram when to meta-analyse data or to use narrative synthesis.

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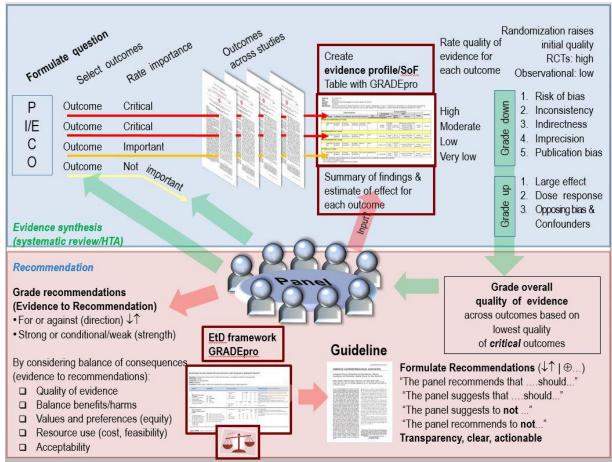


Figure 53: The process of assessing the quality of evidence with GRADE approach



Published systematic reviews conducted under the auspices of the EAU Guidelines Office	Guideline recommendation(s) underpinned by this SR
Sylvester RJ, Oosterlinck W, Holmang S, Sydes MR, Birtle A, Gudjonsson S, et al. Systematic	2016 NMIBC Guidelines
Review and Individual Patient Data Meta-analysis of Randomized Trials Comparing a Single	2017 NMIBC Guidelines: Table 7.6, page 30, treatment of low risk and a
Immediate Instillation of Chemotherapy After Transurethral Resection with Transurethral	subgroup of intermediate risk patients with a single immediate
Resection Alone in Patients with Stage pTa-pT1 Urothelial Carcinoma of the Bladder: Which	instillation of chemotherapy after TURBT.
Patients Benefit from the Instillation? Eur Urol. 2016;69:231-44.	
Viktor Soukup, Otakar Capoun, Daniel Cohen, Virginia Hernandez, Marek Babjuk, et al	To appear in the 2018 NMIBC Guidelines
Prognostic Performance and Reproducibility of the 1973 and 2004/2016 World Health	
Organization Grading Classification Systems in Non-muscle-invasive Bladder Cancer: A	
European Association of Urology Non-muscle Invasive Bladder Cancer Guidelines Panel	
Systematic Review. Eur Urol 2017, in press	
Hernández V, Espinos EL, Dunn J, MacLennan S, Lam T, Yuan Y, et alOncological and	The majority of patients motivated to preserve their sexual function will
functional outcomes of sexual function-preserving cystectomy compared with standard radical	benefit from sexual-preserving techniques. LE 2
cystectomy in men: A systematic review. Urol Oncol. 2017 May 8. pii: S1078-1439(17)30184-9.	
doi: 10.1016/j.urolonc.2017.04.013. [Epub ahead of print]	None of the sexual-preserving techniques
	(prostate/capsule/seminal/nerve sparing) have shown to be
	superior and no particular technique can be recommended. LE 2
	Offer sexual-preserving techniques to men motivated to preserve their
	sexual function since the majority will benefit. LE 2 GR B
	Select patients based on:
	- Organ-confined disease;
	- Absence of any kind of tumour at the level of the prostate, prostatic
	urethra or bladder neck.
	LE 2. GR A
	Do not offer sexual-preserving cystectomy as standard therapy for
	MIBC. GR C
	Guideline year: 2016
Seisen T, Peyronnet B, Dominguez-Escrig JL, Bruins HM, Yuan CY, Babjuk M, et al Oncologic	EAU guideline on Upper Urinary Tract Urothelial Carcinoma 2017,
Outcomes of Kidney-sparing Surgery Versus Radical Nephroureterectomy for Upper Tract	chapter 7.1.1.4:
Urothelial Carcinoma: A Systematic Review by the EAU Non-muscle Invasive Bladder Cancer	Offer kidney-sparing management as primary treatment option to

Guidelines Panel. Eur Urol. 2016 Dec;70(6):1052-1068. doi: 10.1016/j.eururo.2016.07.014.	patients with low-risk tumour and two functional kidneys
Epub 2016 Jul 28.	
Bruins HM, Veskimae E, Hernandez V, Imamura M, Neuberger MM, Dahm P, et al The impact	EAU guideline Muscle-Invasive and Metastatic Bladder Cancer 2017,
of the extent of lymphadenectomy on oncologic outcomes in patients undergoing radical	chapter 7.4.7:
cystectomy for bladder cancer: a systematic review. Eur Urol. 2014 Dec;66(6):1065-77. doi:	Perform a lymph node dissection as an integral part of cystectomy.
10.1016/j.eururo.2014.05.031. Epub 2014 Jul 26.	
Hoen L', Ecclestone H, Blok BF, Karsenty G, Phé V, Bossier R, et al. Long-term effectiveness and	To appear in the 2018 NMIBC Guidelines
complication rates of bladder augmentation in patients with neurogenic bladder dysfunction:	
A systematic review. Neurourol Urodyn. 2017 Feb 7. doi: 10.1002/nau.23205. [Epub ahead of	
print]	
Phé V, Boissier R, Blok BF, Del Popolo G, Musco S, Castro-Diaz D, et al Continent	To appear in the 2018 NMIBC Guidelines
catheterizable tubes/stomas in adult neuro-urological patients: A systematic review.	
Neurourol Urodyn. 2017 Jan 31. doi: 10.1002/nau.23213. [Epub ahead of print]	
Gross T, Schneider MP, Bachmann LM, Blok BF, Groen J, Hoen LA, et al Transcutaneous	No Guideline recommendation but cited (Nbr 138)
Electrical Nerve Stimulation for Treating Neurogenic Lower Urinary Tract Dysfunction: A	
Systematic Review. Eur Urol. 2016 Jun;69(6):1102-11. doi: 10.1016/j.eururo.2016.01.010. Epub	3.4.2.2.Neuro-urological rehabilitation
2016 Jan 29.	5.4.2.2.Nedio-diological reliabilitation
	3.4.2.2.1.Bladder rehabilitation including electrical stimulation
	5.4.2.2.1.Bladder renabilitation including electrical stimulation
	The term bladder rehabilitation summarises treatment options that aim
	to re-establish bladder function in patients with neuro-urological
	symptoms. Strong contraction of the urethral sphincter and/or pelvic
	floor, as well as anal dilatation, manipulation of the genital region, and
	physical activity inhibit micturition in a reflex manner [119,136]. The
	first mechanism is affected by activation of efferent nerve fibres, and
	the latter ones are produced by activation of afferent fibres [98].
	Electrical stimulation of the pudendal nerve afferents strongly inhibits
	the micturition reflex and detrusor contraction [137]. This stimulation
	might then support the restoration of the balance between excitatory
	and inhibitory inputs at the spinal or supraspinal level [119,138].
	Evidence for bladder rehabilitation using electrical stimulation in
	neurological patients is mainly based on small non-comparative studies
	with high risk of bias.
	Peripheral temporary electrostimulation: Tibial nerve stimulation and
	transcutaneous electrical nerve stimulation might be effective and safe



	for treating neurogenic lower urinary tract dysfunction, but more reliable evidence from well-designed RCTs is required to reach definitive conclusions [138,139].
Schneider MP, Gross T, Bachmann LM, Blok BF, Castro-Diaz D, Del Popolo G, et al Tibial Nerve Stimulation for Treating Neurogenic Lower Urinary Tract Dysfunction: A Systematic Review.	No Guideline recommendation but cited (Nbr 139)
Eur Urol. 2015 Nov;68(5):859-67. doi: 10.1016/j.eururo.2015.07.001. Epub 2015 Jul 18.	3.4.2.2.Neuro-urological rehabilitation
	3.4.2.2.1.Bladder rehabilitation including electrical stimulation
	The term bladder rehabilitation summarises treatment options that aim to re-establish bladder function in patients with neuro-urological symptoms. Strong contraction of the urethral sphincter and/or pelvic floor, as well as anal dilatation, manipulation of the genital region, and physical activity inhibit micturition in a reflex manner [119,136]. The first mechanism is affected by activation of efferent nerve fibres, and the latter ones are produced by activation of afferent fibres [98]. Electrical stimulation of the pudendal nerve afferents strongly inhibits the micturition reflex and detrusor contraction [137]. This stimulation might then support the restoration of the balance between excitatory and inhibitory inputs at the spinal or supraspinal level [119,138]. Evidence for bladder rehabilitation using electrical stimulation in neurological patients is mainly based on small non-comparative studies with high risk of bias.
	Peripheral temporary electrostimulation: Tibial nerve stimulation and transcutaneous electrical nerve stimulation might be effective and safe for treating neurogenic lower urinary tract dysfunction, but more reliable evidence from well-designed RCTs is required to reach definitive conclusions [138,139].
Sujenthiran A, Elshout PJ, Veskimäe E, MacLennan S, Yan Y, Serafetinidis E, et al Is non- operative management the best first-line option for high-grade renal trauma? A systematic review. European Urology Focus 2017 May 29; doi:10.1016/j.euf.2017.04.011	Urogenital Trauma Guidelines 2017; Ch 4.1.3.1.1. Blunt renal injuries; LE 3, GR B
Elshout PJ, Veskimae E, MacLennan S, Yuan Y, Lumen N, Gonsalves M, et al Outcomes of Early Endoscopic Realignment Versus Suprapubic Cystostomy and	Urogenital Trauma Guidelines 2017; Ch 4.4.1.2.2. Posterior urethral injuries (in males). LE 2a, GR B
Delayed Urethroplasty for Pelvic Fracture-related Posterior Urethral Injuries: A Systematic Review. European Urology Focus 2017 Mar 6; doi:	

10.1016/j.euf.2017.03.001	
Veskimäe E, Nezuillet Y, Rouanne M, MacLennan S, Lam T, Yuan Y, et al What are the oncological and functional outcomes of pelvic organ-preserving cystectomy compared with standard radical cystectomy in women with bladder cancer and a neobladder? Systematic review. BJU Int. 2017 Feb 20. doi: 10.1111/bju.13819	MIBC 2017; Ch 7.4.3.2. Pelvic organ preservation techniques in women: oncological and functional outcomes; LE 3, GR C; new chapter based on the review
Ruhayel Y, Tepeler A, Dabestani S, MacLennan S, Petřík A, Sarica K, et al Tract Sizes in Miniaturized Percutaneous Nephrolithotomy: A Systematic Review from the European Association of Urology Urolithiasis Guidelines Panel. Eur Urol. 2017 Aug;72(2):220-235. doi: 10.1016/j.eururo.2017.01.046. Epub 2017 Feb 23. PubMed PMID: 28237786.	Guideline on Urolithiasis 2016 onwards Statement on tract sizes for percutaneous nephrolithotomy
Drake T, Grivas N, Dabestani S, Knoll T, Lam T, Maclennan S, et al. What are the Benefits and Harms of Ureteroscopy Compared with Shock-wave Lithotripsy in the Treatment of Upper Ureteral Stones? A Systematic Review. Eur Urol. 2017 Apr 26. pii:S0302-2838(17)30324-X. doi: 10.1016/j.eururo.2017.04.016. [Epub ahead of print] Review. PubMed PMID: 28456350.	Guideline on Urolithiasis 2016 onwards Recommendations on inventional treatment for upper ureteral calculi
Preminger GM, Tiselius HG, Assimos DG, Alken P, Buck AC, Gallucci M, et al.; American Urological Association Education and Research, Inc; European Association of Urology. 2007 Guideline for the management of ureteral calculi. Eur Urol. 2007 Dec;52(6):1610-31. PubMed PMID: 18074433.	Guideline on Urolithiasis 2008 onwards until update in 2016 Recommendations and statements on management of ureteral calculi
Silay MS, Undre S, Nambiar AK, Dogan HS, Kocvara R, et al Role of antibiotic prophylaxis in antenatal hydronephrosis: A systematic review from the European Association of Urology/European Society for Paediatric Urology Guidelines Panel. J Pediatr Urol. 2017 Jun;13(3):306-315. doi:	In children diagnosed with antenatal hydronephrosis, a systematic review could not establish any benefits or harms related to continuous antibiotic prophylaxis. (1b)
10.1016/j.jpurol.2017.02.023. Epub 2017 Mar 19.	In children diagnosed with antenatal hydronephrosis, non-circumcised infants (LE: 1a), children diagnosed with high-grade hydronephrosis (LE: 2) and hydroureteronephrosis (LE: 1b) were shown to be at higher risk of developing UTI.
Malde S, Nambiar AK, Umbach R, Lam TB, Bach T, et al. Systematic Review of the Performance of Noninvasive Tests in Diagnosing Bladder Outlet Obstruction in Men with Lower Urinary Tract Symptoms. Eur Urol. 2017 Mar;71(3):391-402. doi: 10.1016/j.eururo.2016.09.026. Epub 2016 Sep 2	None of the non-invasive tests in diagnosing bladder outlet obstruction in men with LUTS can currently be recommended as an alternative to pressure-flow studies. Grade B
Marconi L, Dabestani S, Lam TB, Hofmann F, Stewart F, Norrie J, et al. Systematic Review and Meta-analysis of Diagnostic Accuracy of Percutaneous Renal Tumour Biopsy. Eur Urol. 2016 Apr;69(4):660-73. doi: 10.1016/j.eururo.2015.07.072. Epub 2015 Aug 29.	 Use a coaxial technique when performing a renal tumour biopsy. strong ↑↑ Do not perform a renal tumour biopsy of cystic renal masses. weak ↓ Perform a percutaneous biopsy in select patients who are considered for active surveillance. weak ↑ (This recommendation was indirectly

	derived from the Systematic Review)	
't Hoen LA, Groen J, Scheepe JR, Reuvers S, Diaz DC, Fernández BP, et al. A Quality Assessment	To appear in the 2018 Guidelines.	
of Patient-Reported Outcome Measures for Sexual Function in Neurologic Patients Using the		
Consensus-based Standards for the Selection of Health Measurement Instruments Checklist: A		
Systematic Review. Eur Urol Focus. 2016 Jun 23. pii: S2405-4569(16)30069-4. doi:		
10.1016/j.euf.2016.06.009. [Epub ahead of print]		
Moldovan PC, Van den Broeck T, Sylvester R, Marconi L, Bellmunt J, van den Bergh RCN, et al.	To appear in the 2018 Guidelines	
What Is the Negative Predictive Value of Multiparametric Magnetic Resonance Imaging in		
Excluding Prostate Cancer at Biopsy? A Systematic Review and Meta-analysis from the		
European Association of Urology Prostate Cancer Guidelines Panel. Eur Urol (2017),		
http://dx.doi.org/10.1016/j.eururo.2017.02.026		
Sakalis V ¹ , Karavitakis M, Bedretdinova D, Bach T, Bosch JLHR, Gacci M, et al. Medical	To appear in the 2018 Guidelines	
Treatment of Nocturia in Men with Lower Urinary Tract Symptoms: Systematic Review by the		
European Association of Urology Guidelines Panel for Male Lower Urinary Tract Symptoms. Eur		
Urol. 2017 Jun 27. pii: \$0302-2838(17)30505-5. doi: 10.1016/j.eururo.2017.06.010. [Epub		
ahead of print]		
Fossati N, Willemse PM, Van den Broeck T, van den Bergh RCN, Yuan CY, Briers E, et al. The	To appear in the 2018 Guidelines	
Benefits and Harms of Different Extents of Lymph Node Dissection During Radical		
Prostatectomy for Prostate Cancer: A Systematic Review. Eur Urol. 2017 Jul;72(1):84-109. doi:		
10.1016/j.eururo.2016.12.003. Epub 2017 Jan 24.		

Table A: Guideline recommendation(s) underpinned by the selected SRs conducted under the auspices of the EAU Guidelines Office.

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Figure <u>5</u>³ was created by the GRADE Working Group. We are grateful to Professor Holger Schünemann, from McMaster University, for allowing us to use this figure.

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9th August 2017

Ms. No: EURUROL-D-17-00952

Title: Conducting systematic reviews for underpinning clinical practice guidelines: Experience of the European Association of Urology

Dear Professor Catto,

We are grateful to the referees for their extremely helpful comments and suggestions. We are now re-submitting the manuscript after incorporating necessary changes.

Please let us know if there are still any required changes.

With profound regards,

Muhammad Imran Omar

(On	behalf	of	author	team)
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Reviewer's comments	Response from the author team
Reviewer #1: Knoll and colleagues from the EAU and EAU	1. We have modified the title. The title now reads as:
Guidelines Office reported in a didactical manner the key steps to	
follow to perform a good SR with MA.	"Key steps in conducting systematic reviews for
The following points should be considered.	underpinning clinical practice guidelines: Methodology of the European Association of Urology"
Major comments:	
1) The title is not appropriate. What is reported here is not the "experience" of the EAU, but mainly the key steps to follow to	2. We have now added following information:
perform a good SR with MA.	"The Guidelines Office has completed 21 systematic reviews and
2) Similarly, no evidence is here provided that SRs with MAs have	32 reviews are ongoing. These high quality systematic reviews
underpinned clinical practice guidelines. Solely, the key steps to	are used for making guideline recommendations (Reference: EAU Guidelines. Edn. presented at the EAU Annual Congress
perform a good SR with MA are reported.	London 2017. ISBN 978-90-79754-91-5.)."
	Table A (online supplement) summarizes Guideline
	recommendation(s) underpinned by the selected SRs conducted under the auspices of the EAU Guidelines Office.
	Note: There are a large number of systematic reviews published under the auspices of the EAU Guidelines Office. These are either already used to underpin Clinical Practice Guidelines, or will be used for the next update of the EAU Guidelines. The Table is attached with this response letter (pages 7 onwards) as well as the manuscript Table A. The table might be too detailed for the print version, but will be helpful to the reader if added as an online supplement.
Reviewer #2: Systematic reviews (SR) and meta-analysis (MA) are	
essential in providing level 1 evidence for clinical practice.	
National and international (including EAU) guidelines are partly	
developed based on SR and MA. Therefore, it is vital that SR and	
MA are conducted appropriately at a standardised level. The	

authors aimed to provide step-wise guidance on conducting SR/Mas including forming the research question, literature review, data extraction/interpretation, and conclusions based on analyses.

Please include line numbers for comments/corrections/resubmission purposes.

1) What is a systematic review section- please provide a reference for your definition

2) Table 1 summarising the key differences between SR and Traditional review is good

3) Formulating research section- please provide a reference for PICO so readers can understand more about this framework. Although RCT is not the topic of this article but it has been mentioned throughout, maybe include a sentence and a reference on RCT protocols such as CONSORT??

4) There's a lot of text in the article. Maybe include a flow diagram to summarise the key steps (your sub-headings) in conducting a SR ie. Formulating a question-literature search-abstract/full text screening- data extraction- RoB assessment-

There are a few articles in the literature already on conducting SR/MA. EU have published guidelines on statistics for EU, and since EAU guidelines are partly based on SR/MA, it is not unreasonable to have EU guidance on conducting SR/MA. This review summarises the key elements of SR/MA and would provide a framework for researchers conducting SR/MA.

1. We have now added the following reference:

Higgins J, Green S. Cochrane handbook for systematic reviews of interventions. Version 5.1.0 Oxford: The Cochrane Collaboration; 2011.

- 2. Thank you. No changes required
- 3. We have now added following reference for PICO:

Huang X1, Lin J, Demner-Fushman D. Evaluation of PICO as a knowledge representation for clinical questions. AMIA Annu Symp Proc. 2006:359-63.

We have added the following:

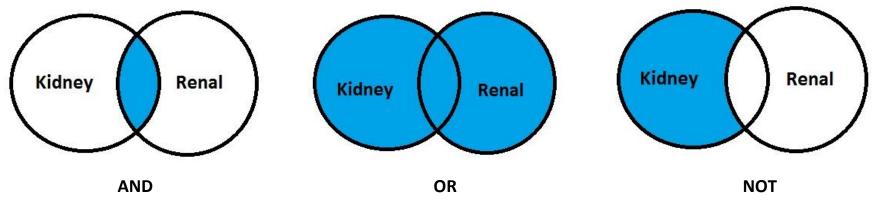
What is a randomized controlled trial?

A randomized controlled trial (RCT) is a type of study in which participants are randomly assigned to two or more groups in order to assess interventions. A well designed RCT is adequately powered and follows the principles and recommendations of the CONSORT statement.

	Reference: Altman DG1, Schulz KF, Moher D, Egger M, Davidoff F, Elbourne D, Gøtzsche PC, Lang T; CONSORT GROUP (Consolidated Standards of Reporting Trials). The revised CONSORT statement for reporting randomized trials: explanation and elaboration. Ann Intern Med. 2001 Apr 17;134(8):663-94.
	 We have now added a flow diagram, summarizing the key steps of conducting systematic review. Also copied on the page 5 of this response letter.
Reviewer #3: I like this paper a lot and believe it will attract a lot of interest from the readership, especially residents in the early phases of research and academic endeavour.	
Some minor edits/thoughts:	
Key messages: third bullet point requires - An extensive General comments in text: abbreviations used interchangeably e.g. MA and meta-analysis. Once abbreviation established in text, please stick to abbreviated form as supposed to switching	 Amended third key message as suggested Made necessary edits about abbreviations. We have added the following:
between them. Explanation of how to log a study with Prospero or what Propsero	PROSPERO is a database maintained by the University of York. PROSPERO provides a free registration and publication of systematic review protocols and is available at the following link:
is e.g. University of York database Perhaps not as well identifiable as Cochrane library.	 https://www.crd.york.ac.uk/PROSPERO/. 4. We have now added a search strategy/example of Boolean operator. Also copied on the last page of this response letter.
Authors describe using the Boolean operators correctly in the search bar, but an example of this would be useful to general	

readership. A course at this year's EAU in London revealed that this is a stumbling block for some novice researchers. How many cases/what percentage of cases would the authors recommend as a pilot for data extraction?			"The	5. We have r data extractior		first be piloted	d on 2 to 3 stud	ies."	
Formulate a clear, well- designed research question	Writing a systematic review protocol	Literature search	Abstract screening	Full text screening	Data extraction from included studies including Risk of Bias Assessment	Data analysis (Meta- analysis or Narrative synthesis)	Assess quality of evidence (GRADE)	Systematic review report followed by publication	

Figure 1: The process of conducting systematic review



(To narrow search-both terms)

(To expend search i.e. either term)

(Eliminate-Only one term)

Search	strategy	Explanation
1.	(kidney or renal).ti,ab	This will retrieve records with the word "kidney" or "renal" in the title
		or abstract.
2.	(cancer* or carcin* or malignan* or tumor* or tumour* or	This will retrieve records that have used the word related to cancer and
	neoplas*).ti,ab.	the synonyms and variations of root words, such as carcinoma(s),
		malignant, malignancy, malignancies, tumor, tumour, neoplasm(s),
		neoplastic, etc.
3.	1 and 2	This search string combines terms related to kidney and cancer and will
		identify all records mentioning both terms in the titles or abstracts.
4.	exp Kidney Neoplasms/	This will identify records that tagged with the Medical Subject Heading
		(MeSH) term "kidney neoplasms" (exploded)
5.	3 or 4	This will retrieve records related to kidney cancer using text words as
		well as the MeSH term.
6.	exp animals/ not humans/	This will retrieve records tagged with the MeSH term "animals";
		records that tagged with both animals and humans MeSH terms will
		not be captured.
7.	5 not 6	This will retrieve records related to kidney cancer, excluding animal
		records.

Figure 2: Example of search strategy

Published systematic reviews conducted under the auspices of the EAU Guidelines	Guideline recommendation(s) underpinned by this SR
Office	
Sylvester RJ, Oosterlinck W, Holmang S, Sydes MR, Birtle A, Gudjonsson S, et al. Systematic Review and Individual Patient Data Meta-analysis of Randomized Trials Comparing a Single Immediate Instillation of Chemotherapy After Transurethral Resection with Transurethral Resection Alone in Patients with Stage pTa-pT1 Urothelial Carcinoma of the Bladder: Which Patients Benefit from the Instillation? Eur Urol. 2016;69:231-44.	2016 NMIBC Guidelines 2017 NMIBC Guidelines: Table 7.6, page 30, treatment of low risk and a subgroup of intermediate risk patients with a single immediate instillation of chemotherapy after TURBT.
Viktor Soukup, Otakar Capoun, Daniel Cohen, Virginia Hernandez, Marek Babjuk, et al Prognostic Performance and Reproducibility of the 1973 and 2004/2016 World Health Organization Grading Classification Systems in Non–muscle-invasive Bladder Cancer: A European Association of Urology Non-muscle Invasive Bladder Cancer Guidelines Panel Systematic Review. Eur Urol 2017, in press	To appear in the 2018 NMIBC Guidelines
Hernández V, Espinos EL, Dunn J, MacLennan S, Lam T, Yuan Y, et al. Oncological and functional outcomes of sexual function-preserving cystectomy compared with standard radical cystectomy in men: A systematic review. Urol Oncol. 2017 May 8. pii: S1078-1439(17)30184-9.	The majority of patients motivated to preserve their sexual function will benefit from sexual-preserving techniques. LE 2
doi: 10.1016/j.urolonc.2017.04.013. [Epub ahead of print]	None of the sexual-preserving techniques
	(prostate/capsule/seminal/nerve sparing) have shown to be
	superior and no particular technique can be recommended. LE 2
	Offer sexual-preserving techniques to men motivated to preserve their sexual function since the majority will benefit. LE 2 GR B
	Select patients based on:
	- Organ-confined disease;
	 Absence of any kind of tumour at the level of the prostate, prostatic urethra or bladder neck. LE 2. GR A
	Do not offer sexual-preserving cystectomy as standard therapy for MIBC. GR C
	Guideline year: 2016
Seisen T, Peyronnet B, Dominguez-Escrig JL, Bruins HM, Yuan CY, Babjuk M, et al Oncologic	EAU guideline on Upper Urinary Tract Urothelial Carcinoma 2017,
Outcomes of Kidney-sparing Surgery Versus Radical Nephroureterectomy for Upper Tract	chapter 7.1.1.4:
Urothelial Carcinoma: A Systematic Review by the EAU Non-muscle Invasive Bladder Cancer	Offer kidney-sparing management as primary treatment option to

Bruins HM, Veskimae E, Hernandez V, Imamura M, Neuberger MM, Dahm P, et al The impact of the extent of hymphadenectomy on oncologic outcomes in patients undergoing radical of the extent of systematic review. Eur Urol. 2014 Dec;65(6):105-77. doi: 10.1016/j.eururo.2014.05.031. Epub 2014 Jul 26. EAU guideline Muscle-Invasive and Metastatic Bladder Cancer 2017, chapter 7.4.7: Peform a hymph node dissection as an integral part of cystectomy. 10.1016/j.eururo.2014.05.031. Epub 2014 Jul 26. To appear in the 2018 NMIBC Guidelines Moen LY, Ecclestome H, Blok BF, Karsenty, G, Phé V, Bossier R, et al. Long-term effectiveness and complication rates of bladder augmentation in patients: A systematic review. Neurourol Urodyn. 2017 Feb 7. doi: 10.1002/nau.23205. [Epub ahead of print] To appear in the 2018 NMIBC Guidelines Phé V, Bossier R, Blok BF, Del Popolo G, Musco S, Castro-Diaz D, et al Continent catheterizable tubes/stomas in adult neuro-urological patients: A systematic review. Neurourol Urodyn. 2017 Jan 31. doi: 10.1002/nau.23213. [Epub ahead of print] Gross T, Schneider MP, Bachman LM, Blok BF, Groen J, Hoen LA, et al. Transcutaneous Electrical Nerve Stimulation for Treating Neurogenic Lower Urinary Tract Dysfunction: A Systematic Review. Eur Urol. 2016 Jun;59(6):1102-11. doi: 10.1016/j.eururo.2016.01.010. Epub Joi Jan 29. Jat.22.1.Bladder rehabilitation including electrical stimulation The term bladder unction in patients with neuro-urological symptoms. Strong Contraction of the urethral sphincter and/or pelvic foor, as well as and iditation, manipulatitor the astantiditation, manipulation the atter o	Guidelines Panel. Eur Urol. 2016 Dec;70(6):1052-1068. doi: 10.1016/j.eururo.2016.07.014. Epub 2016 Jul 28.	patients with low-risk tumour and two functional kidneys
crystectomy for bladder cancer: a systematic review. Eur Urol. 2014 Dec;66(6):1065-77. doi: 10.1016/j.eururo.2014.05.031. Epub 2014 Jul 26. Hoen L', Ecclestone H, Blok BF, Karsenty G, Phe Y, Bossier R, et al. Long-term effectiveness and complication rates of bladder augmentation in patients with neurogenic bladder dysfunction: A systematic review. Neurourol Urodyn. 2017 Feb 7. doi: 10.1002/nau.23205. [Epub ahead of print] Phé V, Boissier R, Blok BF, Del Popolo G, Musco S, Castro-Diaz D, et al Continent catheterizable tubes/stomas in adult neuro-urological patients: A systematic review. Neurourol Urodyn. 2017 Jan 31. doi: 10.1002/nau.23213. [Epub ahead of print] Gross T, Schneider MP, Bachmann LM, Blok BF, Groen J, Hoen LA, et al Transcutaneous Etetrical Nerve Stimulation for Treating Neurogenic Lower Urinary Tract Dysfunction: A Systematic Review. Eur Urol. 2016 Jun;69(6):1102-11. doi: 10.1016/j.eururo.2016.01.010. Epub 2016 Jan 29. No Guideline recommendation but cited (Nbr 138) 3.4.2.2.Neuro-urological rehabilitation The term bladder rehabilitation in patients with neuro-urological symptoms. Strong contraction of the urethral sphincter and/or pelvic floor, as well as and diffaction, maner [119,136]. The first mechanism is affected by activation of afferent fibres [98]. Electrical stimulation of afferent nerve fibres, and the latter ones are produced by activation of the printal region, and physical activity inhibits micturition right expinatel reviel [19,138]. Evidence for bladder rehabilitation or supragnal level [119,138]. Evidence for bladder rehabilitation or supragnal level [119,138]. Evidence for bladder rehabilitation using electrical simulation in meurological patients is mainly based on small non-comparative studies with high risk of blas. Peripheral temporary electrostimulation: Tibial nerve stimulation and transcutaneous electrical areve stimulation might be effective and safe	Bruins HM, Veskimae E, Hernandez V, Imamura M, Neuberger MM, Dahm P, et al The impact	EAU guideline Muscle-Invasive and Metastatic Bladder Cancer 2017,
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	reliable evidence from well-designed RCTs is required to reach definitive conclusions [138,139].
Schneider MP, Gross T, Bachmann LM, Blok BF, Castro-Diaz D, Del Popolo G, et al Tibial Nerve Stimulation for Treating Neurogenic Lower Urinary Tract Dysfunction: A Systematic Review.	No Guideline recommendation but cited (Nbr 139)
Eur Urol. 2015 Nov;68(5):859-67. doi: 10.1016/j.eururo.2015.07.001. Epub 2015 Jul 18.	3.4.2.2.Neuro-urological rehabilitation
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	Peripheral temporary electrostimulation: Tibial nerve stimulation and transcutaneous electrical nerve stimulation might be effective and safe for treating neurogenic lower urinary tract dysfunction, but more reliable evidence from well-designed RCTs is required to reach definitive conclusions [138,139].
Sujenthiran A, Elshout PJ, Veskimäe E, MacLennan S, Yan Y, Serafetinidis E, et al Is non- operative management the best first-line option for high-grade renal trauma? A systematic review. European Urology Focus 2017 May 29; doi:10.1016/j.euf.2017.04.011	Urogenital Trauma Guidelines 2017; Ch 4.1.3.1.1. Blunt renal injuries; LE 3, GR B
Elshout PJ, Veskimae E, MacLennan S, Yuan Y, Lumen N, Gonsalves M, et al Outcomes of Early Endoscopic Realignment Versus Suprapubic Cystostomy and Delayed Urethroplasty for Pelvic Fracture-related Posterior Urethral Injuries: A Systematic Review. European Urology Focus 2017 Mar 6; doi: 10.1016/j.euf.2017.03.001	Urogenital Trauma Guidelines 2017; Ch 4.4.1.2.2. Posterior urethral injuries (in males). LE 2a, GR B
Veskimäe E, Nezuillet Y, Rouanne M, MacLennan S, Lam T, Yuan Y, et al What are the oncological and functional outcomes of pelvic organ-preserving cystectomy compared with	MIBC 2017; Ch 7.4.3.2. Pelvic organ preservation techniques in women: oncological and functional outcomes; LE 3, GR C; new chapter based on

standard radical cystectomy in women with bladder cancer and a neobladder? Systematic review. BJU Int. 2017 Feb 20. doi: 10.1111/bju.13819	the review
Ruhayel Y, Tepeler A, Dabestani S, MacLennan S, Petřík A, Sarica K, et al Tract Sizes in Miniaturized Percutaneous Nephrolithotomy: A Systematic Review from the European Association of Urology Urolithiasis Guidelines Panel. Eur Urol. 2017 Aug;72(2):220-235. doi: 10.1016/j.eururo.2017.01.046. Epub 2017 Feb 23. PubMed PMID: 28237786.	Guideline on Urolithiasis 2016 onwards Statement on tract sizes for percutaneous nephrolithotomy
Drake T, Grivas N, Dabestani S, Knoll T, Lam T, Maclennan S, et al. What are the Benefits and Harms of Ureteroscopy Compared with Shock-wave Lithotripsy in the Treatment of Upper Ureteral Stones? A Systematic Review. Eur Urol. 2017 Apr 26. pii:S0302-2838(17)30324-X. doi: 10.1016/j.eururo.2017.04.016. [Epub ahead of print] Review. PubMed PMID: 28456350.	Guideline on Urolithiasis 2016 onwards Recommendations on inventional treatment for upper ureteral calculi
Preminger GM, Tiselius HG, Assimos DG, Alken P, Buck AC, Gallucci M, et al.; American Urological Association Education and Research, Inc; European Association of Urology. 2007 Guideline for the management of ureteral calculi. Eur Urol. 2007 Dec;52(6):1610-31. PubMed PMID: 18074433.	Guideline on Urolithiasis 2008 onwards until update in 2016 Recommendations and statements on management of ureteral calculi
Silay MS, Undre S, Nambiar AK, Dogan HS, Kocvara R, et al Role of antibiotic prophylaxis in antenatal hydronephrosis: A systematic review from the European Association of Urology/European Society for Paediatric Urology Guidelines Panel. J Pediatr Urol. 2017 Jun;13(3):306-315. doi:	In children diagnosed with antenatal hydronephrosis, a systematic review could not establish any benefits or harms related to continuous antibiotic prophylaxis. (1b)
10.1016/j.jpurol.2017.02.023. Epub 2017 Mar 19.	In children diagnosed with antenatal hydronephrosis, non-circumcised infants (LE: 1a), children diagnosed with high-grade hydronephrosis (LE: 2) and hydroureteronephrosis (LE: 1b) were shown to be at higher risk of developing UTI.
Malde S, Nambiar AK, Umbach R, Lam TB, Bach T, et al. Systematic Review of the Performance of Noninvasive Tests in Diagnosing Bladder Outlet Obstruction in Men with Lower Urinary Tract Symptoms. Eur Urol. 2017 Mar;71(3):391-402. doi: 10.1016/j.eururo.2016.09.026. Epub 2016 Sep 2	None of the non-invasive tests in diagnosing bladder outlet obstruction in men with LUTS can currently be recommended as an alternative to pressure-flow studies. Grade B
Marconi L, Dabestani S, Lam TB, Hofmann F, Stewart F, Norrie J, et al. Systematic Review and Meta-analysis of Diagnostic Accuracy of Percutaneous Renal Tumour Biopsy. Eur Urol. 2016 Apr;69(4):660-73. doi: 10.1016/j.eururo.2015.07.072. Epub 2015 Aug 29.	 Use a coaxial technique when performing a renal tumour biopsy. strong ↑↑ Do not perform a renal tumour biopsy of cystic renal masses. weak ↓ Perform a percutaneous biopsy in select patients who are considered for active surveillance. weak ↑ (This recommendation was indirectly derived from the Systematic Review)
't Hoen LA, Groen J, Scheepe JR, Reuvers S, Diaz DC, Fernández BP, et al. A Quality Assessment of Patient-Reported Outcome Measures for Sexual Function in Neurologic Patients Using the Consensus-based Standards for the Selection of Health Measurement Instruments Checklist: A	To appear in the 2018 Guidelines.

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Moldovan PC, Van den Broeck T, Sylvester R, Marconi L, Bellmunt J, van den Bergh RCN, et al. What Is the Negative Predictive Value of Multiparametric Magnetic Resonance Imaging in Excluding Prostate Cancer at Biopsy? A Systematic Review and Meta-analysis from the European Association of Urology Prostate Cancer Guidelines Panel. Eur Urol (2017), http://dx.doi.org/10.1016/j.eururo.2017.02.026	To appear in the 2018 Guidelines
Sakalis V ¹ , Karavitakis M, Bedretdinova D, Bach T, Bosch JLHR, Gacci M, et al. Medical Treatment of Nocturia in Men with Lower Urinary Tract Symptoms: Systematic Review by the European Association of Urology Guidelines Panel for Male Lower Urinary Tract Symptoms. Eur Urol. 2017 Jun 27. pii: S0302-2838(17)30505-5. doi: 10.1016/j.eururo.2017.06.010. [Epub ahead of print]	To appear in the 2018 Guidelines
Fossati N, Willemse PM, Van den Broeck T, van den Bergh RCN, Yuan CY, Briers E, et al. The Benefits and Harms of Different Extents of Lymph Node Dissection During Radical Prostatectomy for Prostate Cancer: A Systematic Review. Eur Urol. 2017 Jul;72(1):84-109. doi: 10.1016/j.eururo.2016.12.003. Epub 2017 Jan 24.	To appear in the 2018 Guidelines

Table A: Guideline recommendation(s) underpinned by the selected SRs conducted under the auspices of the EAU Guidelines Office.