## Online Appendix

Table A1 - SF-6D Health State Classification - Short Form (Brazier et al., 2002)

| Level | Physical Functioning | Level | Pain |
| :---: | :---: | :---: | :---: |
| 1 | Your health does not limit you in vigorous activities | I | You have no pain |
| 2 | Your health limits you a little in vigorous activities | 2 | You have pain but it does not interfere with your normal work (both outside the home and housework) |
| 3 | Your health limits you a little in moderate activities | 3 | You have pain that interferes with your normal work (both outside the home and housework) a little bit |
| 4 | Your health limits you a lot in moderate activities | 4 | You have pain that interferes with your normal work (both outside the home and housework) moderately |
| 5 | Your health limits you a little in bathing and dressing | 5 | You have pain that interferes with your normal work (both outside the home and housework) quite a bit |
| 6 | Your health limits you a lot in bathing and dressing | 6 | You have pain that interferes with your normal work (both outside the home and housework) extremely |
|  | Role limitations |  | Mental Health |
| 1 | You have no problems with your work or other regular daily activities as a result of your physical health or any emotional problems | 1 | You feel tense or downhearted and low none of the time |
| 2 | You are limited in the kind of work or other activities as a result of your physical health | 2 | You feel tense or downhearted and low a little of the time |
| 3 | You accomplish less than you would like as a result of emotional problems | 3 | You feel tense or downhearted and low some of the time |
| 4 | You are limited in the kind of work or other activities as a result of your physical health and accomplish less than you would like as a result of emotional problems | 4 | You feel tense or downhearted and low most of the time |
|  | Social functioning | 5 | You feel tense or downhearted and low all of the time |
| 1 | Your health limits your social activities none of the time |  | Vitality |
| 2 | Your health limits your social activities a little of the time | 1 | You have a lot of energy all of the time |
| 3 | Your health limits your social activities some of the time | 2 | You have a lot of energy most of the time |
| 4 | Your health limits your social activities most of the time | 3 | You have a lot of energy some of the time |
| 5 | Your health limits your social activities all of the time | 4 | You have a lot of energy a little of the time |
|  |  | 5 | You have a lot of energy none of the time |

Table A2: SF-6D and serious illnesses (\% of people ever diagnosed with serious illnesses by SF-6D score) - Wave 9

| SF-6D <br> score <br> (rounded) | Arthritis | Asthma | Cancer | Type 1 Diabetes | Type 2 Diabetes | Depression or anxiety | Other mental illness | Heart disease | High <br> blood <br> pressure | Other condition | No condition |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0.3 | 70\% | 0 | 20\% | 0 | 10\% | 20\% | 10\% | 50\% | 80\% | 40\% | 0 |
| 0.4 | 46\% | 35\% | 6\% | 1\% | 19\% | 56\% | 7\% | 25\% | 44\% | 22\% | 14\% |
| 0.5 | 44\% | 19\% | 10\% | 2\% | 13\% | 42\% | 7\% | 13\% | 37\% | 9\% | 18\% |
| 0.6 | 32\% | 17\% | 6\% | 1\% | 8\% | 25\% | 3\% | 8\% | 26\% | 5\% | 31\% |
| 0.7 | 19\% | 11\% | 3\% | 1\% | 6\% | 12\% | 1\% | 5\% | 18\% | 2\% | 51\% |
| 0.8 | 12\% | 10\% | 2\% | 1\% | 3\% | 5\% | 0.5\% | 2\% | 14\% | 1\% | 64\% |
| 0.9 | 7\% | 8\% | 2\% | 0.5\% | 2\% | 2\% | 0.2\% | 1\% | 12\% | 0.6\% | 71\% |
| 1 | 3\% | 7\% | 0.4\% | 0.4\% | 0.4\% | 1\% | 1\% | 0 | 3\% | 0.4\% | 85\% |

Note: Some column sum to more than $100 \%$ because of individuals with more than one serious illness.

Table A3: SF-6D and long term conditions (\% of people with long term condition by SF-6D score)- All waves

| SF- <br> 6D <br> score | Chronic pain | Condition that limits the amount of work* | Sight problems | Hearing problems | Speech problems | Blackouts, loss of consciousness | Slow at learning or underst. | Limited use of arms or fingers | Difficulty gripping | Limited use of legs or feet | Nervous condition | Condition that restricts physical activity | Mental illness | Difficulty breathing |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0.3 | 41\% | 92\% | 12\% | 17\% | 4\% | 8\% | 5\% | 27\% | 28\% | 39\% | 22\% | 48\% | 7\% | 22\% |
| 0.4 | 40\% | 86\% | 9\% | 13\% | 3\% | 6\% | 5\% | 19\% | 18\% | 31\% | 22\% | 43\% | 8\% | 20\% |
| 0.5 | 25\% | 68\% | 6\% | 11\% | 1\% | 3\% | 3\% | 12\% | 10\% | 18\% | 15\% | 30\% | 5\% | 14\% |
| 0.6 | 11\% | 41\% | 3\% | 7\% | 1\% | 1\% | 1.5\% | 5\% | 5\% | 9\% | 6\% | 17\% | 2\% | 6\% |
| 0.7 | 4\% | 20\% | 2\% | 4\% | 0.3\% | 0.40\% | 1\% | 2\% | 2\% | 3\% | 2\% | 8\% | 1\% | 3\% |
| 0.8 | 1\% | 7\% | 1\% | 2\% | 0.1\% | 0.20\% | 0.4\% | 0.6\% | 1\% | 1\% | 0.6\% | 3\% | 0.2\% | 1\% |
| 0.9 | 0.4\% | 3\% | 0.7\% | 2\% | 0 | 0.11\% | 0.2\% | 0.2\% | 0.3\% | 0.4\% | 0.2\% | 1\% | 0.2\% | 0.4\% |
| 1 | 0\% | 2\% | 0.6\% | 1\% | 0.2\% | 0\% | 0.6\% | 0\% | 0.1\% | 0.1\% | 0.1\% | 0.4\% | 0.3\% | 0.3\% |

Table $A 4-S F-6 D$ and satisfaction with own health

| SF-6D score <br> (rounded) | Satisfaction with own <br> health 0-4 | Neither satisfied or <br> dissatisfied | Satisfaction with own <br> health 6-10 |
| :--- | :--- | :--- | :--- |
| 0.3 | $79 \%$ | $15 \%$ | $6 \%$ |
| 0.4 | $70 \%$ | $13 \%$ | $17 \%$ |
| 0.5 | $46 \%$ | $19 \%$ | $35 \%$ |
| 0.6 | $21 \%$ | $17 \%$ | $62 \%$ |
| 0.7 | $7 \%$ | $11 \%$ | $82 \%$ |
| 0.8 | $2 \%$ | $5 \%$ | $93 \%$ |
| 0.9 | $1 \%$ | $2 \%$ | $97 \%$ |
| 1 | $0.6 \%$ | $1 \%$ | $98.4 \%$ |
| Note: Answers to the questions: How satisfied you are with your own health are coded with 0:"Totally dissatisfied" and $10:$ "Totally satisfied" |  |  |  |

Table A5-SF-6D and self-assessed health

| SF-6D score <br> (rounded) | Excellent | Very good | Good | Fair | Poor |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 0.3 | $1 \%$ | $1 \%$ | $3 \%$ | $19 \%$ | $77 \%$ |
| 0.4 | $1 \%$ | $3 \%$ | $9 \%$ | $30 \%$ | $57 \%$ |
| 0.5 | $1 \%$ | $6 \%$ | $21 \%$ | $45 \%$ | $25 \%$ |
| 0.6 | $2 \%$ | $16 \%$ | $41 \%$ | $34 \%$ | $17 \%$ |
| 0.7 | $7 \%$ | $30 \%$ | $44 \%$ | $6 \%$ | $1 \%$ |
| 0.8 | $10 \%$ | $44 \%$ | $39 \%$ | $2 \%$ | $0.2 \%$ |
| 0.9 | $22 \%$ | $49 \%$ | $26 \%$ | $0.5 \%$ | $0 \%$ |
| 1 | $59 \%$ | $32 \%$ | $8 \%$ | $0 \%$ |  |

Note: some column do not sum to $100 \%$ because of individuals with missing information on self-assessed health

Table A6- Changes in SF-6D (rounded)

| SF-6D from t-1 to $t$ | \% in the estimation sample | N. observations in the <br> estimation sample |
| :--- | :--- | :--- |
| 0.7 to 0.6 | 3 | 2,817 |
| 0.8 to 0.7 | 5 | 4,471 |
| 0.9 to 0.8 | 8 | 6,718 |
| 1 to 0.9 | 1 | 833 |
| SF-6D from $>0.7$ to 0.6 | 4 | 3,600 |
| SF-6D from $>0.8$ to 0.7 | 2 | 1,820 |
| SF-6D from $>0.9$ to 0.8 | 0.4 | 354 |
| Other neg. changes (to $<0.6$ ) | 5 | 3,899 |

Table A7 - Value of changes in SF-6D
Value of changes in $S F-6 D$ from $t-1$ to $t \quad \%$ in the estimation sample

| No change | 18.44 |
| :--- | :---: |
| -0.01 | 2.15 |
| -0.02 | 2.17 |
| -0.03 | 1.23 |
| -0.04 | 8.70 |
| -0.05 | 1.61 |
| -0.06 | 4.28 |
| -0.07 | 1.54 |
| -0.08 | 2.79 |
| -0.09 | 1.39 |
| -0.1 | 1.69 |
| Changes <-0.1 | 13.61 |
| Note: Changes are calculated by subtracting SF-6D score in $t-1$ from SF-6D score in t. Change equal to 0.01 |  |
| includes values of the difference from 0.005 to 0.015 ; change equal to 0.02 includes values of the difference |  |
| from 0.015 to 0.025 , etc. |  |

Table A8- Distribution of SF-6D, life satisfaction and windfall income


Note: The sample is that used for the analyses with fixed effects in Table 7 below. The means are unweighted.

Table A9-Independent variables

| Characteristics | Variable |
| :---: | :---: |
| SF-6D changes: |  |
| From 0.7 to 0.6 | $=1$ if SF-6D $\mathrm{D}_{\mathrm{t}-1}=0.7$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.6$ |
| From 0.8 to 0.7 | $=1$ if SF-6D $\mathrm{D}_{\mathrm{t}-1}=0.8$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.7$ |
| From 0.9 to 0.8 | $=1$ if SF-6D $\mathrm{D}_{\mathrm{t}-1}=0.9$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.8$ |
| From 1 to 0.9 | $=1$ if $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}-1}=1$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.9$ |
| To 0.6 | $=1$ if $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}-1}>0.7$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.6$ |
| To 0.7 | $=1$ if SF-6D $\mathrm{D}_{\mathrm{t}-1}>0.8$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.7$ |
| To 0.8 | $=1$ if SF-6D $\mathrm{D}_{\mathrm{t}-1}>0.9$ and $\mathrm{SF}-6 \mathrm{D}_{\mathrm{t}}=0.8$ |
| Other changes |  |
| Value of changes in SF-6D: |  |
| 10 binary variables for changes from -0.1 to +0.1 | Changes observed from $\mathrm{t}-1$ to t |
| 1 binary variable for changes $<-0.1$ |  |
| Major improvement in finances | $=1$ if individual reports a major improvement in finances in the past year and a positive windfall income |
| Education | 3 groups: University (or post-graduate) qualification (omitted) ; Certificate or Diploma; High School or lower qualification |
| Marital Status | 4 groups: Married (or cohabiting) (omitted); Divorced (or separated); Widow; Single |
| Children in the household | 3 binary variables: age $0-4 ; 5-9 ; 10-14$. |
| Housing tenure | 3 groups: owner (omitted), renting and other accommodation |
| Employment status | 3 groups: employed (omitted), unemployed, out of the labour force |
| Remoteness | 3 groups: Major city (omitted); Inner Regional Areas; Outer Regional Areas (including remote and very remote Australia) |
| Life events | Personal injury or illness |
|  | Victim of physical violence |
|  | Other events (property crime, illness of a family member, death of a friend or family member) |

Table A10- Descriptive statistics

| Variable | Estimation sample |
| :---: | :---: |
| Fiunancial improvements (\%) | 3 |
| Age (mean) | 44 |
| Marital Status (\%) |  |
| Single | 22 |
| Separated/Divorced | 8 |
| Married Or Cohabiting | 65 |
| Widow | 4 |
| Employment Status (\%) |  |
| Employed | 66 |
| Unemployed | 3 |
| Out of the L force | 31 |
| Housing tenure (\%) |  |
| Owned | 74 |
| Rented | 24 |
| Other living arrangements | 3 |
| Educational Qualification (\%) |  |
| University (or post grad.) qualification | 21 |
| Certificate or Diploma | 30 |
| High School or Lower Education | 48 |
| Remoteness (\%) |  |
| City | 61 |
| Inner regional area | 25 |
| Outer regional area | 13 |
| Male (\%) | 47 |
| Children 0-4 (\%) | 14 |
| Children 5-9 (\%) | 14 |
| Children 10-14 (\%) | 18 |
| Life events (\%) |  |
| Personal illness or injury | 8 |
| Victim of violence | 1.5 |

Table A11 - Determinants offinancial improvements- OLS regression

Dep variable: will experience financial Individual FE improvement at the next wave

| HH Income | $\begin{aligned} & \hline-0.000 \\ & (0.000)^{* *} \end{aligned}$ |
| :---: | :---: |
| Personal illness | $\begin{gathered} 0.003 \\ (0.003) \end{gathered}$ |
| Lond Term Health | -0.002 |
| Conditions | (0.002) |
| Education - Certificate or Diploma | $\begin{gathered} 0.010 \\ (0.008) \end{gathered}$ |
| Education - High school or lower qualification | $\begin{gathered} 0.007 \\ (0.008) \end{gathered}$ |
| Death of spouse or child | $\begin{gathered} 0.001 \\ (0.003) \end{gathered}$ |
| Death of a close friend | $\begin{gathered} 0.000 \\ (0.002) \end{gathered}$ |
| Victim of violence | $\begin{gathered} -0.002 \\ (0.002) \end{gathered}$ |
| Victim of property crime | $\begin{gathered} -0.000 \\ (0.003) \end{gathered}$ |
| Rent | $\begin{gathered} 0.003 \\ (0.003) \end{gathered}$ |
| Other housing | $\begin{array}{r} -0.000 \\ (0.006) \end{array}$ |
| Unemployed | $\begin{gathered} 0.010 \\ (0.004) \end{gathered}$ |
| Out of labour force | $\begin{aligned} & 0.007 \\ & (0.003)^{* *} \end{aligned}$ |
| Separated | $\begin{gathered} 0.007 \\ (0.005) \end{gathered}$ |
| Widow | $\begin{gathered} -0.014 \\ (0.009) \end{gathered}$ |
| Single | $\begin{gathered} 0.002 \\ (0.005) \end{gathered}$ |
| Has children between 0 and 4 | $\begin{gathered} 0.001 \\ (0.003) \end{gathered}$ |
| Has children between 5 and 9 | $\begin{gathered} -0.003 \\ (0.003) \end{gathered}$ |
| Has children between 10 and 14 | $\begin{gathered} -0.001 \\ (0.003) \end{gathered}$ |
| Inner regional area | $\begin{aligned} & -0.008 \\ & (0.005)+ \end{aligned}$ |
| Outer regional area (incl. remote) | $\begin{aligned} & -0.015 \\ & (0.006)^{*} \end{aligned}$ |

Note: Standard errors are in brackets * indicates that the underlying coefficient is significant at $10 \%$ level, ${ }^{* *}$ at $5 \%$ and $* * *$ at $1 \%$.

Table A12- Results - Fixed effects estimation - Other variables (Model 3 - Table 5)

| Independent variables | All Sample |
| :---: | :---: |
| Education - Certificate or Diploma | $\begin{array}{r} 0.011 \\ (0.045) \end{array}$ |
| Education - High school or lower qualification | $\begin{gathered} 0.083 \\ (0.040)^{*} \end{gathered}$ |
| Rent | $\begin{aligned} & -0.073 \\ & (0.017)^{* *} \end{aligned}$ |
| Other housing | $\begin{aligned} & -0.083 \\ & (0.032)^{* *} \end{aligned}$ |
| Unemployed | $\begin{gathered} -0.189 \\ (0.026)^{* *} \end{gathered}$ |
| Out of the labour force | $\begin{gathered} -0.012 \\ (0.015) \end{gathered}$ |
| Separated | $\begin{gathered} -0.539 \\ (0.029)^{* *} \end{gathered}$ |
| Widow | $\begin{gathered} -0.495 \\ (0.050)^{* *} \end{gathered}$ |
| Single | $\begin{gathered} -0.190 \\ (0.025)^{* *} \end{gathered}$ |
| Has children between 0 and 4 | $\begin{gathered} -0.007 \\ (0.017) \end{gathered}$ |
| Has children between 5 and 9 | $\begin{gathered} -0.003 \\ (0.016) \end{gathered}$ |
| Has children between 10 and 14 | $\begin{gathered} 0.010 \\ (0.015) \end{gathered}$ |
| Inner regional area | $\begin{gathered} 0.073 \\ (0.026)^{* *} \end{gathered}$ |
| Outer regional area (incl. remote) | $\begin{gathered} -0.039 \\ (0.035) \end{gathered}$ |
| Life events in the past 12 months |  |
| Personal illness or injury | $\begin{gathered} -0.114 \\ (0.015)^{* *} \end{gathered}$ |
| Victim of violence | $\begin{aligned} & -0.248 \\ & (0.034)^{* *} \end{aligned}$ |
| Other events | $\begin{gathered} -0.031 \\ (0.009)^{* *} \end{gathered}$ |
| Observations | 83,177 |

[^0]Figure A1 -Distribution of SF-6D Index (rounded at 2 decimal points)



[^0]:    Note: Standard errors are in brackets + indicates that the underlying coefficient is significant at $10 \%$ level, * at $5 \%$ and **at $1 \%$.

