

1 **Exploring extreme rainfall impacts on flow and turbidity dynamics in a steep,**
2 **pristine and tropical volcanic catchment**

3 Vanessa Solano-Rivera¹, Josie Geris², Sebastián Granados-Bolaños¹, Liz Brenes-Cambronero³,
4 Guillermo Artavia-Rodríguez¹, Ricardo Sánchez-Murillo⁴, *Christian Birkel^{1,2}

5

6 ¹Department of Geography and Water and Global Change Observatory, University of Costa Rica,
7 2060 San José, Costa Rica.

8 ²Northern Rivers Institute, University of Aberdeen, AB24 3UF, Aberdeen, Scotland.

9 ³ReBAMB, Sede de Occidente, University of Costa Rica, 2060 San José, Costa Rica.

10 ⁴Stable Isotope Research Group, National University of Costa Rica, Heredia, Costa Rica.

11 *Corresponding author: christian.birkel@ucr.ac.cr

12

13 **Manuscript**

14 Abstract: 277 words

15 Word count: 7164 (without abstract, figure and table captions and reference list)

16 Number of figures: 9 (colour)

17 Number of tables: 3

18 Supplementary material: Figure S1

19 **Abstract**

20 Tropical volcanic landscapes are important because of the short timescales (< years) over which
21 they transform. Sediment sources, availability and transport can be highly dynamic, but our
22 understanding of these is limited by a lack of data in these complex environments, especially with
23 regards to extreme events. To investigate the responses to extreme rainfall events in particular, we
24 conducted extensive monitoring in a pristine tropical rainforest catchment (3.2 km²), located in the
25 Volcanic Cordillera of Tilarán, Costa Rica. We established high temporal resolution hydro-

26 meteorological and turbidity monitoring from June 2015 to July 2016. This included a record
27 convective rainfall event in August 2015 which resulted in an estimated > 50 yr return period flood
28 event. We also surveyed hillslope soils, landslides, and sediments of the river network, to
29 characterize sediments before and after the extreme event. Our results suggested that rainfall
30 events activated surface flow pathways with associated mobilization of material. However, erosion
31 processes were mostly linked to finer material (sand, silt) properties of the soils that developed on
32 more highly weathered bedrock. The single extreme event (return period > 50 years) had an
33 overriding impact on the general sediment dynamics. Recovery in the form of fine material
34 transport and associated hysteresis took only about three months. We conclude that the combined
35 use of high-temporal resolution monitoring with spatially distributed surveys provided new
36 insights for the initial assessment into the fluvial geomorphology and transport dynamics of steep,
37 volcanic headwater catchments in the humid tropics with potential to establish more complete time
38 scales of land-forming processes. This work can build the foundation for more complete
39 monitoring using radioisotopes as a tool to fingerprint the sediment origin and composition.

40 **Keywords:** Tropics; Costa Rica; turbidity; erosion; Volcanic and fluvial geomorphology;
41 Extreme rainfall events, ReBAMB.

42 **Abbreviations:**

43 AWI7d- Antecedent wetness 7 days (mm)
44 M- Precipitation magnitude (mm)
45 I_{max}- Maximum intensity (mm/h)
46 P_Q_{lag}- Lag between the peaks of precipitation and discharge (h)
47 Range- Turbidity range from beginning to the event peak (NTU)
48 P_NTU_{lag}- Lag between the peaks of precipitation and turbidity (h)
49 NTU_Q_{lag}- Lag between the peaks of discharge and turbidity (h)

50 Qrange Discharge range from beginning to the event peak (m³/s)

51

52 **1. Introduction**

53 Tropical ecosystems experience an accelerated land use change (Foley et al., 2005) and are climate
54 change hot spots, particularly in Central America (Giorgi, 2006; González et al., 2017). Despite
55 the deforestation ban in Costa Rica which increased the national forest cover over the last 30 years
56 (Fagan et al., 2013), there is a prevalent trend towards deforestation in the wider region. The
57 associated impacts of these changes on hydrological processes and sediment dynamics in the
58 tropics has received much interest (Chappell et al., 2004; Bonell and Bruijnzeel, 2005). An
59 increasing number of studies have examined sediment dynamics across a wide range of catchments
60 (Fryers, 2013; Buendia et al., 2015). However, these studies have focussed mostly on
61 anthropogenically-impacted catchments (e.g. agriculture), where human disturbance accelerates
62 the natural process of erosion-transport-deposition (Walsh et al., 2011). Research conducted in
63 undisturbed forested areas is limited (see Zhang et al., 2010 as an exception and a global review
64 by Zimmermann et al., 2012), particularly in tropical forests with a geomorphology of volcanic
65 origin (see Muñoz-Villers and McDonnell, 2012, for an example with emphasis on rainfall-runoff
66 dynamics) where the natural dynamics of erosion and deposition processes are mostly unknown.

67 Furthermore, the tropics are generally characterized by high rainfall rates (Chang and Lau, 1983),
68 which - even under undisturbed vegetation cover - can result in surface flow, erosion and
69 subsequently naturally high sediment loads (Thomas, 1994). In such catchments, the erosion-
70 transport-deposition dynamics tend to be flashy and variable due to the heterogeneity of the climate
71 and the material properties of the soils and bedrock. The soil characteristics with e.g. low hydraulic
72 conductivity, as observed in a lowland rainforest catchment in Panamá, importantly influence the

73 runoff generation processes with surface flow as the most prominent erosion mechanism
74 (Zimmermann et al., 2012).

75 Headwater systems globally amount to almost 80% of delivered water and transported substances
76 to rivers (Downing et al., 2012), but remain largely unmonitored. Within the tropics, volcanic
77 landscapes are of specific interest because of the short timescales (< years) over which they
78 transform (Wohl et al., 2012). This may cause severe consequences for downstream water users
79 (e.g. hydropower, drinking water, irrigation, and other ecosystem services). Understanding the
80 formation and evolution of volcanic landscapes in the tropics therefore involves an analysis of the
81 effects of intense and prolonged rainfall events on sediment dynamics and hydrological processes
82 at the event scale. Sediment mobilization can be (initiated) via:

83 a) shallow landslides and debris flows due to the saturation of the soils contributing material to the
84 streams,

85 b) laminar erosion on the hillslopes connected to the stream due to surface runoff even under
86 pristine forest cover and

87 c) the transport dynamics and erosion of the stream, banks and streambed itself.

88 However, a major challenge in both geomorphology and hydrology is reconciling the disparity
89 between small scale measurements with larger spatial and temporal scale processes (Bracken et
90 al., 2015). One way to assess the integrated response of the system at catchment scales is by linking
91 spatially distributed point scale measurements to high temporal resolution measurements in the
92 stream (Hancock and Lowry, 2015). Alternative approaches include measurements in nested
93 catchments such as by López-Tarazón and Estrany (2016) in the Mediterranean untangling the
94 drivers of sediment transport and their temporal characteristics. Similarly, Mills and Bathurst

95 (2015) successfully developed a predictive suspended sediment load relationship with spatially
96 distributed catchment characteristics and sediment sources in the UK. However, long-term
97 catchment studies in the tropics are rare (see exceptions from Puerto Rico reported by Shanley et
98 al., 2011 and Thailand by Ziegler et al., 2014), despite that small-scale and detailed measurements
99 may lead to insights into the longer-term landscape forming processes of steep, tropical volcanic
100 catchments and the role extreme events might play.

101 In Costa Rica, Krishnaswamy et al. (2001a) found that suspended sediment transport was linked
102 to climate dynamics and land use disturbances in a large (~5000 km²) heterogeneous catchment.
103 In addition, Calvo (1998) attempted to model suspended sediment yields for various larger
104 catchments and found that rainfall erosivity and land use were important drivers of sediment
105 transport. Jansson (2002) explored sediment origin using hysteresis analysis in a meso-scale
106 catchment draining the Caribbean in central Costa Rica. However, these studies followed a
107 relatively coarse temporal resolution (roughly monthly and few events in the case of Jansson,
108 2002) sampling of suspended sediments, so that the highly dynamic nature of processes during
109 events could not be captured. Following previous larger-scale efforts (e.g. Krishnaswamy et al.,
110 2001b), here, via intense monitoring, we aimed to gain more insights into the sediment transport
111 dynamics in humid tropical volcanic landscapes, with a specific focus on exploring responses to
112 extreme rainfall events. The monitoring included high temporal resolution turbidity, hillslope soil
113 erosion, material properties of soil and sediments, and hydrometric data collected over one
114 hydrological year in the San Lorencito catchment (a 3.2 km² tropical pristine headwater catchment)
115 in the Volcanic Cordillera of Tilarán, Costa Rica. Using field and laboratory data and statistical
116 analyses, this study is one of the first in humid tropical volcanic environments that explores when,
117 how and where sediment transport is generated associated with hydrological processes and

118 catchment responses to intense rainfall events, within the possibilities of a complex and logistically
119 challenging field site. We also tested the utility of turbidity as an indicator of suspended sediment
120 loads in a highly dynamic, volcanic catchment for a relatively short measurement period. The
121 specific objectives were to:

122 (i) monitor and analyse the stream response and subsequent turbidity dynamics to rainfall
123 inputs at high temporal resolution,

124 (ii) characterise the impact of an extreme event on the rainfall-runoff-turbidity and
125 sediment relationship, fluvial geomorphology, and the subsequent recovery of the
126 system,

127 (iii) explore how in-stream dynamics are linked to hillslope sediment sources, their
128 connectivity to the stream, and potential changes to sediment sources induced by
129 extreme events.

130

131 **2. Study area and methods**

132 **2.1. Catchment characteristics**

133 The humid tropical San Lorencito headwater catchment drains an area of 3.2 km² towards the
134 Caribbean Sea in the northern mountainous area of Costa Rica known as Cordillera de Tilarán
135 (Figure 1). The catchment is located in the Biological Reserve Alberto Manuel Brenes (ReBAMB),
136 a protected area with restricted access only for research. Land cover involves a typical primary
137 montane rainforest with negligible human intervention (Figure 1e). The most prominent tree
138 species are *Elaeagiaux panamensis* and *Ocotea morae*, palmito (*Iriartea deltoidea*) and various
139 types of higuerones (*Ficus spp.*) (Salazar-Rodriguez, 2003).

140 The geology is composed of tertiary volcanic rocks (5-9 million years), mainly from extrusive
141 materials such as basalts, andesites, and pyroclastic flow deposits typical of violent volcanic
142 activity during the younger Miocene Epoch (Bergoeing, 2007) from a nearby emission source in
143 the upper extreme of the catchment (Figure 1b). The morphology of the catchment is characterized
144 by steep slopes ($> 30\%$). The high annual rainfall is around 3 m/yr with around 2 m/yr of discharge
145 (Table 1). The main stream follows a normal fault line (Figure 1b) resulting in two slightly
146 different main hillslopes. The northern or left hillslope (B, upstream view) shows on average more
147 basalt and more andesitic mineralogy than on the southern or right hillslope (A, Figure 2). Hillslope
148 A is also on average less steep and deeper soils developed compared to those on hillslope B. The
149 soils originating from hillslope A were characterized by loamy and sandy loam particle size, while
150 the soils from hillslope B had less sandy particles and showed some presence of clay ($< 30\%$).
151 Soil characteristics are related to the volcanic geomorphology of the catchment with less
152 developed, coarse textured Entisols or alluvial soil profiles near the stream. Closer to the hilltops
153 deeper Andisols ($> 1\text{ m}$) with higher organic matter content ($> 20\%$) and almost permanent
154 saturation can be found. Remnants of volcanic ash in the upper profiles are common (0 – 0.5 m).
155 More information on catchment characteristics and the hydrology of the study site can be found in
156 Dehaspe et al. (2018).

157 The climate is characterized by a constantly high humidity close to 100 % throughout the year
158 with a prolonged rainy season during the months from May to December and a short dry season
159 from January to April. Nevertheless, rain events are common throughout the year (Figure 1d). The
160 study area is situated at the continental divide and is predominantly under the influence of north-
161 eastern trade winds that are responsible for the influx of humidity. The latter in combination with
162 local, intense convective rainstorms generate very high rainfall rates well exceeding 40 mm/h

163 leading to a rapid stream response. Deviations from normal weather patterns are introduced by
164 frontal systems from the northern hemisphere winter, indirect effects of hurricanes and the El Niño
165 Southern Oscillation (ENSO) resulting in either increased or less rainfall (Birkel et al., 2016).

166 The San Lorencito stream is highly dynamic and bed materials are generally composed of volcanic
167 angular and sub-angular boulders disposed in large banks along the riverbed. The fluvial
168 geomorphology is dominated by step-pool features with some cascades (Figure 2A and C) and
169 characterized by the occurrence of frequent landslides (Figure 2G) that deposit materials along
170 fluvial terraces (Figure 2F). Stream morphology is also affected by erosion that removes material
171 from the banks and riverbed. Minor alluvial fans can be found along the stream tributaries with
172 available large boulders and sediments to be transported in extreme conditions (Figure 2E).

173

174 **2.2. Field Measurements and Laboratory Analysis**

175 In-situ sensors measured turbidity (Global Water WQ730, NTU) and water level (Global Water
176 WL400-015-025) in an accessible and relatively protected section at the outlet of the San Lorencito
177 catchment over one year from June 2015 to July 2016. Sensors were placed within a 30kg steel
178 cage and PVC tubes for protection and routinely cleaned and calibrated. Data were stored every 5
179 minutes using a Global Water GL-500 logger. Meteorological data (rainfall, temperature,
180 humidity, radiation, pressure, wind direction and speed) were measured using a Davis Vantage Pro
181 Plus 2 station (MS1) programmed to 30-min time steps in a cleared spot located 1 km NE outside
182 the study catchment (Figure 3). It is well known that both sloping ground (e.g. Sharon, 1980) and
183 canopy interception (e.g. Loescher et al., 2002) can introduce complexity and variability in the
184 observations of rainfall. To assess the extent to which the complete but single rainfall records of

185 the meteorological station could be used for this study, we therefore initially explored the effects
186 of spatial variability and altitudinal gradients (total elevation gradient is 460m). For this,
187 throughfall measurements (HOBO rain gauges) were taken at different times during the rainy
188 season from June to December 2015 at two locations: one close to the stream (at 890 m a.s.l) and
189 on the left hilltop at 1232 m a.s.l (Figure 2 – MS2 and MS3, respectively). We found that
190 throughfall at MS2 and MS3 and gross precipitation measured at the meteorological station
191 followed identical event timings in terms of peak rainfall with slight differences in measured
192 volumes (< 10 %) due to the intercepting vegetation. No significant precipitation elevation gradient
193 was detected over the relatively short distance that concerns the study site and we do not show this
194 preliminary analysis here. Therefore, we used the continuous measurements of gross rainfall at the
195 meteorological station for further event analysis.

196 Throughout the entire monitoring period, manual discharge gaugings (salt dilution and current
197 meter) were done approximately every 3 weeks and on an occasional event-basis. The difference
198 between both measurement techniques was below 10 % of absolute gauged streamflows. These
199 gaugings were used in the construction of a rating curve that converts measured water level into
200 discharge (m^3/s) (Figure 4). During very high flows (at levels > 0.8 m), overbank flow occurred.
201 We therefore applied a separate rating curve for these higher levels by applying Manning's
202 equation to events with recorded flood marks (four in total). We tested the sensitivity of the
203 resulting discharge estimate by varying the Manning coefficient n for mountain streams with
204 cobbles and large boulders in between a range of 0.04 to 0.07 (Chow, 1959) reported as uncertainty
205 bounds. The maximum discharge was reconstructed for the four largest events and the highest
206 event of the monitoring period, at 10-12 August 2015, with an estimated 50 yr return period. The
207 latter return period is a rough estimate to provide some longer-term context based on the highest

208 recorded rainfall amount and intensity since on-site meteorological measurements began in 2008.
209 Further, the changes to the stream channel were not observed by long-term staff members since
210 the establishment of the research station in 1976. Most importantly, riparian trees (higuerones,
211 *Ficus spp.*) of 30 m height estimated by plant physiologists to exceed 100 years of age were
212 removed by the extreme event. As evidenced by the consistency in gaugings in Figure 4, the
213 channel geometry itself did not change after this large event, so that the same rating curve is applied
214 consistently in time. Uncertainty in the rating curve is highest for the high discharges due to a
215 strong non-linearity induced by the extreme event that exceeds 100-fold the second largest event
216 (Figure 4 inlet). All data were directly used for analysis without gap filling in case of sensor failure.

217 Turbidity measurements were recorded in Nephelometric Turbidity Units (NTU). Continuous, at
218 least monthly, maintenance and cleaning prevented sensor failure. In addition, there was little
219 possibility for debris build-up around the optical sensor due to the high flow velocities ($> 2\text{m/s}$)
220 during events. Stream water samples ($n = 23$) were manually taken using a standard DH-48
221 sediment sampler across a range of level and turbidity conditions in an attempt to relate the mass
222 of sediments to the NTU data. These stream water samples were processed to obtain the total of
223 suspended and dissolved sediments (American Public Health Association, 1999). The spatial
224 variability in sediments was assessed by collecting manual sediment samples in seven different
225 tributaries on both hillslopes (A, B) and in the main stream (Figure 3). To further determine the
226 impact of main rainfall events, this was done before and after the 50 yr return period flood event.
227 All samples were completely dried for 3 hours at $105\text{ }^{\circ}\text{C}$, treated with H_2O_2 to remove organic
228 material and then washed and dried again. The sediments were processed to obtain the particle size
229 distribution curve using a set of 19 (Fisher Scientific) sieves varying from 8 to 0.05 mm and the
230 Retsch As200 sieve shaker. The material remaining in each sieve was weighed and visualized as

231 cumulative percentages. The 0.25 mm quartz diameter was selected for a morphoscopic analysis
232 conducted using a Meiji PBH Stand stereoscope (Tricart, 1965). Landslides were mapped after the
233 extreme event and the dimension documented with digital imagery. The landslide volumes were
234 derived from a post-event interpretation of georeferenced photographs converted into 3D imagery
235 using the *Agisoft Photoscan* software.

236 To assess stream sediment in the context of potential source areas, 26 soil samples (0 to 30 cm
237 depth) were taken at accessible sites across the catchment (Figure 3) and analysed for soil texture.
238 Eighteen samples were processed using the pipette method (Veas, 2009) at an earlier time and
239 eight samples using Bouyoucos method over the study period. Despite slight differences in the
240 analytical protocol, both methods provided comparable results using duplicate measurements for
241 comparison (Norambuena et al., 2002). The texture of the soils was determined using the USDA
242 textural triangle (Henríquez & Cabalceta, 2012).

243 To monitor erosion and/or deposition of material on both hillslopes, at different altitudes and
244 slopes, soil movement was assessed using a total of 10 erosion pins following Hancock & Lowry
245 (2015). The pins consisted of 60 cm length steel rods with a > 0.6 cm diameter and were painted
246 with anticorrosive yellow. They were inserted manually (site conditions allowing) without a
247 hammer (Hancock & Lowry, 2015) as depth markers. Readings with an approximate error of 0.2
248 cm were done monthly by the same person during the rainy season and during the dry season the
249 data were collected twice in January and once at the end of May after the rainy season 2016 started.

250

251 **2.3 Statistical Analysis**

252 We analysed the rainfall-runoff-turbidity dynamics of the study site for a range of different events,
253 which also included a major flood event during August 2015. The identification and definition of
254 an event considered in this study was done systematically and based on both precipitation and
255 discharge data. The start of precipitation indicates the beginning of an event, while the end of the
256 discharge recession curve defined the end of the event. To be able to clearly identify event
257 characteristics, we also imposed a threshold of a minimum water level change of 0.1 m. Double-
258 peak runoff events were not detected.

259 Descriptive event statistics were used to explore 26 hydro-meteorological variables that
260 characterize the size, range, minimum, maximum, mean, magnitude, intensity, duration of rise and
261 recession and time lag of the precipitation-discharge-turbidity relationship of each selected event,
262 as well as the antecedent wetness conditions for 3, 7 and 30 days plus the time (hours) without
263 rainfall prior to an event. The hysteresis index of Zuecco et al. (2016) was applied using discharge
264 as the independent variable and turbidity as the dependent variable. Among many other hysteresis
265 indices available, the index by Zuecco, et al. (2016) is a dimensionless number allowing for
266 automatic and objective calculation of all the forms of possible hysteresis loops, sizes and
267 directions found here. The selected events were further separated into dry (January to April) and
268 wet (May to December) season and before and after the major event in August 2015 mainly due
269 to the climatic seasonality of the study site and the impact caused by the event.

270 Spearman rank correlation (r) and Principal Components Analysis (PCA) were applied to reduce
271 the number of environmental variables avoiding co-linearity as indicated by an $r > 0.7$ and to search
272 for relationships that could potentially explain the rainfall-runoff-turbidity dynamics of the study
273 site (see Abbreviations of selected variables). Selected variables for correlation analysis were
274 additionally checked for co-linearity using the Variance Inflation Factor. Cumulative particle size

275 distributions and the shape and oxidation level of sediment samples were used to examine spatial
276 variability across the main stem and tributaries before and after the major event in August 2015.
277 A Kruskal-Wallis test was applied to the sediment data to determine the statistical evidence of
278 significant changes associated to the rainy and dry season events, and the major flood event (R
279 core team, 2016).

280

281 **3. Results**

282 **3.1 Rainfall-runoff event and turbidity dynamics**

283 The study year was characterised by a record El Niño event (NOAA, 2016) resulting in lower than
284 average annual precipitation (~2700 mm/yr, Table I). Despite the generally drier conditions on the
285 Pacific slope, the catchment locally received a record convective rainfall event in August 2015
286 resulting in a likely > 50 yr return period flood event. A total of 29 rainfall events were selected
287 over the study year from 13/06/2015 to 13/06/2016 (Figure 5, Table II). From the 26 hydro-
288 meteorological variables, 8 (Table II, Abbreviations) were used to describe the temporal dynamics
289 of events explaining 92 % of the total variance based on three Principal Components. The other
290 18 variables mostly resuming initial and recession conditions of events were neglected due to $r >$
291 0.7 indicating co-linearity. Furthermore, the 8 selected parameters showed small effects of co-
292 linearity tested using the Variance Inflation factor resulting in values smaller than 6 for all cases.
293 Table II gives the full spectrum of events and analysed variables with the overall mean and
294 standard deviation.

295 As the hydrometeorological conditions, in particular rainfall, are distinctly different for different
296 seasons (Figure 1), we first describe the rainfall-runoff and turbidity event dynamics for each wet

297 and dry season cycle based on the typical climatic features of the study site. Out of the total 29
298 events, 25 occurred during the 2015 rainy season from June to December. During this rainy season,
299 the precipitation magnitude ranged from 2.8 to 132.3 mm, with average rainfall duration of 5.4
300 hours. The turbidity increased up to a maximum value in almost half of the events. The median
301 time lag between the rainfall peak and maximum discharge was one hour. The median time lag
302 between the discharge peak and the turbidity peak was also 1 hour, while the median time between
303 the peaks of precipitation and turbidity was 2.5 hours (Figure 5), but generally lags followed a
304 normal distribution.

305 During the dry season 2016 (January-April) only two out of the 29 events were identified (Figure
306 5), despite more sporadic rainfall originating from the Caribbean. The magnitude of the two
307 precipitation events was 19.3 and 45.2 mm (for the first and second event, respectively). The
308 discharge range reported was from 0.4 to 0.8 m³/s and events lasted from 1.5 to 8.5 hours, while
309 the turbidity reached maximum values just once (Figure 5).

310 Likewise, also only two events were identified for the beginning of the rainy season in May 2016.
311 The magnitude M of these precipitation events was 12.7 mm and 35.6 mm (Table II). The discharge
312 range reported was 1.1 m³/s and 1.7 m³/s respectively, while the turbidity reached relatively low
313 values in both events (Figure 5).

314 The runoff-turbidity data showed distinctly different hysteresis patterns for periods before the main
315 August 2015 event and during the recovery period. The events before August 2015 did show few
316 hysteresis patterns exhibiting a clockwise behaviour (Table II; Figure 6, first panel). From August
317 2015, all events did indicate hysteresis patterns of discharge versus turbidity with changing
318 clockwise and anti-clockwise loops (Figure 6, second and third panel). The most frequent

319 hysteresis class according to the classification of Zuecco et al. (2016) was class 2 (clockwise,
320 increasing from initial values, but shape of an eight similar to event 3, second panel of Figure 6).
321 Apart from one class 6 and one class 5 event, no events that showed decreasing values from the
322 initial state were detected (class 7 and 8). The hysteresis behaviour also shifted from no time lag
323 to a relatively regular clockwise hysteresis including the major event in August (Figure 5, event
324 2) to a more chaotic anti-clockwise and eight-shaped hysteresis pattern, back to initial conditions
325 showing a clockwise hysteresis (Figure 6, event 4).

326

327 **3.2 Impacts of an extreme event on the rainfall-runoff response and turbidity dynamics**

328 During August 2015, two consecutive convective storms in less than 36 hours triggered an
329 estimated 50 yr return period flood event. Antecedent rainfall was 24 mm over 7 days with
330 relatively dry soils before the first storm. On the first day, 132 mm of precipitation fell in less than
331 4 hours with a maximum intensity of 40 mm in 30 min (Figure 5, event 2). This storm caused
332 water levels to rise 1.14 m with a discharge of around 25 m³/s in less than 3.5 hours, with
333 corresponding maximum turbidity levels of > 900 NTU.

334 The second event occurred 14 hours after the previous storm, with soil saturation at a maximum,
335 and an additional accumulated 147 mm of rain in 4 hours. The maximum intensity was 77 mm in
336 less than 30 min resulting in a water level increase of up to 2.86 m. The reconstructed flood peak
337 discharge based on flood marks using Manning's equation resulted in approximately 370 ± 56
338 m³/s. Turbidity levels were beyond 1000 NTU. A total accumulated rainfall of 279 mm revealed
339 (post-event field inspections) important morphological changes in the river network and over 15
340 landslides contributing an estimated >100 m³ of material were identified along the stream.

341 Tributaries were also intensively modified by incorporation of rocks, sediments, and vegetation
342 from the slopes (Figure 2E).

343

344 At the catchment level, the extreme flood event from August 2015 had some remarkable
345 consequences in terms of erosion and material transport (Figure 2A). The turbidity response to rain
346 events became slightly faster by around 30 min and reached maximum levels around 1000 NTU
347 with less precipitation after the flood event (Table II). The stream reached maximum turbidity
348 levels with on average lower precipitation inputs and rain intensity (Figure 5, event 3; Table II). A
349 Spearman rank correlation matrix was used to show differences in the time lag between the peaks
350 of precipitation, discharge and turbidity before and after the extreme event (Table III). The rainfall-
351 runoff dynamics before the extreme event were mostly related to antecedent conditions with a
352 significant correlation ($p < 0.1$) of *AWI7* to discharge range (*Qrange*) of $r = -0.66$ and rainfall
353 intensity *Imax* to *Qrange* with $r = 0.65$. No significant correlations to lag times were detected prior
354 to the extreme event. The rainfall magnitude *M* and *Imax* were only moderately correlated to the
355 rainfall-runoff lag *P_Qlag* ($r = -0.45$) and the *P_NTUlag* with $r = -0.42$. The discharge range was
356 only moderately correlated to the turbidity range (*NTUrange*) ($r = 0.58$).

357

358 After the extreme flood event, the antecedent conditions played no role on rainfall-runoff and
359 turbidity dynamics (Figure 7b). However, the rainfall magnitude *M* was significantly correlated to
360 discharge ($r = 0.63$, $p < 0.05$), and correlated to *P_Qlag* ($r = 0.36$) and rainfall and discharge,
361 turbidity lag time ($r = -0.4$ and -0.48 , respectively). The *P_Qlag* was also significantly related to
362 *Q_NTUlag* with $r = -0.54$ ($p < 0.1$) meaning the longer the rainfall-runoff response time is the

363 shorter the runoff-turbidity response. After the event, the *NTUrange* was significantly correlated
364 to rainfall-turbidity lag time ($r = 0.56$, $p < 0.1$) and discharge-turbidity lag time (0.52 , $p < 0.1$). A
365 Kruskal-Wallis test was applied to the 8 selected variables before and after the event. The results
366 of significance values p varied from 0.02 to 0.75 with the lag time of discharge to turbidity
367 resulting in the only significant change at the 95 % level.

368

369 **3.3 Sediment sources and connectivity**

370 **Soil erosion measurements:**

371 Data recordings at the erosion pins showed that erosion was most prominently detected after the
372 major event in August 2015 with a maximum soil loss and deposits of over 10 cm at various sites.
373 However, the movement of materials in terms of erosion and deposition was variable across all
374 sites. Figure 8 indicates that most material was mobilised towards the end of the rainy season
375 (Figure 8 – M6, M7) with more accumulated rainfall. The erosion pins also showed that all sites
376 were characterised by gaining and losing conditions at some point across variable 9 to 35 degrees
377 steep slopes. Net erosion and net deposition was equally recorded at 5 sites each after the complete
378 1-year study period.

379

380 Figure 8 shows particle size distributions sampled from 1 week before and immediately 3 days
381 after the extreme event for the main stem and three to four tributary streams on both hillslopes A
382 and B (see Figure 3, sampling sites). The data for the main stem show that after the event, the
383 dominant particle size was generally smaller (mainly medium to course sand), than prior to the

384 event (mainly coarse sand to gravel). Most tributaries (1A, 2A, 2B and 4B) showed a similar shift
385 in behaviour after the event. In contrast, the tributaries 3A and 4A accumulated coarser grained
386 material after the event, while the particle size distributions of tributaries 1B and 3B remained
387 largely the same. The granulometric curves identified mainly coarse particle sizes and only less
388 than 5% of all sediment samples collected were composed of silt. The latter material properties
389 might also be related to a slightly different tributary catchment morphology with more moderate
390 slopes (Figure 3) and finer material on hillslope A as opposed to coarser material on hillslope B.

391

392 **Turbidity as an indicator of sediment loads:**

393 Even though we focussed primarily on the temporal dynamics and potential processes that affect
394 the rainfall-runoff-turbidity behaviour, we also explored the use of turbidity as an indicator for
395 suspended sediment flux. Sediment particle size analyses from the 23 sampled storm events
396 indicated that all sand and coarser material in the samples corresponded with turbidity
397 measurements less than 200 NTU (Figure 9). Maximum turbidity exceeding 1000 NTU appeared
398 to be generated by finer dissolved particles (fine sands and silt). In absence of a significant amount
399 of superficially available clay particles (Figure 3c), the silt fraction was therefore responsible for
400 most of the turbidity generated (Figure 9). The sand fraction did not result in turbidity higher than
401 50 NTU. However, silty material was less than 5 % of the stream sediment composition (pre- and
402 post-event) and less than 30 % of hillslope soils in the catchment. Even small amounts of silt
403 caused high turbidity independently of the total transported and sampled mass (Figure 9B). No
404 relationship between turbidity, suspended sediment concentration SSC (g/L) and discharge was
405 hence detected for construction of a reasonable rating curve during the study period (Figure 9A).

406

407 **4. Discussion**

408 **4.1 Characterizing rainfall-runoff-turbidity dynamics in tropical, volcanic catchments**

409 Among the first from humid tropical volcanic regions, our results showed that rainfall-runoff-
410 turbidity dynamics in the San Lorencito catchment are driven by hydroclimatic conditions and can
411 be further linked to heterogeneity in catchment characteristics and material properties of soils, and
412 bedrock. The climatic seasonality exhibited a high inter-event variability of the rainfall-runoff-
413 turbidity relationship particularly during the rainy season (Table II). The values of turbidity were
414 generally higher during the months from May to December (Table II). The runoff generation in
415 this steep and tropical setting causes - as can be expected (see Zimmermann et al., 2012) – a quick
416 runoff response to rainfall inputs in the order of 30 to 40 min. However, there is an important
417 surface runoff generation component (Dehaspe et al., 2018) contrary to other studies from similar
418 systems that reported mostly sub-surface storm runoff generation (Muñoz-Villers and McDonnell,
419 2012). The rainfall-runoff response was unsurprisingly characterized by a significant relationship
420 with the antecedent wetness and storm characteristics such as rainfall intensity, while we detected
421 no significant rainfall-runoff-turbidity lags (Table III). However, the drivers of the rainfall-runoff
422 response were less dominated by the wetness state of the catchment and rainfall intensity
423 immediately after the impact of an extreme event that significantly modified the fluvial
424 geomorphology of the catchment. In addition, there were significant lag times in the turbidity
425 response to rainfall and discharge during that time. As such, we found complex discharge –
426 turbidity hysteresis characteristics that shifted in shape and magnitude after the extreme event
427 (Table III – Figure 6). It is likely that this can be explained by shifts in the sediment sources, which

428 in turn result in variations in the material itself (e.g. particle size, as shown by Cheraghi et al.
429 (2016)), but also the transport and delivery characteristics. Some events at the beginning of the
430 rainy season 2015 and before the extreme event did not show hysteresis, and others were
431 characterised by more complex temporal relationships (35 %). We observed mostly eight-shaped
432 hysteretic patterns (49 %) after the major flood event, while only 3 % of events showed positive
433 (clockwise) hysteresis in contrast to López-Tarazón and Estrany (2016) from a Mediterranean
434 catchment and 13 % showed negative (counter clockwise) hysteresis. Eight-shaped hysteresis
435 loops have previously been classified as less common and difficult to decipher in
436 geomorphologically different study areas (e.g. Hudson, 2003; Perks et al., 2015).

437

438 **4.2 The role of extreme events on sediment transport dynamics and fluvial geomorphology**

439 The transformation of fluvial systems mostly happens during extreme events, when equilibrium
440 river channel parameters and slope gradients may be disturbed and the thresholds controlling
441 fluvial or gravitational processes may be exceeded (Thomas, 1994). Among the hydro-
442 meteorological extreme events are those characterised by low exceedance probabilities of
443 precipitation and runoff. Even though our exceedance probability estimate of 50 years for the
444 August 2015 extreme event is rather uncertain, the empirical evidence suggested an extreme event
445 previously not observed for over 30 years. The orographic ascend of Caribbean trade winds
446 maintain a constant humidity most of the year with intense convective rainstorms originating from
447 the Pacific Ocean that caused the observed extreme runoff response and was the most intense
448 rainfall event of such a magnitude since measurements from 2008. The combination of both
449 precipitation mechanisms - a constant low intensity input of rainfall and intense convective storms

450 - causes saturation excess overland flow with possibly associated laminar erosion (in contrast to
451 sub-surface stormflow generation on volcanic substrate identified by Muñoz-Villers and
452 McDonnell, 2012 in Mexico). Material movement on the hillslopes was clearly detected by the
453 erosion pins (Figure 8) particularly during the extreme event with soil losses and deposits of up to
454 10cm.

455 Furthermore, the San Lorencito stream is controlled by a system of parallel normal faults with SW-
456 NE orientation; the direction in which the main channel drains (see Figure 1b, Denyer et al., 2003).
457 Tectonic joints on the volcanic rocks can be observed along the stream channel outcrops, which is
458 a pre-condition for exposed material and subsequent potential rapid incorporation into the stream
459 in extreme conditions. The extreme event described above created alluvial deposits (in parts areas
460 > 1800 m²) along the riparian zone and removed riparian vegetation (Figure 2A). In addition,
461 tributaries built up alluvial fans among deepening and widening of channels that caused the stream
462 to abandon a certain stream section (Figure 2E). The flood debris flow deposited large amounts of
463 material on abandoned fluvial terraces, and in other cases large deposits of young fluvial terraces
464 where eroded (Figure 2F). The latter type of material close to the main channel can be incorporated
465 and transported in short periods of time. Large rounded boulders such as in Figure 2F evidenced
466 the torrential behaviour and stream capacity of recent and historic extreme events. Therefore, the
467 study catchment can be characterised by an easy mobilisation of colluvial (mainly landslides and
468 laminar soil erosion) and alluvial material (stream bank and terrace erosion). Nevertheless, such
469 extreme events are part of the normal denudation on geological scales as suggested by deep scars
470 of mass movement on the hillslopes (evidence from the elevation model in Figure 1) and large
471 fluvial terraces (in parts with ~20 cm of pedogenesis in Figure 2F) strongly support recent
472 Holocene torrential behaviour (Vargas, 1978).

473

474 **4.3 Sediment sources and hillslope-stream connectivity**

475 The periodic monitoring during sampling campaigns showed that the tributaries influence the
476 direction of streamflow and streambed incision (Figure 2E). The high rainfall in excess of 40 mm/h
477 in combination with variable geomorphological features of slope (e.g. on average lower slope on
478 hillslope A compared to B) and soils (Figure 3) and the vegetation density (Dehaspe et al., 2018)
479 dictated that the spatial variability of the catchment's connectivity was high (Fryers, 2013).

480 We also identified around 15 landslides that directly contributed colluvial material ($> 100 \text{ m}^3$) into
481 the stream (Figure 2G and location in Figure 3). All rocks from the landslides were identified as
482 jointed andesites with different levels of profile weathering. After the stream lost transport capacity
483 during recession, the young incorporated material was deposited and readily available during
484 subsequent minor events causing high levels of turbidity for a prolonged time after peak flow (see,
485 e.g. Figure 5 - event 3). All the landslides identified during this study (Figure 3) occurred during
486 the rainy season. They also contributed an important amount of hillslope material into the stream
487 as part of or in addition to what was demonstrated by the monitored erosion pins (Figure 8).

488 Further evidence of hillslope-stream connectivity was found in identical levels of mineral
489 oxidation of sandy sediments recovered from soil, tributary and main stem sediment samples
490 (Figure S1). Seasonal patterns in sediment delivery, transport and deposition from the rainy season
491 into the dry season have been previously related to the rainfall regime with an increase in rainfall
492 events leading to an increased sediment yield (Thomas, 1994; Fryers, 2013). This is in agreement
493 with our results, even though we were limited by only using soil erosion measurements and
494 turbidity as an indicator for temporal dynamics in suspended sediments. Nevertheless, the transit

495 of material from the hillslopes to the stream and within the channel appeared to occur throughout
496 the year, even though the frequency of rainfall events was less during the dry season. Such high
497 rainfall probability despite a climatic seasonality occurred similarly in other catchments on the
498 south Pacific slope (Birkel et al., 2016). During the dry season, drying soils allowed for relatively
499 more water to infiltrate (Figure 5b – dry season rainfall events did result in very minor runoff
500 response), limiting the means for particles to erode from the hillslopes (Figure 8). The relatively
501 slow and limited sediment movement during the dry season was therefore dominated by readily
502 available material stored in the channel or from channel erosion since the channel sediments were
503 mostly sands with less than 5% fine sandy aggregates (Figure 7) and these particles have a higher
504 settling velocity than the silts and clays originating from the hillslopes. Much of the hillslope
505 sediment movement with erosion and deposition was generated during the rainy season (Figure 8).

506 Sediment monitoring revealed two main types of sediment sources to the stream: Firstly, hillslope
507 material that was fed into the stream and tributaries through landslides, colluvial, and surface
508 erosion (similar to agricultural sites in the tropics, Duvert et al., 2010). Secondly, material deposits
509 that formed fluvial terraces and sediment banks in areas of low stream power. The sediment
510 particle distributions of the main stem and tributaries revealed that these were mostly coarse sand
511 and gravel particles (~95 %). The fine sand and coarse silt particles represented less than 5 % of
512 all sediment samples (see Figure 9). Sediments also exhibited an intense oxidation and weathering
513 of minerals (composed primarily by Phenocrystals such as plagioclase, augite, magnetite,
514 hornblende, quartz, olivine, biotite) similar to the dominating sand-silt soil samples as shown in
515 Figure 3 and S1. Similarities found in terms of morphology, particle size distribution, mineralogy
516 and oxidation of sands provided evidence of a hillslope – stream connection mainly due to erosion
517 caused by periodic surface runoff generation under more extreme rainfall (Figure 5). The most

518 likely mechanism was saturation excess overland flow (Dehaspe et al., 2018), since soils
519 throughout the catchment have high infiltration capacities in excess of 200 mm/h (in contrast to
520 Zimmermann et al., 2012). Under such extreme conditions, the dense forest cover does not play a
521 significant role on flood generating runoff mechanisms anymore (e.g. Birkel et al., 2012 from
522 another tropical volcanic Costa Rican catchment) that can also be associated to dominate material
523 transport in steep, tropical, volcanic catchments.

524 Contrary to other extra-tropical studies (e.g. Hudson, 2003; Rovira and Batalla, 2006), we
525 excluded a sediment exhaustion effect over the year. In the San Lorencito catchment, sediments
526 seemed to always be available and constantly moving, even though there was sediment depletion
527 over the dry season due to less rainfall events, increased infiltration of soils and the interception
528 effect of the vegetation cover on the hillslopes. It might well be that sediment availability is key
529 for rapid landscape transformations in the humid, volcanic tropics. However, more measurements
530 combining sediment fingerprinting similar to Duvert et al. (2010) and Martínez-Mena et al. (1999)
531 with efforts to quantify loads and their particle size distribution over a longer period will be
532 necessary to confirm these initial results.

533

534 **5. Conclusions and outlook**

535 The challenge of working in tropical environments is partly reflected in less monitored catchments
536 on a global scale. For example, the recent global review on erosion and sediment dynamics in the
537 tropics by Labriere et al. (2015) did not include any study from Central America as an indication
538 of the under-represented monitoring in the region. Apart from the study by Jansson (2002) that
539 looked at event-scale SSC – Q hysteresis to determine sediment sources and the large-scale study

540 by Krishnaswamy et al. (2001), there are to the best of our knowledge no systematic high-temporal
541 resolution studies reported in the literature. Ziegler et al. (2014) estimated the uncertainty in SSC
542 – Turbidity data from Thailand to be a major source of error in high load estimates over longer
543 periods. In that sense, sensor equipment with a large NTU range (0 to 10000 NTU) is needed to
544 capture the complete variability of runoff – turbidity events. Such events need to be accompanied
545 by high-resolution sediment sampling with an appropriate sampling strategy that captures the
546 complete particle size classes from fine to coarse material.

547 The hillslope – stream connectivity can only quantitatively be assessed with automatic
548 measurements of eroded material volumes and particles from the hillslopes at the same (or close)
549 temporal sampling resolution. Our soil erosion measurements adapted from Hancock and Lowry
550 (2015) in combination with a morphometric analysis of soils and sediments provided some
551 evidence of such a hillslope – stream connectivity. However, estimates of erosion rates will need
552 either a process-based model analysis using our preliminary data or a sediment fingerprinting in
553 form of e.g. radioisotope analysis and/or a combination of both to further explore and quantify
554 sediment loads and land-forming processes.

555

556 This study aimed to gain more insights into the spatio-temporal variability of sediment sources,
557 availability, and transport dynamics in humid tropical volcanic landscapes via intense monitoring.

558 The study emphasized the importance of combined hydro-geomorphic data collection using high
559 temporal resolution sensors and basic synoptic surveys of soil erosion and sediment material
560 properties. In summary, our results indicated that sediment transport dynamics in steep humid
561 tropical volcanic areas, as represented by the study catchment, are highly dynamic by nature

562 against a background of high but unquantified sediment loads. Generally, sediments were supplied
563 to the stream from the hillslopes in the form of laminar erosion triggered by saturation excess
564 overland flow. However, extreme events with the occurrence of landslides exert an overriding
565 impact on sediment dynamics even with 100% primary rainforest cover. In response to such an
566 extreme event, runoff-turbidity relationships switched from a non-hysteretic to a strongly
567 hysteretic behaviour after the extreme event. Nevertheless, our results indicated that the system of
568 sediment dynamics was very resilient, as the post-event recovery was relatively quick (around 3
569 months). We also found that during our preliminary monitoring in the tropical, tertiary volcanic
570 environment of the study site, turbidity and discharge are only weak indicators of sediment load
571 and no meaningful discharge – SSC rating curve could be developed (Figure 9). This might limit
572 the use of turbidity data for use of sediment load studies in these environments, but we need more
573 data over much longer measurement periods to be affirmative.

574 We conclude that more studies are needed in tropical, volcanic catchments to provide high-
575 resolution baseline data for process-based model development applied to inform water users such
576 as e.g. hydropower companies about the natural sediment load dynamics and budgets of headwater
577 catchments that provide much of the ecosystem services used downstream. This study provided
578 important first insights into the timing of sediment dynamics and allowed for the formulation of
579 preliminary hypotheses of sediment sources and transport mechanisms. However, to quantify these
580 aspects of hillslope-stream connectivity, we need to combine high temporal resolution monitoring
581 over longer time periods with high spatial resolution erosion and sediment measurements.
582 Remotely sensed imagery from LiDAR-equipped drone applications and radioisotopes for
583 sediment fingerprinting might help in this regard and allow us to quantitatively assess

584 geomorphological changes to stream networks and their transport rates in tropical, volcanic
585 catchments.

586

587 **Acknowledgements**

588 A British Geomorphological Society early career grant to JG and CB allowed initiating this work.
589 An Ideawild grant to CB contributed with an equipment donation. The University of Costa Rica
590 Research Council (projects B4239, B8709) supported this project. We thank the ReBAMB staff
591 and students for helping with logistics and fieldwork. The data can be obtained upon request from
592 the corresponding author.

593 **References**

- 594 American Public Health Association, American Water Works Association, Water Environment
595 Federation. 1999. Standard methods for the examination of water and wastewater. United States.
- 596 Bergoeing, J.P., 2007. Geomorphology of Costa Rica. Librería Francesa: San José, Costa Rica.
597
- 598 Birkel, C., Soulsby, C., Tetzlaff, D., 2012. Modelling the impacts of land cover change on
599 streamflow dynamics of a tropical rainforest headwater catchment. *Hydrological Sciences*
600 *Journal*. DOI: 10.1080/02626667.2012.728707.
601
- 602 Birkel, C., Geris, J., Molina, M.J., Mendez, C., Arce, R., Dick, J., Tetzlaff, D., Soulsby, C., 2016.
603 Hydroclimatic controls on non-stationary stream water ages in humid tropical catchments.
604 *Journal of Hydrology*. 542, 231-240. DOI: 10.1016/j.jhydrol.2016.09.006.
605
- 606 Bonell, M., Bruijnzeel, L.A., 2005. *Forests, Water and People in the Humid Tropics*. Cambridge
607 University Press: Cambridge. DOI: 10.1017/CBO9780511535666.020.
608
- 609 Bracken, L.J., Wainwright, J., Ali, G.A., Tetzlaff, D., Smith, M.W., Reaney, S.M., Roy, A.G.,
610 2013. Concepts of hydrological connectivity: Research approaches, pathways and future
611 agendas. *Earth-Science Reviews*. 119, 17-34. DOI: 10.1016/j.earscirev.2013.02.001.
612
- 613 Buendia, C., Vericat, V., Batalla, R.J., Gibbins, C.N., 2015. Temporal dynamics of sediment
614 transport and transient in-channel storage in a highly erodible catchment. *Land Degradation &*
615 *Development*. 27, 1045–1063. DOI: 10.1002/ldr.2348.
616
- 617 Calvo, J., 1998. Suspended sediment yield prediction models for Costa Rican watersheds.
618 *International Association of Hydrological Sciences*. 253, 27–32.
619
- 620 Chang, J.H., Lau, L.S., 1983. Definition of the humid tropics. In *Hydrology and Water*
621 *Management in the Humid Tropics*, Bonell M, Hufschmidt MM, Gladwell JS (eds.). Cambridge
622 University Press: Cambridge; 571–575.
623
- 624 Chappell, N.A., Douglas, I., Hanapi, J.M., Tych, W., 2004. Sources of suspended sediment within
625 a tropical catchment recovering from selective logging. *Hydrological Processes*. 18, 685–701.
626 DOI: 10.1002/hyp.1263.
- 627 Cheraghi, M., Jomaa, S., Sander, G.C., Barry, D.A., 2016. Hysteretic sediment fluxes in rainfall-
628 driven soil erosion: Particle size effects. *Water Resources Research*. 52, 8613-8629. DOI:
629 10.1002/2016WR019314.
630
- 631 Chow, V.T., 1959. *Open channel hydraulics*. McGraw-Hill, New York.
632
- 633 Dehaspe, J., Birkel, C., Tetzlaff, D., Sánchez-Murillo, R., Durán-Quesada, A.M., Soulsby, C.,
634 2018. Spatially distributed tracer-aided modelling to explore water and isotope transport, storage

635 and mixing in a pristine, humid tropical catchment. *Hydrological*
636 *Processes*. 32, 3206– 3224. <https://doi.org/10.1002/hyp.13258>.
637

638 Denyer, P., Montero, W., Alvarado, G.E., 2003. Atlas tectónico de Costa Rica. UCR: San José.

639 Downing, J.A., Cole, J.J., Duarte, C.M., Middelburg, J.J., Melack, J.M., Prairie, Y.T.,
640 Kortelainen, P., Striegl, R.G., McDowell, W.H., Tranvik, L.J., 2012. Global abundance and size
641 distribution of streams and rivers. *Inland Waters*. 2, 229–236. DOI: 10.5268/IW-2.4.502.
642

643 Duvert, C., Gratiot, N., Evrard, O., Navratil, O., Némery, J., Prat, C., Esteves, M., 2010. Drivers
644 of erosion and suspended sediment transport in three headwater catchments of the Mexican
645 Central Highlands. *Geomorphology*. 123, 243-256. DOI: 10.1016/j.geomorph.2010.07.016.

646 Fagan, M.E., DeFries, R.S., Sesnie, S.E., Arroyo, J.P., Walker, W., Soto, C., Chazdon, R.L.,
647 Sanchun, A., 2013. Land cover dynamics following a deforestation ban in northern Costa Rica.
648 *Environmental Research Letters*. 8. DOI: 10.1088/1748-9326/8/3/034017.

649 Foley, J.A., DeFries, R., Asner, G.P., Barford, C., Bonan, G., Carpenter, S.R., Chapin, F.S., Coe,
650 M.T., Daily, G.C., Gibbs, H.K., Helkowsky, J.H., Holloway, T., Howard, E.A., Kucharik, C.J.,
651 Monfreda, C., Patz, J.A., Prentice, C., Ramankutty, N., Snyder, P.K., 2005. Global
652 Consequences of Land Use. *Science*. 309. DOI: 10.1126/science.1111772.
653

654 Fryers, K., 2013. (Dis)Connectivity in catchment sediment cascades: a fresh look at the sediment
655 delivery problem. *Earth Surface Processes and Landforms*. 38, 30-46. DOI: 10.1002/esp.3242.

656 Giorgi, F. 2006. Climate change hot-spots. *Geophysical Research Letters*. 33. DOI:
657 10.1029/2006GL025734.

658 González, J.E., Georgescu, M., Lemos, M.C., Hosannah, N., Niyogi, D., 2017. Climate change's
659 pulse is in Central America and the Caribbean. *Eos* 98. DOI: 10.1029/2017EO071975.

660 Hancock, G.R., Lowry, J.B.C., 2015. Hillslope erosion measurement --a simple approach to a
661 complex process. *Hydrological Processes*. 29, 4809–4816. DOI: 10.1002/hyp.10608.

662 Henríquez, C., Cabalceta, G., 2012. Guía práctica para el estudio introductorio de los suelos con
663 un enfoque agrícola. Costa Rican Association of Soil Science: San José.

664 Hudson, P.F., 2003. Event sequence and sediment exhaustion in the lower Panuco Basin,
665 Mexico. *Catena*. 52, 57-76. DOI: 10.1016/S0341-8162(02)00145-5.

666 Jansson, M., 2002. Determining sediment source areas in a tropical river basin, Costa Rica.
667 *Catena*. 47, 63-84.

668 Krishnaswamy, J., Halpin, P.N., Richter, D.D., 2001a. Dynamics of sediment discharge in relation
669 to land-use and hydro-climatology in a humid tropical watershed in Costa Rica. *Journal of*
670 *Hydrology*. 253, 91-109. DOI: 10.1016/S0022-1694(01)00474-7.
671

672 Krishnaswamy, J., Richter, D., Halpin, P., Hofmockel, M., 2001b. Spatial patterns of suspended
673 sediment yields in a humid tropical watershed in Costa Rica. *Hydrological Processes*. 5, 2237-
674 2257. DOI: 10.1002/hyp.230.
675

676 Labrière, N., Locatelli, B., Laumonier, Y., Freycon, V., Bernoux, M., 2015. Soil erosion in the
677 humid tropics: A systematic quantitative review. *Agriculture, Ecosystems & Environment*. 203,
678 127-139. DOI: 10.1016/j.agee.2015.01.027.
679

680 Loescher, H.W., Powers, J.S., Oberbauer, S.F., 2002. Spatial variation of throughfall volume in an
681 old-growth tropical wet forest, Costa Rica. *Journal of Tropical Ecology*. 18, 397-407. DOI:
682 10.1017/S0266467402002274.
683

684 López-Tarazón, J.A., Estrany, J., 2017. Exploring suspended sediment delivery dynamics of two
685 Mediterranean nested catchments. *Hydrological Processes*. 31, 698– 715.
686 DOI: [10.1002/hyp.11069](https://doi.org/10.1002/hyp.11069).
687

688 Martínez-Mena, M., Alvarez-Rogel, J., Albaladejo, J., Castillo, V., 1999. Influence of vegetal
689 cover on sediment particle size distribution in natural rainfall conditions, in a semiarid
690 environment. *Catena*. 38, 175–190.
691

692 Mills, C.F., Bathurst, J.C., 2015. Spatial variability of suspended sediment yield in a gravel-bed
693 river across four orders of magnitude of catchment area. *Catena*. 133, 14-24.
694 <https://doi.org/10.1016/j.catena.2015.04.008>.
695

696 Muñoz-Villers, L.E., McDonnell, J.J., 2012. Runoff generation in a steep, tropical montane cloud
697 forest catchment on permeable volcanic substrate. *Water Resources Research*. 48. DOI:
698 10.1029/2011WR011316.
699

700 NOAA., 2016.
701 http://www.cpc.ncep.noaa.gov/products/analysis_monitoring/ensostuff/ensoyears.shtml (last
702 visited July 2017).
703

704 Norambuena, P., Luzio, W., Vera, W., 2002. Comparison between the pipette and bouyoucos
705 methods and their relation with water retention in eight soils of the andean plateau, Parinacota
706 Province, Chile. *Agricultura Técnica*. 62. DOI: 10.4067/S0365-28072002000100015.

707 Perks, M.T., Owen, G.J., Benskin, C.M., Jonczyk, J., Deasy, C., Burke, S., Reaney, S.M.,
708 Haygarth, P.M., 2015. Dominant mechanisms for the delivery of fine sediment and phosphorus
709 to fluvial networks draining grassland dominated headwater catchments. *Science of the Total*
710 *Environment*. 523, 178-190. DOI: 10.1016/j.scitotenv.2015.03.008.

711 R Development Core Team. 2016. R: A Language and Environment for Statistical Computing. R
712 Foundation for Statistical Computing: Vienna.
713

714 Rovira, A., Batalla, R.J., 2006. Temporal distribution of suspended sediment transport in a
715 Mediterranean basin: The Lower Tordera (NE Spain). *Geomorphology*. 79, 58-71. DOI:
716 10.1016/j.geomorph.2005.09.016.

717 Salazar-Rodríguez, A.H., 2003. Reserva Biológica Alberto Manuel Brenes: Una excepción en
718 Costa Rica. *Revista InterSedes* 8.

719

720 Shanley, J.B., McDowell, W.H., Stallard, R.F., 2011. Long-term patterns and short-term
721 dynamics of stream solutes and suspended sediment in a rapidly weathering tropical watershed.
722 *Water Resources Research*. 47. DOI: 10.1029/2010WR009788.

723

724 Sharon, D., 1980. The distribution of hydrologically effective rainfall incident on sloping
725 ground. *Journal of Hydrology*. 46, 165-188. DOI: 10.1016/0022-1694(80)90041-4.

726

727 Thomas, M.F., 1994. *Geomorphology in the Tropics: A Study of Weathering and Denudation in*
728 *Low Latitudes*. John Wiley and Sons: Chichester.

729

730 Tricart, J., 1965. *Principes et méthodes de la géomorphologie*. Masson et Cie Éditeurs: Paris.

731 Vargas, G., 1978. Diagnóstico y recomendaciones para el manejo y ordenamiento de los recursos
732 naturales de la cuenca del río San Lorenzo, Alajuela, Costa Rica (unpublished thesis). University
733 of Costa Rica.

734

735 Veas, N., 2009. Caracterización y estimación de la erosión laminar en un bosque pre-montano a
736 partir de un modelado hidrológico. Microcuenca del río San Lorencito, Cordillera Volcánica de
737 Tilarán, Costa Rica. (unpublished thesis). University of Costa Rica.

738 Walsh, R.P.D., Bidin, K., Blake, W.H., Chappell, N.A., Clarke, M.A., Douglas, I., Ghazali, R.,
739 Sayer, A.M., Suhaimi, J., Tych, W., Annammala, K.V., 2011. Long-term responses of rainforest
740 erosional systems at different spatial scales to selective logging and climatic change.
741 *Philosophical Transactions of the Royal Society London B Biological Sciences*. 366 (1582),
742 3340–3353. DOI: 10.1098/rstb.2011.0054.

743 Wohl, E., Barros, A., Brunsell, N., Chappell, N., Coe, M., Giambelluca, T., Goldsmith, S.,
744 Harmon, R., Hendrickx, J., Juvik, J., McDonnell, J., Ogden, F., 2012. The hydrology of the
745 humid tropics. *Nature Climate Change*. 2, 655-662. DOI: 10.1038/nclimate1556.

746 Zhang, Z., Tao, F., Shi, P., Xu, W., Sun, Y., Fukushima, T., Onda, Y., 2010. Characterizing the
747 flush of stream chemical runoff from forested watersheds. *Hydrological Processes*. 24(20), 2960
748 - 2970. DOI: 10.1002/hyp.7717.

749 Ziegler, S.G. Benner, C. Tantasirin, S.H. Wood, R.A. Sutherland, R.C. Sidle, N.R.A. Jachowski,
750 X. Lu, A. Snidvongs, T.W. Giambelluca, J.M. Fox. 2014. Turbidity-based sediment monitoring
751 in northern Thailand: hysteresis, variability, and uncertainty. *Journal of Hydrology*. DOI:
752 10.1016/j.jhydrol.2014.09.010.

753 Zimmermann, A., Francke, T., Elsenbeer, H., 2012. Forests and erosion: Insights from a study of
754 suspended-sediment dynamics in an overland flow-prone rainforest catchment. *Journal of*
755 *Hydrology*. 27, 170-181. DOI: 10.1016/j.jhydrol.2012.01.039.

756
757 Zuecco, G., Penna, D., Borga, M., van Meerveld, H.J., 2016. A versatile index to characterize
758 hysteresis between hydrological variables at the runoff event timescale. *Hydrological Processes*.
759 30, 1449-1466. DOI: 10.1002/hyp.10681.

760

761

762

763

764

765

766

767

768

769 **TABLES**

770

771 **Table I.** Basic catchment descriptors and data properties for hydro-meteorological and

772 geomorphologic context.

Descriptor	Unit	Mean [Range]
Area	km ²	3.2
<i>Topography</i>		
Elevation	m.a.s.l.	1133.5 [873.7-1472.4]
Slope	°	22.3 [0.15-52]
Drainage Density (1:200000)	km/km ²	0.016
Stream Slope	°	20.5
Sediment Transport Index		17.04 [0-390]
Terrain Ruggedness Index		1.63 [0.01-5.03]
<i>Hydroclimatic</i>		
Annual P 2015-2016	mm	2762
Annual PET 2015-2016	mm	425
Annual Q 2015-2016	mm	2448

773

774

775

776

777

778

779

780

781

782

783

784 **Table II.** The hydro-meteorological characteristics (8 variables) of the selected rainfall events
785 during the study period (co-linear variables were removed) plus the hysteresis index of Zuecco et
786 al. (2016) and classification are shown. The four events marked in italics were used for further
787 analysis and note that the second (extreme) event marks the pre- and post-event periods used in
788 the analysis. The mean and standard deviation was calculated without the August 2015 extreme
789 event. The selected variables were a 7-day Antecedent Wetness Index – *AWI7d*, rainfall magnitude
790 *M*, maximum rainfall intensity – *Imax*, discharge event range – *Q range*, lag time from rainfall
791 peak to discharge peak – *P_Qlag*, turbidity event range – *Range*, lag time from rainfall peak to
792 turbidity peak – *P_TUlag*, lag time from turbidity peak to discharge peak – *TU_Qlag*.

Event Date	AWI7d (mm)	M (mm)	Imax (mm/h)	Q range (m ³ /s)	P_Qlag (h)	Range (NTU)	P_TUlag (h)	TU_Qlag (h)	Hyst index	Hyst Class
13-14/6/2015	74.89	13.21	13.21	0.34	1	587.66	6	6	0.063	2
16-18/6/2015	68.55	29.71	8.64	1.16	1	998.08	2.5	1.5	*	*
<i>1) 19-20/6/2015</i>	59.4	8.38	3.58	0.69	1.5	69.09	2.5	1	*	*
24-25/6/2015	58.87	22.05	7.36	0.79	7	413.01	8.5	1.5	*	*
26/6/-2/7/2015	75.84	26.63	3.55	1.26	13.5	463.3	13.5	0	0.036	2
7-8/7/2015	42.81	38.08	19.3	3.08	3.5	204.4	0.5	0.5	0.065	2
10-11/7/2015	91.26	28.95	18.54	0.75	1	84.24	3.5	2.5	*	*
14-15/7/2015	127.32	2.78	2.03	1.69	2	786.55	2.5	0.5	0.576	4
19-21/7/2015	39.5	25.13	22.1	4.2	1	580.82	4	3	0.098	4
29-30/7/2015	29.11	56.65	27.43	17.25	0.5	704.43	-3.5	-2	0.545	1
8-10/8/2015	24.53	132.33	40.13	4.99	2.5	813.05	2.5	0	0.341	1
<i>2) 10-11/8/2015</i>	158.64	98.57	77.22	343.77	0	974.06	1	1	0.126	1
31/8-1/9/2015	8.61	59.19	29.72	1.75	0.5	929.61	1.5	1	0.124	3
11-12/9/2015	55.34	44.95	32.51	9.62	1	760.64	7.5	6.5	0.11	1
13-14/9/2015	106.89	38.1	29.47	3.89	1.5	636.58	0.5	-1	0.186	2
17-18/09/2015	93.93	10.16	9.66	1.4	1	762	2	1	-0.32	4
19-20/09/2015	56.82	4.32	4.07	1.34	0.5	854.2	3	2.5	0.558	4
20-21/09/2015	22.03	10.92	6.61	0.8	1	425	2.5	1.5	0.039	2
21-22/09/2015	32.2	48.01	32.52	14.3	1	722.1	1	0	0.127	1
22-23/09/2015	80.96	35.05	25.4	3.73	0.5	939.1	4	3.5	0.205	2
<i>3) 27-28/09/2015</i>	126.67	34.79	33.02	6.68	0.5	877.4	7	6.5	0.036	1
12-13/10/2015	76.82	8.64	5.59	1.11	1	906.9	9.5	8.5	0.213	5
16-18/10/2015	76.61	49.77	26.67	10.7	1.5	327.5	0	-1.5	0.215	1
20-23/10/2015	90.59	50.3	21.59	7.03	7.5	636.8	1.5	-6	0.033	2
05-07/11/2015	28.39	35.56	19.56	4.33	0.5	508.2	0.5	0	0.086	2
31/12/2015 - 02/01/2016	8.59	19.29	4.83	0.76	2.5	997.2	4.5	2	0.628	4
27/4/2016	6.59	45.22	40.39	0.47	1	57.9	6	5	0.32	6
<i>4) 26-27/5/2016</i>	9.33	12.69	11.68	1.12	1.5	222.42	1.5	0	0.064	2
31/5-2/6/2016	34.73	35.56	31.5	2.72	1	191.77	0.5	-1	0.016	3
<i>Mean:</i>	<i>57.4</i>	<i>33.1</i>	<i>18.9</i>	<i>3.9</i>	<i>2.1</i>	<i>587.9</i>	<i>3.4</i>	<i>1.5</i>		

<i>Std. Dev.:</i>	35.0	25.4	12.1	4.4	2.8	298.6	3.5	3.0		
-------------------	------	------	------	-----	-----	-------	-----	-----	--	--

793 *no hysteretic behaviour detected.

794

795

796

797

798

799

800

801

802

803

804

805

806

807

808

809

810

811

812

813

814

815

816

817

818

819

820

821

822

823

824

825

826

827

828

829

830

831

832

833 **Table III.** Pre-event (upper panel in Grey italics) and post-event (lower panel in black)
 834 Spearman rank correlation matrix of eight selected rainfall-runoff-turbidity parameters.
 835 Statistical significance is given by asterisks (* = 90%, ** = 95% and *** = 99%).

	AWI7d (mm)	M (mm)	lmax (mm/h)	Qrange (m ³ /s)	P_Qlag (h)	Range (NTU)	P_TUlag (h)	TU_Qlag (h)
AWI7d (mm)	1	<i>-0.61 (*)</i>	<i>-0.84 (**)</i>	<i>-0.66 (*)</i>	<i>0.13</i>	<i>-0.19</i>	<i>0.34</i>	<i>0.27</i>
M (mm)	-0.01	1	<i>0.81 (**)</i>	<i>0.58 (*)</i>	<i>-0.19</i>	<i>0.33</i>	<i>-0.46</i>	<i>-0.42</i>
lmax (mm/h)	0.1	0.71 (**)	1	<i>0.65 (*)</i>	<i>-0.41</i>	<i>0.22</i>	<i>-0.4</i>	<i>-0.1</i>
Qrange (m ³ /s)	0.47	0.63 (**)	0.48	1	<i>-0.17</i>	<i>0.58 (*)</i>	<i>-0.42</i>	<i>-0.52</i>
P_Qlag (h)	-0.13	0.36	-0.1	-0.03	1	<i>-0.19</i>	<i>0.44</i>	<i>-0.24</i>
Range (NTU)	0.4	-0.42	-0.38	0.01	-0.23	1	<i>-0.19</i>	<i>-0.27</i>
P_TUlag (h)	-0.01	-0.4	-0.07	-0.4	-0.28	0.56 (*)	1	<i>0.45</i>
TU_Qlag (h)	-0.04	-0.48	-0.03	-0.38	-0.54 (*)	0.52 (*)	0.93 (***)	1

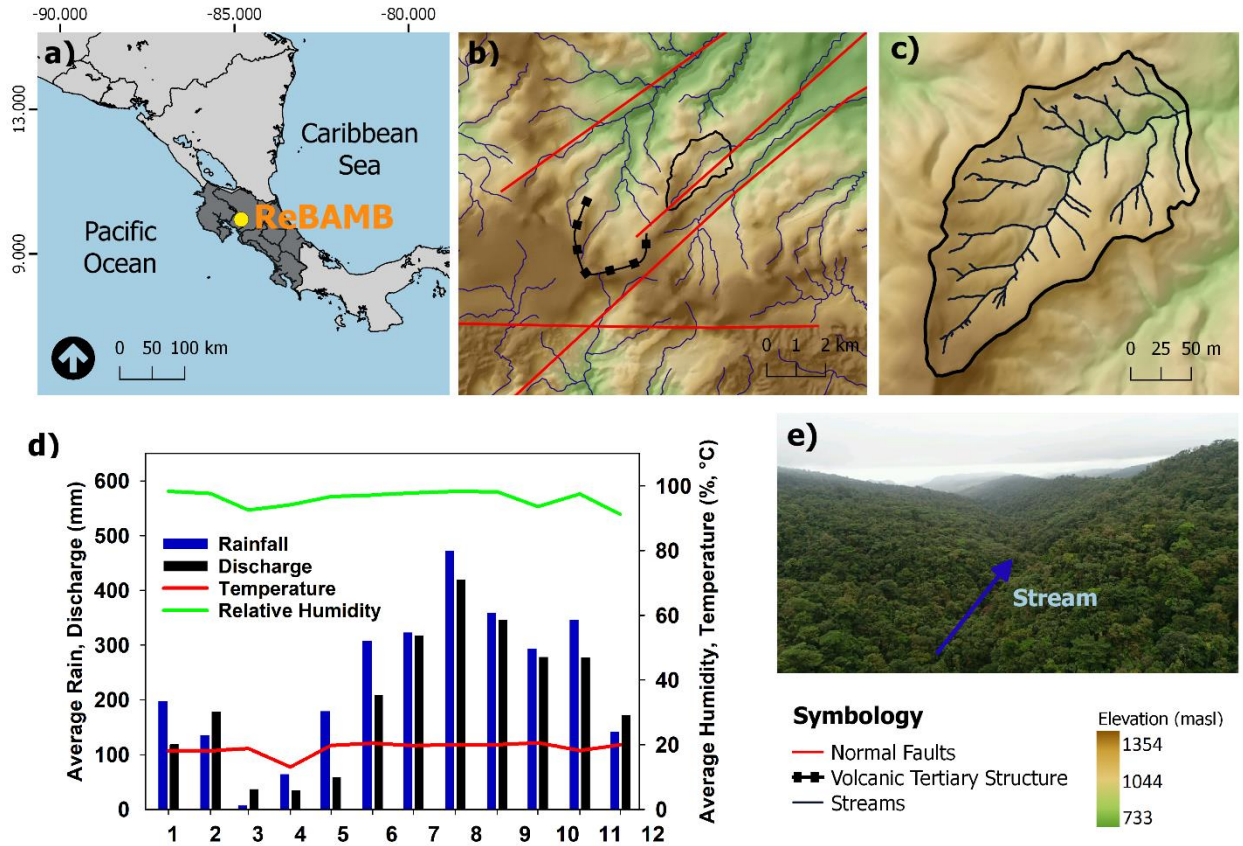
836

837

838

839

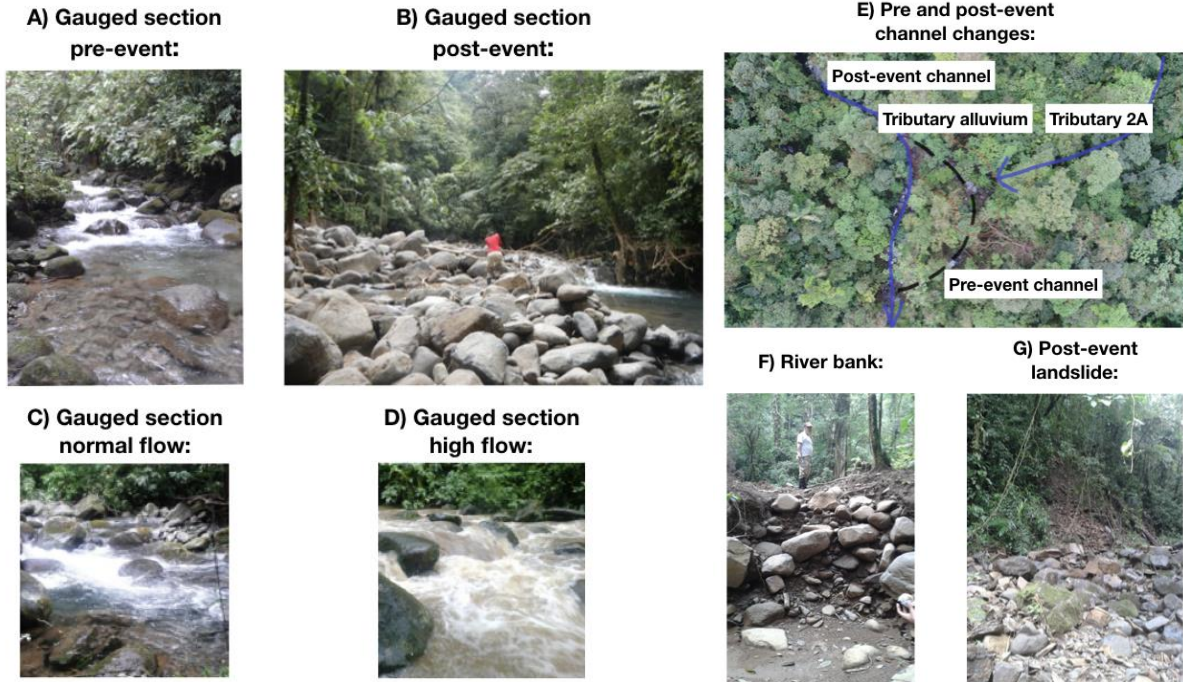
840 **FIGURES**



841

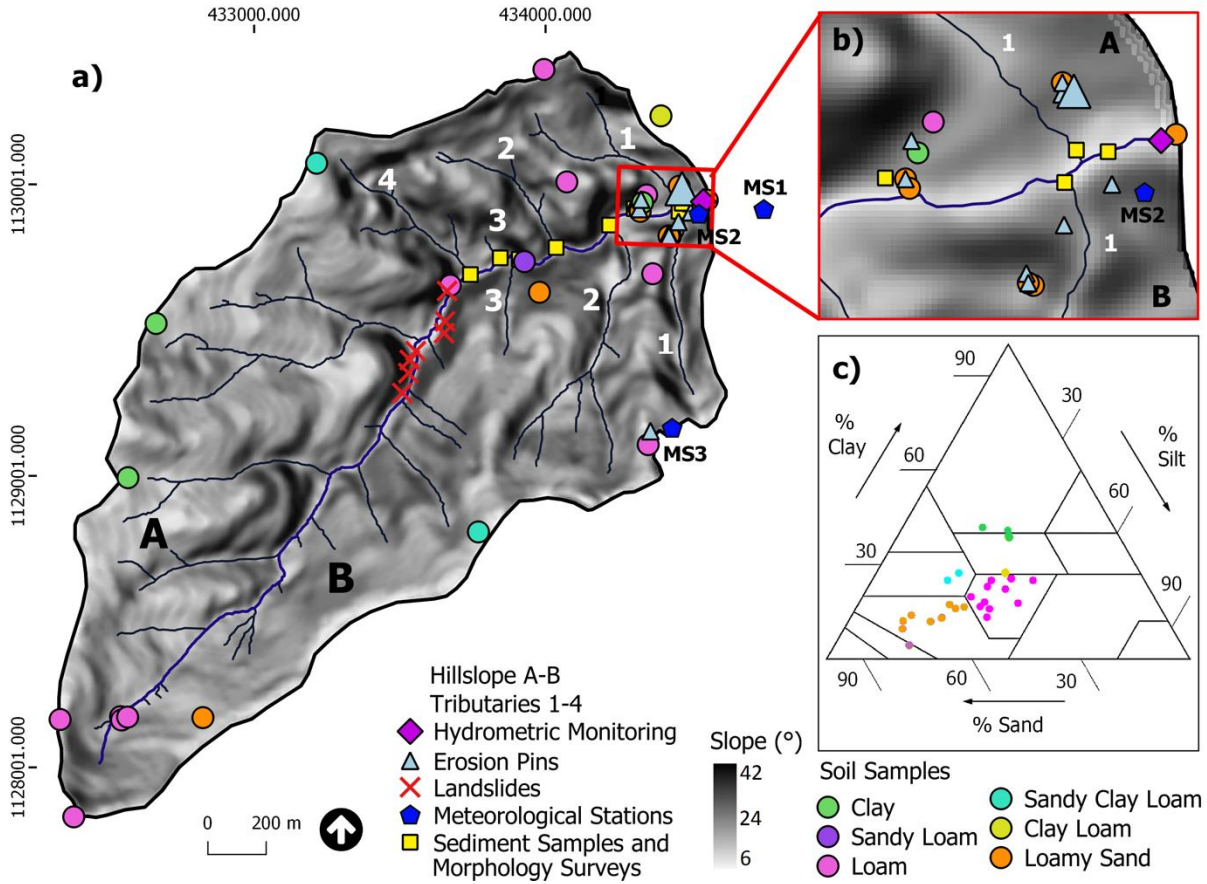
842 **Figure 1.** a) Regional context showing the location of the San Lorencito catchment in Costa Rica,
 843 Central America with b-c) topography, volcanic, and tectonic geological features (fault lines and
 844 the tertiary volcano remnant) that affect sediment dynamics (Denyer et al., 2003), d) monthly
 845 climate regime from January to December (1 to 12) based on the measurements of 2015-2016, and
 846 e) aerial image of the dense rainforest.

847



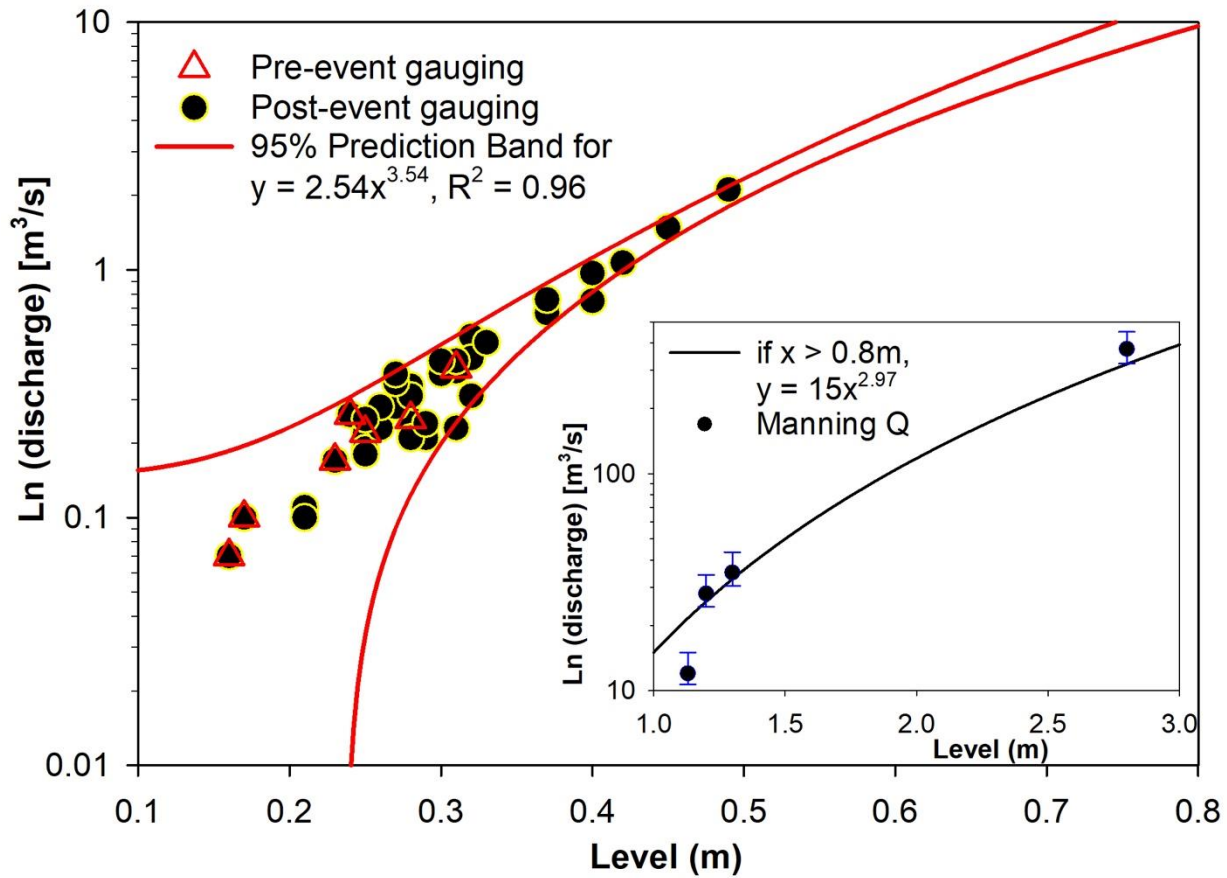
848

849 **Figure 2.** A and B) The pre-event step-pool stream morphology looking upstream from the gauged
 850 section and the widened post-event section with material deposits. C and D) show the flow in
 851 normal conditions and high flow with turbid water. E) Reconstructed stream channel modifications
 852 and the tributary influence in contributing alluvial material. F) Post-event eroded stream bank
 853 showing the previously deposited fluvial material. G) Post-event landslide incorporating fresh
 854 material into the stream.



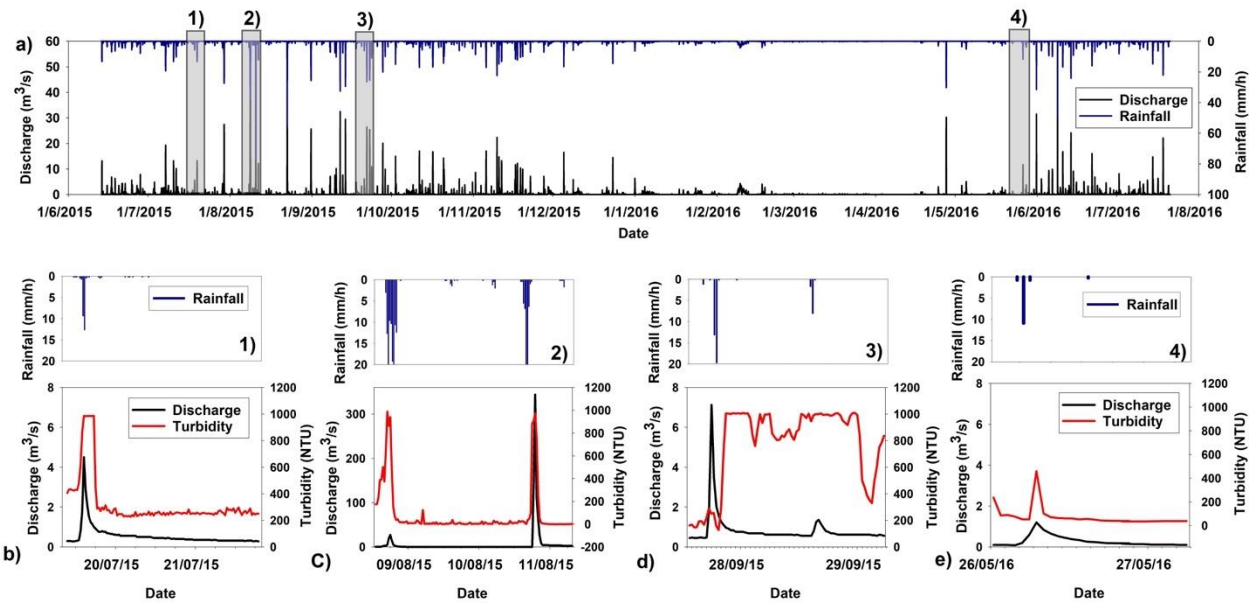
855

856 **Figure 3.** a) The slope map (grey scale) shows the location of monitoring equipment
 857 (hydrometric and meteorological stations MS with MS1 recording gross precipitation and MS2
 858 and MS3 throughfall) and spatial surveys, b) the detailed map indicates the locations of soil,
 859 erosion (larger triangle shows the largest soil erosion measurement), landslides and sediment
 860 surveys dictated by site access, and c) the distribution of the processed and colour coded soil
 861 samples across the United States Department of Agriculture (USDA) texture triangle.



862

863 **Figure 4.** The preliminary two-stage rating curve for the San Lorencito stream based on 37
 864 manual gaugings (7 pre-event in red triangles and 30 post-event in yellow-black circles) and four
 865 re-constructed largest peak flows with overbank flow using Manning's equation (inlet graph).
 866 The error bars were calculated systematically varying Manning's n roughness coefficient.



867

868 **Figure 5.** a-b) Average hourly rainfall-runoff time series for the study period with four selected
 869 events marked with grey bars emphasizing the discharge-turbidity dynamics during 1) the rainy
 870 season before the extreme event, 2) the major event in August 2015, 3) post-event during the rainy
 871 season and 4) at the beginning of the rainy season in May 2016. All scales are comparable apart
 872 from the major event (2) occurred in August 2015 showing a different scale for visualization
 873 purposes.

874

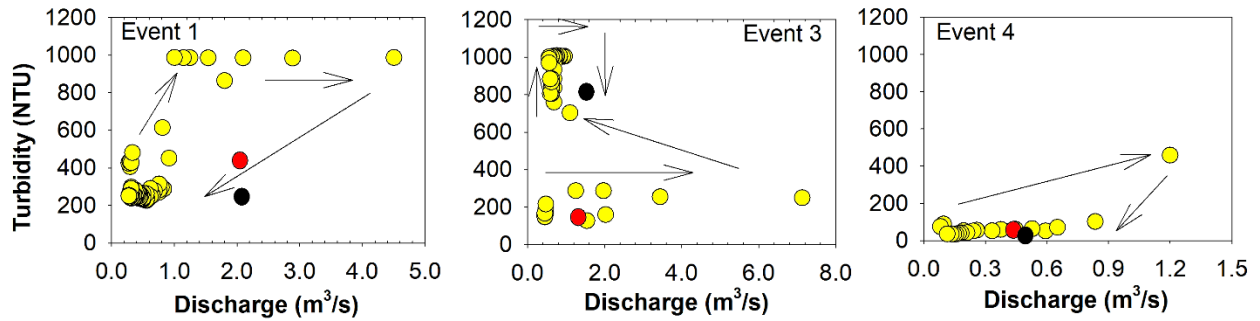
875

876

877

878

879



880

881 **Figure 6.** Discharge – turbidity hysteresis plots for pre-flood event (event 1 in Figure 4) conditions
 882 (clockwise hysteresis), post-flood event (event 3 – anti-clockwise and eight-shaped hysteresis) and
 883 recovery conditions (event 4 – clockwise hysteresis). The turbidity scale is comparable for
 884 visualization purposes and the numbering of events corresponds to Figure 4. Red dots mark the
 885 starting discharge and turbidity, black dots indicate the end of the event and the arrows give the
 886 hysteresis direction.

887

888

889

890

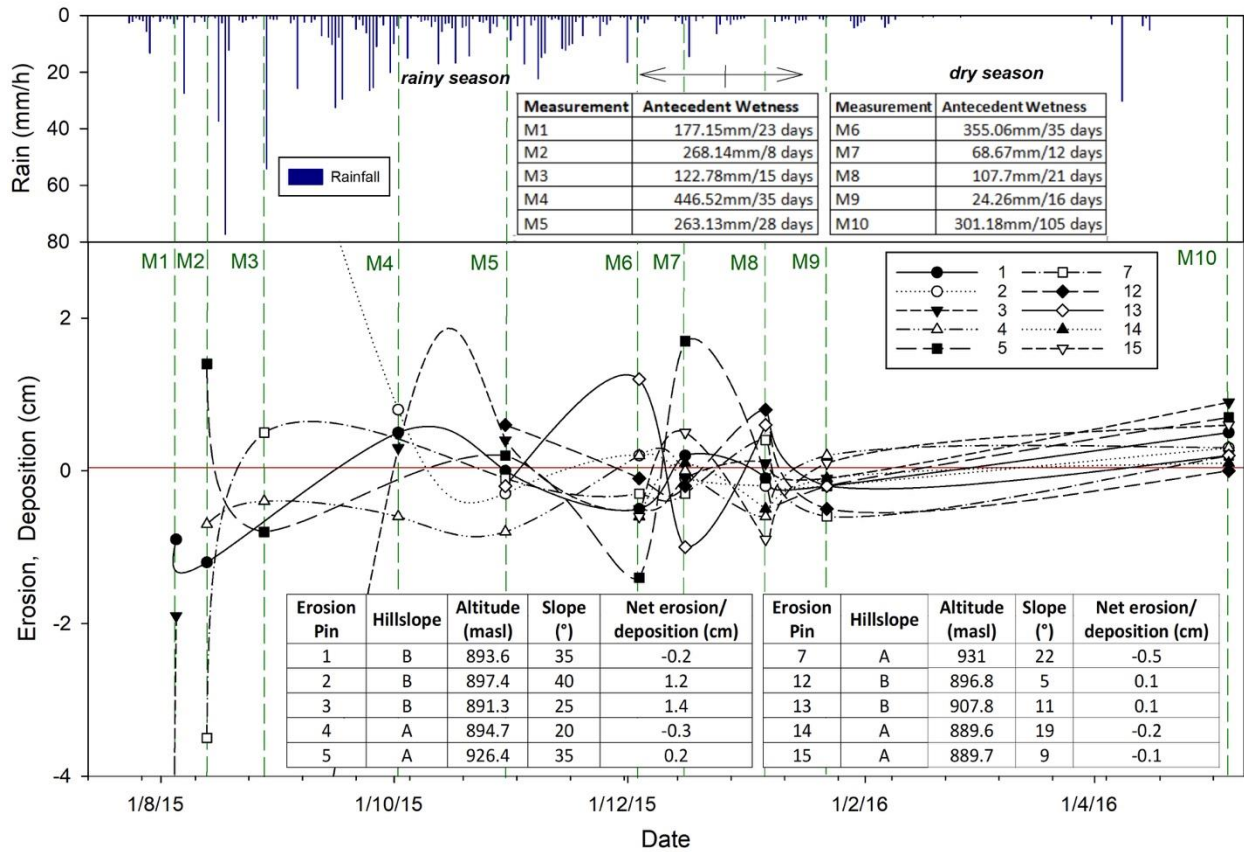
891

892

893

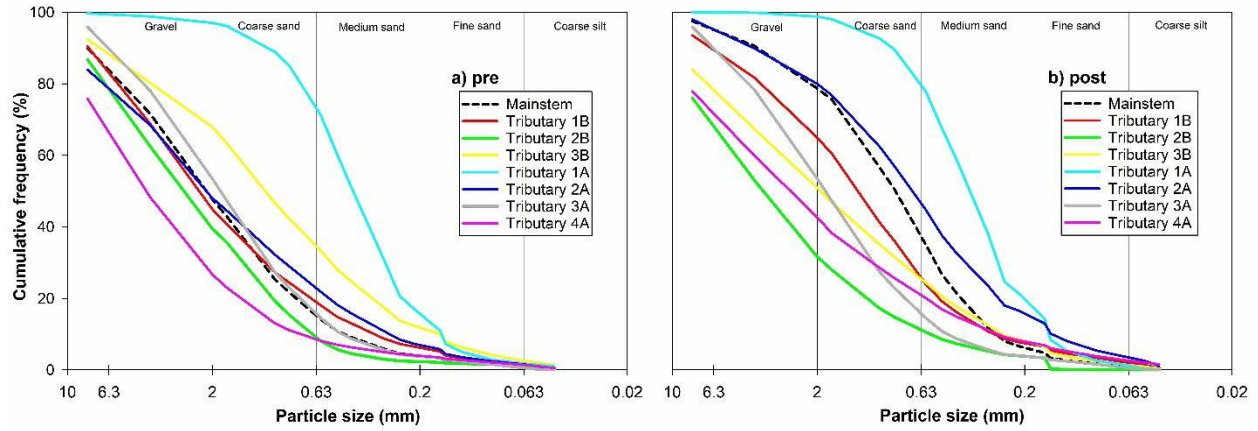
894

895



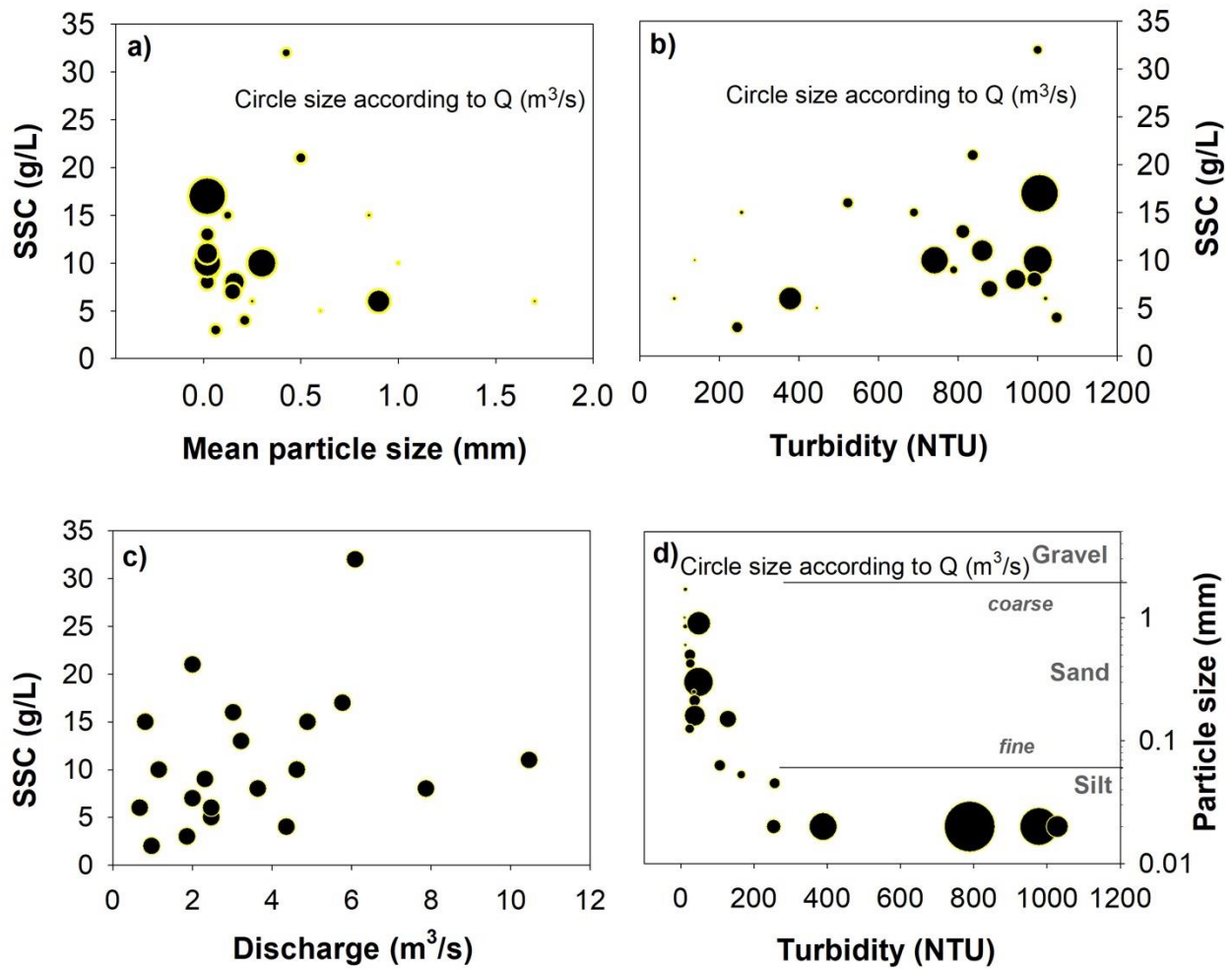
896

897 **Figure 7.** Soil movement was detected using erosion pins for the study period 2015-16 with the
 898 sites (see Figure 2) main physical characteristics (slope and altitude) and the accumulated rainfall
 899 between measurements. Negative values represent erosion and positive values represent
 900 deposition (accumulation of material). The measurements were connected with smoothed lines to
 901 emphasize the temporal variability over the roughly monthly interval. Erosion pin 3 showed the
 902 largest soil erosion and pin 2 the largest deposition (both on hillslope B).



903

904 **Figure 8.** The figure shows the particle size distributions of stream sediments sampled a) before
 905 and b) after the major flood event across the drainage network and tributaries as indicated in
 906 Figure 2 (A, B corresponds to the hillslope location and the increasing numbering of upstream
 907 tributaries).



908

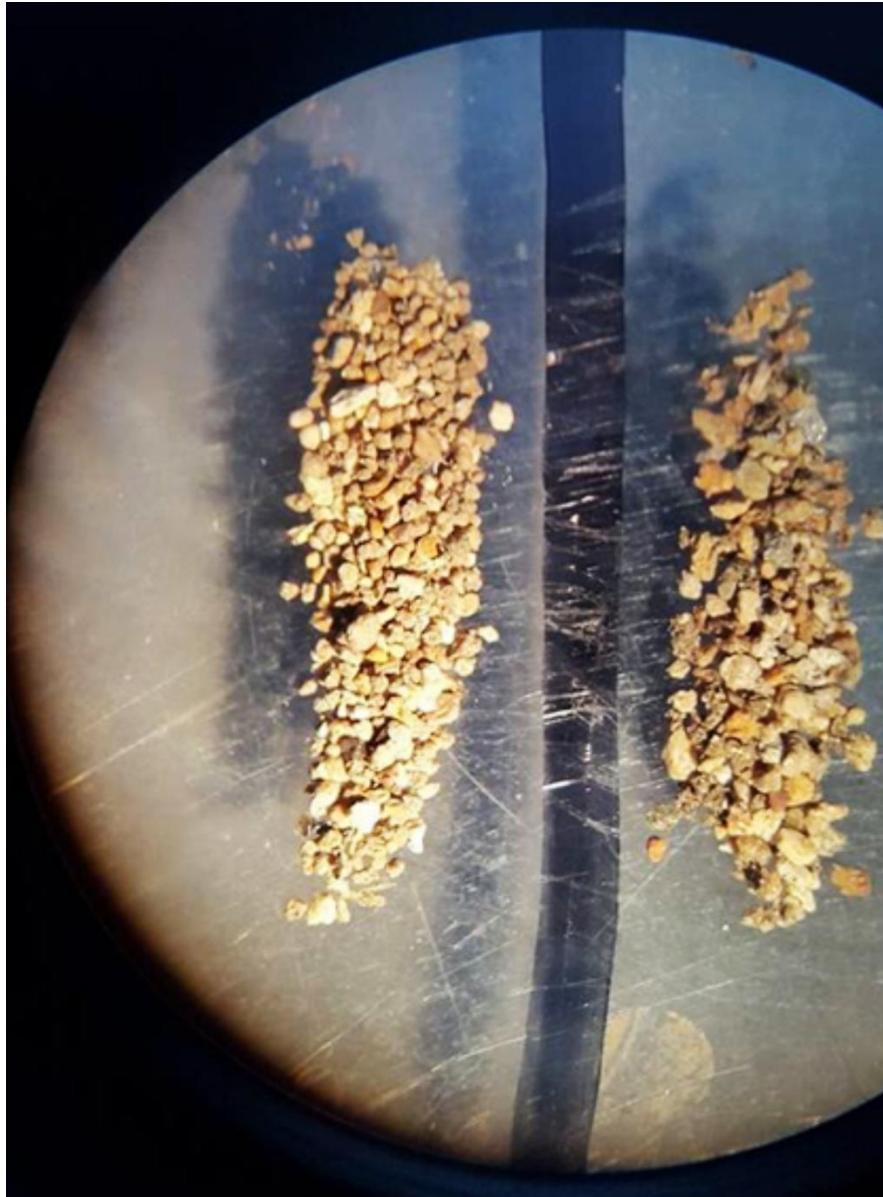
909 **Figure 9.** a) the mean particle size – suspended sediment concentration (SSC in g/L) – discharge
 910 (Q) visualization from 0.2 to 10 m^3/s is plotted for 23 storm event samples and b) the SSC and
 911 turbidity level.

912

913

914

915



917

918 **Figure S1.** Direct stereo microscope comparison of fine sands material properties (angle, oxidation
919 level) recovered from an exemplary soil sample (left hand side) and stream sediment sample of
920 tributary 1B (right hand side). Note that the soil sample was taken from within the contributing
921 sub-catchment area of tributary 1B and shows almost identical mineralogy in support of a
922 hillslope-stream connectivity.