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Assaf Libman and Charlotte Tarry

# Conjugation diameter of the symmetric groups 

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#### Abstract

The conjugation diameter of a group $G$ is the largest diameter of its Cayley graphs with respect to conjugation-invariant generating sets. It is a strong form of the extensively studied concept of the diameter of $G$. We compute the conjugation diameter of the symmetric groups.


## 1. Introduction and main results

Let $G$ be a finite group. Let $\operatorname{diam}(G, S)$ denote the diameter of the associated Cayley $\operatorname{graph} \Gamma(G, S)$ with respect to a generating set $S$. Set $\operatorname{diam}(G)=\sup \{\operatorname{diam} \Gamma(G, S)\}$, where the supremum is taken over all generating sets $S$. This concept has been studied for several decades and was the subject of intensive activity; see [Babai et al. 1990], which gives a good survey. Particular attention was given to the diameter of the symmetric groups [Babai and Seress 1992; Helfgott and Seress 2014] due to its relevance in computing science and networks [Preparata and Vuillemin 1981].

In this note we study the conjugation diameter of a group $G$, which we denote by $\Delta(G)$. That is, $\Delta(G)=\sup \{\operatorname{diam} \Gamma(G, S)\}$, where $S$ runs through all generating sets which are conjugation-invariant and conjugation-finite, i.e., unions of finitely many conjugacy classes in $G$. Conjugation diameter has been studied under the name $C$-width by Bardakov, Tolstykh and Vershinin [Bardakov et al. 2012].

Kędra, Martin and the first author had a geometric motivation in studying conjugation diameter. Any generating set $S$ gives rise to a word norm on $G$, namely the minimum length of a word in $S \cup S^{-1}$ needed to express an element of $G$. Then $\operatorname{diam}(G, S)$ is the diameter of $G$ with respect to this norm and is a measure of the "efficiency" $S$ generates. If $S$ is conjugation-invariant then so is the associated word norm. Conjugation-invariant norms were studied by Burago, Ivanov and Polterovich [Burago et al. 2008], who introduced the concept of bounded groups, namely groups for which every conjugation-invariant norm has finite diameter. In [Kędra et al. 2018] Kędra, Martin and the first author gave several refinements of this concept for groups $G$ which are finitely normally generated; namely there exists a finite

[^0]$X \subseteq G$ such that $\langle\langle X\rangle\rangle=G$. These refinements are defined by the diameter of $G$ with respect to conjugation-invariant word norm and are therefore related to $\Delta(G)$.

For example, it is shown in [Kędra et al. 2018, Theorem 6.3] that all noncompact connected semisimple Lie groups $G$ are uniformly bounded, namely $\Delta(G)<\infty$. In fact (unpublished notes) it can be shown that $\Delta(\operatorname{SL}(2, \mathbb{R}))=4$ and $\Delta(\operatorname{PSL}(2, \mathbb{R}))=3$ and $\Delta(\operatorname{SL}(2, \mathbb{C}))=3$ and $\Delta(\operatorname{PSL}(2, \mathbb{C}))=2$. The second author showed in [Tarry 2020, Chapter 7] that $\Delta(\operatorname{PSL}(n, \mathbb{C})) \leq 6(n-1)$ for all $n \geq 3$. If $R$ is a principal ideal domain with only $d<\infty$ maximal ideals then $\Delta(\operatorname{PSL}(n, R)) \leq 12 d(n-1)$ for any $n \geq 3$ [Kędra et al. 2018, Theorem 6.3].

In general, calculating $\Delta(G)$ is difficult and the purpose of this note is to compute this invariant for some finite groups. If $G$ is finite abelian then $\Delta(G)=\operatorname{diam}(G)$, which was calculated in [Klopsch and Lev 2003], where they showed that if $G=$ $C_{n_{1}} \times \cdots \times C_{n_{r}}$ is the canonical decomposition [Rotman 1973, Corollary 4.7], where $n_{1}|\cdots| n_{r}$, then $\Delta(G)=\sum_{i}\left\lfloor n_{i} / 2\right\rfloor$. Here $\lfloor x\rfloor$ is the floor of $x$.

Beyond abelian groups calculations are more involved. Let $p<q$ be distinct primes such that $p \mid(q-1)$ and let $G$ be the unique nonabelian group of order $p q$. An easy application of Sylow's theorems gives the following theorem, which should be compared with [Babai and Seress 1992, Proposition 5.5], where it is shown that $\operatorname{diam}(G)<3 q$.
Theorem 1.1. Let $p<q$ be primes and $G$ a nonabelian group of order pq. Then

$$
\Delta(G)=\max \left\{\frac{p-1}{2}, 2\right\}
$$

The main result of this paper is the calculation of the conjugation diameter of the symmetric groups. It should be compared with the celebrated results in [Helfgott and Seress 2014].
Theorem 1.2. Let $S_{n}$ denote the symmetric group, $n \geq 2$. Then

$$
\Delta\left(S_{n}\right)=n-1
$$

## 2. Norms and conjugation diameter

Let $X$ be a subset of a group $G$. Set $X^{-1}=\left\{x^{-1}: x \in X\right\}$. If $X, Y \subseteq G$ set $X Y=\{x y: x \in X, y \in Y\}$ and let $X^{n}$ denote $X \cdots X \subseteq G$ ( $n$ factors).
Definition 2.1. Let $X$ be a subset of a group $G$. Set $\operatorname{ccs}(X)=\left\{g x g^{-1}: x \in X, g \in G\right\}$, the union of the conjugacy classes of the elements of $X$. For any $n \geq 0$ define subsets $B_{X}(n)$ of $G$ as follows. Set

$$
B_{X}(0)=\{1\} \quad \text { and } \quad B_{X}(1)=\{1\} \cup \operatorname{ccs}(X) \cup \cos \left(X^{-1}\right)
$$

For any $n \geq 1$ set

$$
B_{X}(n)=B_{X}(1)^{n} \subseteq G
$$

If $X=\{g\}$ is a singleton, we will often write $B_{g}(n)$.

Thus, $B_{X}(n)$ is the set of all "words" of length at most $n$ in the conjugates of the elements of $X$ and their inverses. The following proposition follows directly from the definitions. See [Kędra et al. 2018, Lemma 2.3] and [Tarry 2020, Lemma 1.15] for details.

Proposition 2.2. Let $X, Y$ be subsets of $G$ :
(i) $B_{X}(n)$ is closed under conjugation in $G$.
(ii) If $X \subseteq Y$ then $B_{X}(n) \subseteq B_{Y}(n)$ for all $n \geq 0$.
(iii) $B_{X}(m) \cdot B_{X}(n)=B_{X}(m+n)$.
(iv) If $Y \subseteq B_{X}(n)$ for some $n \geq 0$ then $B_{Y}(m) \subseteq B_{X}(m n)$ for all $m \geq 0$.

Definition 2.3. We say that $X \subseteq G$ normally generates $G$ if $G=\langle\langle X\rangle$. We say that $G$ is finitely normally generated if it contains a finite normally generating set.

Note that $X$ normally generates $G$ if and only if $\bigcup_{n \geq 0} B_{X}(n)=G$. Thus, the following definition makes sense (the minimum is taken over a nonempty set of integers).

Definition 2.4. Suppose that $X$ normally generates $G$. Define $\|\cdot\|_{X}: G \rightarrow \mathbb{R}$ by

$$
\|g\|_{X}=\min \left\{n \geq 0: g \in B_{X}(n)\right\}
$$

Clearly $\|\cdot\|_{X}$ is a conjugation-invariant norm on $G$ [Tarry 2020, Proposition 1.19]. We define

$$
\|G\|_{X}=\operatorname{diam}\left(G,\|\cdot\|_{X}\right)=\sup \left\{\|g\|_{X}: g \in G\right\}
$$

It is immediate from the definitions that

$$
\begin{equation*}
\|G\|_{X}=\inf \left\{n: G \subseteq B_{X}(n)\right\} \tag{1}
\end{equation*}
$$

In particular if $X \subseteq Y$ normally generate $G$ then $\|G\|_{Y} \leq\|G\|_{X}$. Clearly, $B_{X}(n)$ is the closed ball of radius $n$ centred at $1 \in G$ with respect to the metric $\|\cdot\|_{X}$ induces on $G$.

Definition 2.5. The conjugation diameter of a finitely normally generated group $G$ is

$$
\Delta(G)=\sup \left\{\|G\|_{X}: X \subseteq G \text { normally generates } G \text { and }|X|<\infty\right\}
$$

We call $G$ uniformly bounded if $\Delta(G)<\infty$; see [Kędra et al. 2018, Definition 2.6].

## 3. $p q$-groups

Proof of Theorem 1.1. Let $Q$ be a Sylow $q$-subgroups of $G$. Then $Q \unlhd G$ since $p<q$. Since $G$ is not abelian, no Sylow $p$-subgroup of $G$ can be normal and no element of $G$ has order $p q$.

Our first goal is to prove that any $g \in G$ of order $p$ normally generates $G$ and

$$
\begin{equation*}
\|G\|_{g}=\max \left\{2, \frac{p-1}{2}\right\} \tag{2}
\end{equation*}
$$

Let $C_{G}(g)$ be the centraliser of $g$. Then either $\left|C_{G}(g)\right|=p$ or $\left|C_{G}(g)\right|=p q$ since $g \in C_{G}(g)$. The latter is impossible since it implies that $\langle g\rangle$ is a central Sylow $p$-subgroup of $G$. We deduce that $\left|C_{G}(g)\right|=p$ and therefore

$$
|\operatorname{ccs}(g)|=\left[G: C_{G}(g)\right]=q
$$

Consider the quotient homomorphism $\pi: G \rightarrow G / Q$. Since $G / Q \cong C_{p}$ is abelian, $\pi$ must be constant on conjugacy classes of $G$. Then $\operatorname{ccs}(g) \subseteq g Q$ since $\pi(\operatorname{ccs}(g))=\bar{g}$ and equality holds since they have the same cardinality.

By Definition 2.1, and since $Q \unlhd G$,

$$
B_{g}(1)=\{1\} \cup g Q \cup g^{-1} Q
$$

Since $Q \nsubseteq B_{g}(1)$, it follows that $\|G\|_{g}>1$. Also, $g Q \cdot g^{-1} Q=Q$, which implies that $B_{g}(2)=g^{-2} Q \cup g^{-1} Q \cup Q \cup g Q \cup g^{2} Q$. Using induction one shows that

$$
B_{g}(n)=\bigcup_{k=-n}^{n} g^{k} Q, \quad n \geq 2
$$

Now, $\langle g\rangle$ is a Sylow $p$-subgroup of $G$ and its elements form a complete set of representatives for the cosets of $Q$. If $p=2$ or $p=3$ then $\langle g\rangle=\left\{1, g^{ \pm 1}\right\}$ and therefore $B_{g}(2)=G$ so $\|G\|_{g}=2$. If $p>3$ then $p$ is odd and $\frac{p-1}{2} \geq 2$ and

$$
\langle g\rangle=\left\{g^{k}:-\frac{p-1}{2} \leq k \leq \frac{p-1}{2}\right\} .
$$

Therefore $B_{g}\left(\frac{p-1}{2}\right)=G$ and $B_{g}(n) \neq G$ if $n<\frac{p-1}{2}$. It follows that $\|G\|_{g}=\frac{p-1}{2}$ in this case and we have established (2). In particular

$$
\Delta(G) \geq \max \left\{\frac{p-1}{2}, 2\right\}
$$

Let $X \subseteq G$ be any normally generating subset of $G$. No element of order $p q$ exists and if all elements of $X$ have order $q$ then $\langle\langle X\rangle\rangle=Q \unlhd G$, a contradiction. So there exists $g \in X$ of order $p$ and we have seen that $g$ normally generates $G$ and

$$
\|G\|_{X} \leq\|G\|_{g}=\max \left\{\frac{p-1}{2}, 2\right\}
$$

It follows that $\Delta(G) \leq \max \left\{\frac{p-1}{2}, 2\right\}$ and equality holds.

## 4. The symmetric groups

4.1. Notation and basic facts. Conjugation of elements $g, h \in G$ is denoted by

$$
g^{h}=h g h^{-1}
$$

Any $\sigma \in S_{n}$ can be written as a product of disjoint cycles of lengths $k_{1}, \ldots, k_{r}$, where $k_{i} \geq 1$ and $\sum_{i} k_{i} \leq n$. We call $\sigma$ a $\left(k_{1}, \ldots, k_{n}\right)$-cycle. Cycle structure determines the conjugacy class [Hall 1959, Theorem 5.13] and we denote the conjugacy class of $\sigma$ by

$$
\left[k_{1}, \ldots, k_{m}\right] .
$$

Conjugation of a $k$-cycle $\left(i_{1} \cdots i_{k}\right)$ by $\tau \in S_{n}$ is the $k$-cycle $\left(\tau\left(i_{1}\right) \cdots \tau\left(i_{k}\right)\right)$ [Rotman 1973, Lemma 3.9]. The inverse of a $k$-cycle is a $k$-cycle and hence any $\sigma \in S_{n}$ is conjugate to $\sigma^{-1}$.

Let fix $(\sigma)$ denote the set of fixed points and $\operatorname{supp}(\sigma)$ denote the support. If fix $(\sigma)$ is not empty then $\sigma$ is conjugate to $\sigma^{\prime} \in S_{n-1}$.

Lemma 4.2. Consider $\tau \in S_{n}$. Then $B_{\tau}(n)$ is the set of elements of the form $\tau^{\lambda_{1}} \cdots \tau^{\lambda_{\ell}}$, with conjugation by $\lambda_{1}, \ldots, \lambda_{\ell} \in S_{n}$, where $\ell \leq n$.

Proof. The elements of $B_{\tau}(n)$ are products of at most $n$ conjugates of $\tau^{ \pm 1}$. Since $\tau^{-1}$ is conjugate to $\tau$ the result follows.

Lemma 4.3. Suppose that $\tau \in S_{n}$ is a product $\tau=\alpha \beta$ of permutations with disjoint supports, where $\alpha \in S_{k}$ and $\beta \in S_{n-k}$ for some $k$. Then $B_{\tau}(2)$ contains all elements of the form $\alpha^{\lambda_{1}} \alpha^{\lambda_{2}}$ for any $\lambda_{1}, \lambda_{2} \in S_{k}$.
Proof. Choose $\theta \in S_{n-k}$ such that $\beta^{\theta}=\beta^{-1}$. Then $\tau^{\lambda_{1}} \tau^{\lambda_{2} \theta}=\alpha^{\lambda_{1}} \alpha^{\lambda_{2}} \beta \beta^{\theta}=\alpha^{\lambda_{1}} \alpha^{\lambda_{2}}$.
Lemma 4.4. Let $n \geq 2$ :
(i) If $X \subseteq S_{n}$ normally generates $S_{n}$ then $X$ contains an odd permutation.
(ii) Conversely, any odd permutation normally generates $S_{n}$.

Proof. (i) If $X$ contains only even permutations then $\left\langle\langle X\rangle \subseteq A_{n} \unlhd S n\right.$.
(ii) The only proper normal subgroups of $S_{n}$ are $A_{n}$ and the Klein group $K \subseteq A_{4}$ if $n=4$.

Obtaining a lower bound for $\Delta\left(S_{n}\right)$ is easy.
Proposition 4.5. Let $\tau \in S_{n}$ be a transposition. Then $\tau$ normally generates $S_{n}$ and $\left\|S_{n}\right\|_{\tau}=n-1$.

Proof. Any permutation is a product of 2-cycles, so $\tau$ normally generates. Any $k$ cycle is a product of $k-1$ transpositions; see [Rotman 1973, Proof of Theorem 3.4]. Hence any $\sigma \in\left[k_{1}, \ldots, k_{m}\right]$ is a product of $\sum_{i} k_{i}-m \leq n-m \leq n-1$ transpositions. A product of $m$ transpositions has at least $n-m$ orbits showing that an $n$-cycle cannot be written as a product of less than $n-1$ transpositions. This shows that $\left\|S_{n}\right\|_{\tau}=n-1$.

Corollary 4.6. We have $\Delta\left(S_{n}\right) \geq n-1$ for any $n \geq 2$.

Our goal now is to compute $\Delta\left(S_{n}\right)$. A major role will be played by 3 -cycles and $(2,2)$-cycles. An important feature they have is that we can obtain them "cheaply" from any nonidentity permutation.

Lemma 4.7. Let $\tau \in S_{n}$ be a nonidentity element where $n \geq 4$. Then:
(i) $B_{\tau}(2)$ contains a 3-cycle if either $\tau$ is a transposition or if $\tau$ contains a cycle of length $\geq 3$.
(ii) $B_{\tau}(2)$ contains $a(2,2)$-cycle if $\tau$ is a transposition or it contains $a(2,2)$-cycle or it contains a cycle of length $\geq 4$.
Proof. If $\tau$ is a transposition then $(12)(23)=(123)$ and (12)(34) give the result. In the other cases, the calculations

$$
\begin{aligned}
(12)(34) \cdot(13)(24) & =(14)(23), & \\
(123 \cdots k) \cdot(k k-1 \cdots 312) & =(132), & k \geq 3, \\
(1234 \cdots k) \cdot(k k-1 \cdots 4123) & =(13)(24), & k \geq 4,
\end{aligned}
$$

together with Lemma 4.3, give the result.
4.8. The next two propositions tell us that, with some fine print, by multiplying a 3-cycle $\tau$ with a permutation $\sigma$ we may either
(a) split one of the cycles of $\sigma$ into three disjoint parts, or
(b) fuse two disjoint cycles in $\sigma$ and split the result in two, or
(c) fuse three cycles of $\sigma$ into one cycle.

Clearly operations (a) and (c) are inverse of each other and the operation (b) is inverse to itself. Similarly, subject to some fine print, by multiplying a (2, 2)-cycle $\tau$ with $\sigma$ we may either
(a) split one of the cycles of $\sigma$ into three disjoint cycles, or
(b1) split two cycles of $\sigma$ into two cycles each or,
(b2) fuse two cycles of $\sigma$ and split the result into two cycles, or
(c1) fuse three cycles of $\sigma$, or
(c2) fuse two cycles and split a third, or
(d) fuse two pairs of disjoint cycles.

Thus, 3-cycles and (2,2)-cycles provide us with a variety of "operations" on conjugacy classes in $S_{n}$.

The following calculations are left for the reader:

$$
\begin{array}{ll}
(12 \cdots m) \cdot(i j)=(1 \cdots i j+1 \cdots m)(i+1 \cdots j), & 1 \leq i<j \leq m \\
(12 \cdots \ell)(\ell+1 \cdots m) \cdot(\ell m)=(12 \cdots m), & 1 \leq \ell<m \tag{4}
\end{array}
$$

Proposition 4.9. Let $C=\left[k_{1}, \ldots, k_{r}\right]$ be a conjugacy class in $S_{n}$, where $k_{i} \geq 1$ and $\sum_{i} k_{i} \leq n$. Then $C \cdot[3]$ contains the following conjugacy classes in $S_{n}$, where $p^{\prime}, p^{\prime \prime}, p^{\prime \prime \prime} \geq 1$ :
(a) $\left[p^{\prime}, p^{\prime \prime}, p^{\prime \prime \prime}, k_{2}, \ldots, k_{r}\right]$, where $p^{\prime}+p^{\prime \prime}+p^{\prime \prime \prime}=k_{1} \geq 3$.
(b) $\left[p^{\prime}, p^{\prime \prime}, k_{3}, \ldots, k_{r}\right]$, where $r \geq 2, k_{1} \geq 2, p^{\prime}+p^{\prime \prime}=k_{1}+k_{2}$ and $p^{\prime} \neq k_{1}$.
(c) $\left[k_{1}+k_{2}+k_{3}, k_{4}, \ldots, k_{r}\right]$, where $r \geq 3$.

Proof. (a) Set $p=k_{1}$. Consider $1<j<i \leq p$ (notice that $p \geq 3$ ). By inspection

$$
(12 \cdots p) \cdot(1 i j)=(1 i+1 \cdots p)(2 \cdots j)(j+1 \cdots i)
$$

If $p^{\prime}+p^{\prime}+p^{\prime \prime \prime}=k_{1}$, set $j=p^{\prime}+1$ and $i=p^{\prime}+p^{\prime \prime}+1$, and check that the resulting permutation belongs to [ $p^{\prime \prime \prime}, p^{\prime \prime}, p^{\prime}$ ].
(b) Set $p=k_{1}$ and $q=k_{2}$. For any $i \neq p, p+q$ we have

$$
(i p p+q)=(p p+q)(i p+q)
$$

so (4) and (3) imply

$$
(12 \cdots p)(p+1 \cdots p+q) \cdot(i p p+q)=(12 \cdots i)(i+1 \cdots p+q)
$$

is a product of cycles of length $i$ and $p+q-i$.
(c) Set $p=k_{1}$ and $q=k_{2}$ and $t=k_{3}$. By inspection

$$
\begin{aligned}
(1 \cdots p)(p+1 \cdots p+q)(p+q+1 \cdots p+q+t) \cdot(p p+q p & +q+t) \\
& =(12 \cdots p+q+t)
\end{aligned}
$$

Proposition 4.10. Let $C=\left[k_{1}, \ldots, k_{r}\right]$ be a conjugacy class in $S_{n}$, where $k_{i} \geq 1$ and $\sum_{i} k_{i} \leq n$. Then $C \cdot[2,2]$ contains the following conjugacy classes in $S_{n}$, where $p^{\prime}, p^{\prime \prime}, p^{\prime \prime \prime}, q^{\prime}, q^{\prime \prime} \geq 1$ :
(a) $\left[p^{\prime}, p^{\prime \prime}, p^{\prime \prime \prime}, k_{2}, \ldots, k_{r}\right]$, where $p^{\prime \prime \prime} \geq 2$ and $p^{\prime}+p^{\prime \prime}+p^{\prime \prime \prime}=k_{1} \geq 4$.
(b1) $\left[p^{\prime}, p^{\prime \prime}, q^{\prime}, q^{\prime \prime}, k_{3}, \ldots, k_{r}\right]$, where $r \geq 2$ and $p^{\prime}+p^{\prime \prime}=k_{1} \geq 2$.
(b2) $\left[p^{\prime}, p^{\prime \prime}, k_{3}, \ldots, k_{r}\right]$, where $r \geq 2, p^{\prime}+p^{\prime \prime}=k_{1}+k_{2} \geq 4, p^{\prime} \leq k_{1}-2$, and if $k_{1} \geq 3$ and $k_{2} \geq 2$ then $p^{\prime} \leq k_{1}-1$.
(c1) $\left[k_{1}+k_{2}+k_{3}, k_{4}, \ldots, k_{r}\right]$, where $r \geq 3$ and $k_{1} \geq 2$.
(c2) $\left[p^{\prime}+p^{\prime \prime}, k_{2}+k_{3}, k_{4}, \ldots, k_{r}\right]$, where $r \geq 3$ and $p^{\prime}+p^{\prime \prime}=k_{1} \geq 2$.
(d) $\left[k_{1}+k_{2}, k_{3}+k_{4}, k_{5}, \ldots, k_{r}\right]$, where $r \geq 4$.

Proof. (a) Set $p=k_{1}$. Choose some $1<i<j<p$ (notice that $p \geq 4$ ). By (3)

$$
(12 \cdots p) \cdot(1 i)(j p)=(1 i+1 \cdots j)(2 \cdots i)(j+1 \cdots p)
$$

By choosing $i=p^{\prime}+1$ and $j=p^{\prime}+p^{\prime \prime \prime}$, we obtain a ( $p^{\prime \prime \prime}, p^{\prime}, p^{\prime \prime}$ )-cycle.
(b1) Set $p=k_{1}$ and $q=k_{2}$. Choose $1 \leq i<j \leq p$ such that $j-i=p^{\prime}$ and $p+1 \leq k<m \leq p+q$ such that $m-k=q^{\prime}$ and apply (3) to

$$
(12 \cdots p)(p+1 \cdots p+q) \cdot(i j)(k m)
$$

(b2) Set $p=k_{1}$ and $q=k_{2}$. Choose $1 \leq i<j \leq p+q$ distinct from $p, p+q$ (notice that $p+q \geq 4$ by assumption). By (4) and (3)

$$
(12 \cdots p)(p+1 \cdots p+q) \cdot(p p+q)(i j)=(12 \cdots p+q) \cdot(i j)
$$

is a product of two cycles of lengths $j-i$ and $p+q-j+i$. If we choose $i=1$ and $2 \leq j \leq p-1$ we obtain a $\left(p^{\prime}, p+q-p^{\prime}\right)$-cycle for any $1 \leq p^{\prime} \leq p-2$. If $p \geq 3$ and $q \geq 2$ we may choose $i=2$ and $j=p+1$ to get a $(p-1, q+1)$-cycle.
(c1) Set $p=k_{1} \geq 2$ and $q=k_{2}$ and $t=k_{3}$. Check that

$$
(1 \cdots p)(p+1 \cdots p+q)(p+q+1 \cdots p+q+t) \cdot(p p+q)(1 p+q+t)
$$

is a $p+q+t$-cycle (use (4)).
(c2) Set $p=k_{1}$ and $q=k_{2}$ and $t=k_{3}$. For any $1 \leq i<p$ (note that $p \geq 2$ )

$$
(1 \cdots p)(p+1 \cdots p+q)(p+q+1 \cdots p+q+t) \cdot(i p)(p+q p+q+t)
$$

is a ( $i, p-i, q+t$ )-cycle (use (3) and (4)).
(d) If $\alpha_{1} \alpha_{2} \beta_{1} \beta_{2}$ is a product of disjoint cycles (possibly of length 1), use (4) twice to get an $\alpha \beta$ product of disjoint cycles of lengths $\left|\alpha_{1}\right|+\left|\alpha_{2}\right|$ and $\left|\beta_{1}\right|+\left|\beta_{2}\right|$.

Notation 4.11. In light of the discussion in 4.8 , the cases of Proposition 4.9 will be referred to $\mathrm{O}_{3}(\mathrm{a}), \mathrm{O}_{3}(\mathrm{~b})$ and $\mathrm{O}_{3}(\mathrm{c})$ and those of Proposition 4.10 as $\mathrm{O}_{2}(\mathrm{a}), \mathrm{O}_{2}(\mathrm{~b} 1)$, $\mathrm{O}_{2}(\mathrm{~b} 2)$ etc. This reminds us that we view 3-cycles and (2, 2)-cycles as "operations" on permutations which either split or fuse cycles.

Lemma 4.12. Consider $\sigma \in S_{n}$ with cycle structure $\left[k_{1}, \ldots, k_{r}\right]$, where $k_{i} \geq 1$ and $\sum_{i} k_{i}=n$. Let $1 \leq m \leq n$. Then there exist $\ell \geq 0$ and 3 -cycles $\alpha_{1}, \ldots, \alpha_{\ell}$ such that $r \geq 2 \ell+1$ and if we set $\tilde{k}=\sum_{i=1}^{2 \ell+1} k_{i}$ then the cycle structure of $\sigma \alpha_{1} \cdots \alpha_{\ell}$ is either
(i) $\left[\tilde{k}, k_{2 \ell+2}\right]$, where $r=2 \ell+2$ and $\tilde{k} \leq m-1$, or
(ii) $\left[\tilde{k}, k_{2 \ell+2}, \ldots, k_{r}\right]$ and $\tilde{k} \geq m$ and $\sum_{i=1}^{2 \ell-1} k_{i}<m$.

In fact, for any $0 \leq j \leq \ell$ the cycle structure of $\sigma \alpha_{1} \cdots \alpha_{j}$ is

$$
\left[\sum_{i=1}^{2 j+1} k_{i}, k_{2 j+2}, \ldots, k_{r}\right]
$$

(Notice that in (ii) it may happen that $r=2 \ell+1$; hence $\tilde{k}=n$ and $\sigma \alpha_{1} \cdots \alpha_{2 \ell+1}$ is an n-cycle).

Proof. Apply $\mathrm{O}_{3}$ (c) repeatedly to choose 3-cycles $\alpha_{1}, \ldots, \alpha_{\ell}$ that "fuse" the first cycle with the next two until the first instance when $\sum_{i=1}^{2 \ell+1} k_{i} \geq m$ or until $\sigma \alpha_{1} \cdots \alpha_{\ell}$ contains only one or two cycles (If there are three or more cycles left and $\sum_{i=1}^{2 \ell+1} k_{i}<m$, we will proceed applying $\mathrm{O}_{3}(\mathrm{c})$ ). In the first two cases we have established (ii) (since $\sum_{i} k_{i}=n \geq m$ ) and in the third case (two cycles remaining) it is (i).

Proposition 4.13. Let $\tau \in S_{n}$ be an odd permutation. Suppose that $\tau$ contains a $k$-cycle, where $k \geq 3$ is odd and that $n-k \geq 2$. Then

$$
\left\|S_{n}\right\|_{\tau} \leq \Delta\left(S_{n-k}\right)+k
$$

Proof. By assumption $n \geq k+2 \geq 5$. Let $\sigma \in S_{n}$ be a nonidentity element. Our goal is to prove that $\|\sigma\|_{\tau} \leq \Delta\left(S_{n-k}\right)+k$. We will do this in three steps.
Step I: There are 3 -cycles $\alpha_{1}, \ldots, \alpha_{t}$, where $t \leq \frac{k-1}{2}$ such that $\sigma \alpha_{1} \cdots \alpha_{t}$ contains a $k$-cycle.
Proof of Step I. Let $\left[k_{1}, \ldots, k_{r}\right]$ be the cycle structure of $\sigma$, where $\sum_{i} k_{i}=n$ and $k_{1} \geq \cdots \geq k_{r}$. Note that $k_{1} \geq 2$ since $\sigma \neq \mathrm{id}$. Recall Notation 4.11.

If $\sigma$ is a transposition, its cycle structure is $[1, \ldots, 1,2]$, with $n-2 \geq k$ fixed points. Apply $\mathrm{O}_{3}(\mathrm{c})$ repeatedly $t=\frac{k-1}{2}$ times with 3-cycles $\alpha_{1}, \ldots, \alpha_{t}$ to obtain $\sigma \alpha_{1} \cdots \alpha_{t} \in[k, 1, \ldots, 1,2]$ and we are done.

Assume that $\sigma$ is not a transposition. Then either $k_{1} \geq 3$ or $k_{1}, k_{2} \geq 2$. Hence, if $r \geq 2$ then $k_{1}+k_{2} \geq 4$.

Use Lemma 4.12 with $m=k$ to find 3-cycles $\alpha_{1}, \ldots, \alpha_{\ell}$ such that $\ell \geq 0$ and $r \geq 2 \ell+1$ and if we set $\tilde{k}=\sum_{i=1}^{2 \ell+1} k_{i}$ then the cycle structure of $\xi=\sigma \alpha_{1} \cdots \alpha_{\ell}$ is either
(i) $\left[\tilde{k}, k_{2 \ell+2}\right]$, where $\tilde{k} \leq k-1$, or
(ii) $\left[\tilde{k}, k_{2 \ell+2}, \ldots, k_{r}\right]$, where $\tilde{k} \geq k$ and $\sum_{i=1}^{2 \ell-1} k_{i}<k$.

Case (i): We have $\xi \in[\tilde{k}, n-\tilde{k}]$, where $\tilde{k}<k$. Use $\mathrm{O}_{3}(\mathrm{~b})$ to find a 3-cycle $\alpha_{\ell+1}$ such that $\xi \alpha_{\ell+1} \in[k, n-k]$ contains a $k$-cycle. It remains to show that $\ell+1 \leq \frac{k-1}{2}$. If $\ell=0$ then we are done. If $\ell \geq 1$ then $r \geq 3$ and

$$
k_{1}+k_{2}+\sum_{i=3}^{2 \ell+1} k_{i}=\sum_{i=1}^{2 \ell+1} k_{i} \leq k-1 .
$$

Since $k_{1}+k_{2} \geq 3$ and $k_{i} \geq 1$ we get $3+2 \ell-1 \leq k-1$ so $\ell \leq \frac{k-3}{2}$ and we are done. Case (ii): If $\tilde{k}=k$ then $\xi$ contains a $k$-cycle. If $\tilde{k}=k+1$ then $r \geq 2 \ell+2$ since $n>k+1$ and we use $\mathrm{O}_{3}(\mathrm{~b})$ to find a 3 -cycle $\alpha_{\ell+1}$ such that $\xi \alpha_{\ell+1} \in\left[k, \tilde{k}+k_{2 \ell+2}-k, \ldots, k_{r}\right]$ contains a $k$-cycle. If $\tilde{k} \geq k+2$, use $\mathrm{O}_{3}$ (a) to find a 3 -cycle $\alpha_{\ell+1}$ such that $\xi \alpha_{\ell+1} \in[k, 1, \tilde{k}-k-1, \ldots]$ contains a $k$-cycle. Thus, a product of $\sigma$ with at most $\ell+13$-cycles gives a permutation which contains a $k$-cycle.

If $\ell=0$ then $\ell+1=1 \leq \frac{k-1}{2}$ and we are done. If $\ell \geq 2$ then $r \geq 5$ and

$$
\sum_{i=1}^{2 \ell-1} k_{i}=k_{1}+k_{2}+\sum_{i=3}^{2 \ell-1} k_{i} \geq 4+(2 \ell-3)
$$

By assumption $\sum_{i=1}^{2 \ell-1} k_{i} \leq k-1$ so $\ell \leq \frac{k-2}{2}$ and since $k$ is odd, $\ell \leq \frac{k-3}{2}$. Therefore $\ell+1 \leq \frac{k-1}{2}$ and we are done.

It remains to consider the case $\ell=1$. If $k \geq 5$ then $\ell+1 \leq \frac{k-1}{2}$ and we are done. Assume $k=3$. By assumption $k_{1}=\sum_{i=1}^{2 \ell-1} k_{i} \leq k-1=2$. Then $k_{2} \leq k_{1} \leq 2$ and since $\sigma$ is not a transposition, $k_{2}=2$; namely $\sigma \in[2,2, \ldots]$. Use $\mathrm{O}_{3}(\mathrm{~b})$ to replace $\alpha_{1}$ with a 3 -cycle so that $\sigma \alpha_{1} \in[3,1, \ldots]$ and we are done (since $1 \leq \frac{k-1}{2}$ ). This completes the proof of Step I.

Step II: If $\mu \in S_{n}$ contains a $k$-cycle then $\|\mu\|_{\tau} \leq \Delta\left(S_{n-k}\right)+1$.
Proof of Step II. Write $\mu=\mu_{0} \mu_{k}$ as a product of disjoint permutations, where $\mu_{k} \in S_{k}$ is a $k$-cycle and $\mu_{0} \in S_{n-k}$. By assumption $n-k \geq 2$. Similarly, $\tau=\tau_{0} \tau_{k}$. Since $\tau$ is an odd permutation and $\tau_{k}$ is an even permutation (a cycle of odd length), $\tau_{0}$ is an odd permutation in $S_{n-k}$ and by Lemma 4.4 it normally generates it. By Lemma 4.2 there are $\lambda_{1}, \ldots, \lambda_{\ell} \in S_{n-k}$, where $\ell \leq \Delta\left(S_{n-k}\right)$, such that

$$
\mu_{0}=\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}
$$

Choose $\theta \in S_{k}$ such that $\tau_{k}^{\theta}=\tau_{k}^{-1}$. Since $k$ is odd, $\tau_{k}^{2}$ is a $k$-cycle, so there is $\pi \in S_{k}$ such that $\tau_{k}^{\pi}=\tau_{k}^{2}$.

If $\ell$ is odd then

$$
\tau^{\lambda_{1}} \tau^{\lambda_{2} \theta} \tau^{\lambda_{3}} \tau^{\lambda_{4} \theta} \cdots \tau^{\lambda_{\ell-2}} \tau^{\lambda_{\ell-1} \theta} \tau^{\lambda_{\ell}}=\left(\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}\right) \cdot\left(\left(\tau_{k} \tau_{k}^{\theta}\right)^{(\ell-1) / 2} \cdot \tau_{k}\right)=\mu_{0} \tau_{k}
$$

is conjugate to $\mu$ (since both $\mu_{k}$ and $\tau_{k}$ are $k$-cycles) so $\|\mu\|_{\tau} \leq \ell \leq \Delta\left(S_{n-k}\right)$.
Assume that $\ell$ is even. If $\ell=0$ then $\mu=\mu_{k}$ is a $k$-cycle. Choose some $\epsilon \in S_{n-k}$ such that $\tau_{0}^{\epsilon}=\tau_{0}^{-1}$ and then

$$
\tau^{\epsilon} \cdot \tau=\left(\tau_{0}^{\epsilon} \tau_{0}\right) \cdot\left(\tau_{k}^{2}\right)=\tau_{k}^{2}
$$

is a $k$-cycle, and hence is conjugate to $\mu$. Now, $n-k \geq 2$ so $\|\mu\|_{\tau}=2 \leq \Delta\left(S_{n-k}\right)+1$ by Corollary 4.6 as needed. If $\ell \geq 2$ then

$$
\begin{aligned}
\tau^{\lambda_{1} \pi} \tau^{\lambda_{2} \theta} \tau^{\lambda_{3}} \tau^{\lambda_{4} \theta} \tau^{\lambda_{5}} \cdots \tau^{\lambda_{\ell-1}} \tau^{\lambda_{\ell} \theta} & =\left(\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}\right) \cdot\left(\tau_{k}^{\pi} \tau_{k}^{\theta} \tau_{k} \tau_{k}^{\theta} \cdots \tau_{k} \tau_{k}^{\theta}\right) \\
& =\mu_{0} \cdot\left(\tau_{k}^{2} \tau_{k}^{-1} \cdot\left(\tau_{k} \tau_{k}^{-1}\right)^{(\ell-2) / 2}\right)=\mu_{0} \tau_{k}
\end{aligned}
$$

is conjugate to $\mu$ so $\|\mu\|_{\tau} \leq \ell \leq \Delta\left(S_{n-k}\right)$. This completes the proof of Step II.
Step III: We show that $\|\sigma\|_{\tau} \leq \Delta\left(S_{n-k}\right)+k$.

Proof of Step III. By Step I there are 3 -cycles $\alpha_{1}, \ldots, \alpha_{t}$, where $t \leq \frac{k-1}{2}$, such that $\mu=\sigma \alpha_{1} \cdots \alpha_{t}$ contains a $k$-cycle. By Step II, $\|\mu\|_{\tau} \leq \Delta\left(S_{n-k}\right)+1$. Since $\tau$ contains a $k$-cycle of length $k \geq 3$, Lemma 4.7 shows that $\left\|\alpha_{i}\right\|_{\tau} \leq 2$. Therefore

$$
\|\sigma\|_{\tau} \leq\|\mu\|_{\tau}+\sum_{i=1}^{t}\left\|\alpha_{i}^{-1}\right\|_{\tau} \leq \Delta\left(S_{n-k}\right)+1+2 t \leq \Delta\left(S_{n-k}\right)+k
$$

There are three (2,2)-cycles in $S_{4}$, and the product of any two is equal to the third. Therefore if $\tau$ is a $(2,2)$-cycle in $S_{n}$ there exists $\pi \in S_{n}$ such that $\operatorname{supp}(\pi) \subseteq \operatorname{supp}(\tau)$ and $\tau^{\pi} \tau$ is a (2,2)-cycle.

Proposition 4.14. Let $\tau \in S_{n}$ be an odd permutation, $n \geq 7$. Suppose that $\tau$ contains $a(p, q)$-cycle, where $p \geq q \geq 2$ are even and $n-(p+q) \geq p$. Then

$$
\left\|S_{n}\right\|_{\tau} \leq \Delta\left(S_{n-(p+q)}\right)+p+q
$$

Proof. We will prove that if $1 \neq \sigma \in S_{n}$ then $\|\sigma\|_{\tau} \leq \Delta\left(S_{n-(p+q)}\right)+p+q$. Throughout the proof the cycle structure of $\sigma$ is $\left[k_{1}, \ldots, k_{r}\right]$ such that $k_{i} \geq 1$ and $\sum_{i} k_{i}=n$ and $k_{1} \geq \cdots \geq k_{r}$. Recall Notation 4.11.
Step I: There exist $\alpha_{1}, \ldots, \alpha_{t} \in S_{n}$ such that $t \leq \frac{p+q-2}{2}$ and such that $\xi=\sigma \alpha_{1} \cdots \alpha_{t}$ contains a ( $p, q$ )-cycle and the following hold. If $p=2$ then every $\alpha_{i}$ is a (2,2)cycle and if $p \geq 4$ then each $\alpha_{i}$ is either a 3-cycle or a (2,2)-cycle.

Proof of Step I. Assume first that $p=2$. Hence, $q=2$. If $k_{1} \geq 5$ then use $\mathrm{O}_{2}(\mathrm{a})$ to find a $(2,2)$-cycle $\alpha_{1}$ such that $\sigma \alpha_{1} \in\left[2, k_{1}-4,2, \ldots\right]$, i.e., $\sigma \alpha_{1}$ contains a $(2,2)$-cycle, and we are done (since $t=1 \leq \frac{p+q-2}{2}=1$ ).

If $k_{1}, k_{2} \geq 3$ then use $\mathrm{O}_{2}(\mathrm{~b} 1)$ to find a $(2,2)$-cycle $\alpha_{1}$ such that $\sigma \alpha_{1} \in\left[2, k_{1}-2\right.$, $\left.2, k_{2}-2, \ldots\right]$ and we are done.

If $k_{1}=4$ and $k_{2}=2$ then use $\mathrm{O}_{2}(\mathrm{~b} 1)$ to find a (2,2)-cycle $\alpha_{1}$ such that $\sigma \alpha_{1} \in$ $[2,2,1,1, \ldots]$. If $k_{1}=4$ and $k_{2}=1$ then $r \geq 3$ and $k_{3}=1$ (since $n \geq 7$ ) and we use $\mathrm{O}_{2}$ (c2) to get $\sigma \alpha_{1} \in[2,2,2, \ldots]$ and we are done.

Suppose that $k_{1}=3$ and $k_{2}=2$. Then $r \geq 3$ since $n \geq 7$. If $k_{3}=2$ then $\sigma$ contains a (2,2)-cycle and we are done. Otherwise $k_{3}=1$. Then $r \geq 4$ since $n \geq 7$ and $\sigma \in[3,2,1,1, \ldots]=[3,1,1,2, \ldots]$ and we use $\mathrm{O}_{2}(\mathrm{c} 2)$ to find a $(2,2)$-cycle $\alpha_{1}$ such that $\sigma \alpha_{1} \in[2,1,2,2, \ldots]$ and we are done.

If $k_{1}=3$ and $k_{2}=1$ then $r \geq 4$ and $k_{3}=1$ and use $\mathrm{O}_{2}(\mathrm{c} 2)$ to get $\sigma \alpha_{1} \in[2,1,2, \ldots]$ and we are done.

If $k_{1}=2$ and $k_{2}=2$ then $\sigma$ contains a $(2,2)$-cycle we are done. If $k_{1}=2$ and $k_{2}=1$ then $\sigma$ is a transposition which fixes at least four points (since $n \geq 6$ ) and we can use them to choose a $(2,2)$-cycle $\alpha_{1}$ supported by fix $(\sigma)$ and then $\sigma \alpha_{1} \in[2,2,2]$ and we are done. This completes the proof of Step I in the case $p=2$.

For the remainder of the proof $p \geq 4$. In particular $p+q \geq 6$. Assume first that $\sigma$ is a transposition. We may assume that $\operatorname{supp}(\sigma)=\{n-1, n\}$ and notice that $n-2 \geq$ $p+q$ by the assumption. Choose a $(2,2)$-cycle $\alpha_{0} \in S_{n-2}$ arbitrarily. Use $\mathrm{O}_{3}(\mathrm{c})$ $\frac{p-2}{2}$ times to find 3 -cycles $\beta_{1}, \ldots, \beta_{(p-2) / 2} \in S_{n-2}$ such that $\theta=\alpha_{0} \beta_{1} \cdots \beta_{(p-2) / 2}$ is a $(p, 2)$-cycle. Use $\mathrm{O}_{3}$ (c) $\frac{q-2}{2}$ times to find 3 -cycles $\gamma_{1}, \ldots, \gamma_{(q-2) / 2} \in S_{n-2}$ such that $\theta \gamma_{1}, \ldots, \gamma_{(q-2) / 2}$ is a $(p, q)$-cycle. Then

$$
\sigma \alpha_{0} \beta_{1} \cdots \beta_{(p-2) / 2} \gamma_{1} \cdots \gamma_{(q-2) / 2} \in[p, q, 2]
$$

and we are done since $\frac{p-2}{2}+\frac{q-2}{2}+1=\frac{p+q-2}{2}$.
Therefore for the remainder of the proof of Step I we assume that $\sigma$ is not a transposition. Hence, if $r \geq 2$ then $k_{1}+k_{2} \geq 4$.

Use Lemma 4.12 with $m=p+q+1$ to find 3 -cycles $\alpha_{1}, \ldots, \alpha_{\ell}$, where $\ell \geq 0$ and $r \geq 2 \ell+1$ such that if we set $\tilde{k}=\sum_{i=1}^{2 \ell+1} k_{i}$ and $\xi=\sigma \alpha_{1} \cdots \alpha_{\ell}$ then either
(i) $\tilde{k} \leq p+q$ and $r=2 \ell+2$ and $\xi \in\left[\tilde{k}, k_{2 \ell+2}\right]$, or
(ii) $\tilde{k} \geq p+q+1$ and $\sum_{i=1}^{2 \ell-1} k_{i} \leq p+q$ and $\xi \in\left[\tilde{k}, k_{2 \ell+2}, \ldots, k_{r}\right]$.

Case (i): Observe that $k_{2 \ell+2}=n-\tilde{k} \geq n-(p+q) \geq p \geq 4$. Therefore $k_{i} \geq 4$ for all $i$ and therefore

$$
p+q \geq \sum_{i=1}^{2 \ell+1} k_{i} \geq 4(2 \ell+1)
$$

It follows that $\ell \leq\left\lfloor\frac{p+q-4}{8}\right\rfloor$.
Since $\xi \in[\tilde{k}, n-\tilde{k}]$, use $\mathrm{O}_{3}$ (b) to find a 3-cycle $\alpha_{\ell+1}$ such that $\xi \alpha_{\ell+1} \in[n-1,1]$. Since $n-1>p+q$, use $\mathrm{O}_{3}$ (a) to find a 3-cycle $\alpha_{\ell+2}$ such that $\xi \alpha_{\ell+1} \alpha_{\ell+2} \in$ $[p, q, n-1-p-q]$ contains a $(p, q)$-cycle. We are done because $\ell+2 \leq\left\lfloor\frac{p+q+12}{8}\right\rfloor$ and one checks that $\left\lfloor\frac{p+q+12}{8}\right\rfloor \leq \frac{p+q-2}{2}$ if $p+q \geq 6$.
Case (ii): If $\ell=0$ then $\sigma=\left[k_{1}, \ldots\right]$, where $k_{1} \geq p+q+1$. Then use $\mathrm{O}_{3}(\mathrm{a})$ to find a 3-cycle $\alpha_{1}$ such that $\sigma \alpha_{1} \in\left[p, q, k_{1}-p-q, \ldots\right]$ and we are done (since $1 \leq \frac{p+q-2}{2}$ ). So we only need to consider $\ell \geq 1$.

Suppose first that $\sum_{i=1}^{2 \ell-1} k_{i}=p+q$. Then $\sigma \alpha_{1} \cdots \alpha_{\ell-1} \in\left[p+q, k_{2 \ell}, k_{2 \ell+1}, \ldots\right]$. Use $\mathrm{O}_{2}(\mathrm{c} 2)$ to replace $\alpha_{\ell}$ with a $(2,2)$-cycle such that $\sigma \alpha_{1} \cdots \alpha_{\ell} \in[p, q$, $\left.k_{2 \ell}+k_{2 \ell+1}, \ldots\right]$. If $\ell=1$ then $\ell \leq \frac{p+q-2}{2}$ and we are done. If $\ell \geq 2$ then

$$
p+q=\sum_{i=1}^{2 \ell-1} k_{i}=k_{1}+k_{2}+\sum_{i=3}^{2 \ell-1} k_{i} \geq 4+2 \ell-3
$$

since $k_{i} \geq 1$. Therefore $\ell \leq\left\lfloor\frac{p+q-1}{2}\right\rfloor=\frac{p+q-2}{2}$ since $p+q$ is even, and we are done.

It remains to consider the case $\sum_{i=1}^{2 \ell-1} k_{i} \leq p+q-1$. Assume first that $k_{2 \ell}=1$. This implies that $k_{2 \ell+1}=1$ and since $\sum_{i=1}^{2 \ell+1} k_{i} \geq p+q+1$ it follows that $\sum_{i=1}^{2 \ell} k_{i}=$
$p+q$, and therefore $\sigma \alpha_{1} \cdots \alpha_{\ell-1} \in[p+q-1,1,1, \ldots]$. Use $\mathrm{O}_{3}$ (b) to replace $\alpha_{\ell}$ with a 3 -cycle such that $\sigma \alpha_{1} \cdots \alpha_{\ell} \in[p, q, 1, \ldots]$. Since $k_{1} \geq 2$ and $k_{i} \geq 1$ we get

$$
p+q=\sum_{i=1}^{2 \ell} k_{i} \geq 2+2 \ell-1
$$

and therefore $\ell \leq\left\lfloor\frac{p+q-1}{2}\right\rfloor=\frac{p+q-2}{2}$ and we are done.
Assume that $k_{2 \ell} \geq 2$. Since $\tilde{k} \geq p+q+1$, use $\mathrm{O}_{3}$ (a) to find a 3-cycle $\alpha_{\ell+1}$ such that $\xi \alpha_{\ell+1} \in[p, q, \tilde{k}-p-q, \ldots]$ contains a $(p, q)$-cycle. Since $k_{1} \geq \cdots \geq k_{2 \ell} \geq 2$ and $\sum_{i=1}^{2 \ell-1} k_{i} \leq p+q-1$ we deduce that $2(2 \ell-1) \leq p+q-1$; hence $\ell \leq\left\lfloor\frac{p+q+1}{4}\right\rfloor=\frac{p+q}{4}$. Therefore $\ell+1 \leq\left\lfloor\frac{p+q+4}{4}\right\rfloor$ and we are done since $\left\lfloor\frac{p+q+4}{4}\right\rfloor \leq \frac{p+q}{2}$ if $p+q \geq 6$. This completes the proof of Step I.

Step II: Let $\mu \in S_{n}$ contain a $(p, q)$-cycle. Then $\|\mu\|_{\tau} \leq \Delta\left(S_{n-p-q}\right)+2$.
Proof of Step II. We first consider the case $p=2$. Hence $q=2$. Consider $\mu \in S_{n}$, which contains a $(2,2)$-cycle. We write $\mu$ as a product of disjoint permutations $\mu=\mu_{0} \mu_{2,2}$, where $\mu_{2,2}$ is a (2,2)-cycle in $S_{4}$ and $\mu_{0} \in S_{n-4}$. Notice that $n-4=$ $n-(p+q) \geq p=2$. Similarly we write $\tau=\tau_{0} \tau_{2,2}$. Since $\tau$ is an odd permutation and $\tau_{2,2}$ is even, $\tau_{0} \in S_{n-4}$ is an odd permutation, and by Lemma 4.4 it normally generates it. By Lemma 4.2 there are $\lambda_{1}, \ldots, \lambda_{\ell} \in S_{n-4}$, where $\ell \leq \Delta\left(S_{n-4}\right)$ such that

$$
\mu_{0}=\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}
$$

Suppose that $\ell$ is odd. Since $\left|\tau_{2,2}\right|=2$,

$$
\tau^{\lambda_{1}} \cdots \tau^{\lambda_{\ell}}=\left(\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}\right) \cdot\left(\tau_{2,2}\right)^{\ell}=\mu_{0} \tau_{2,2}
$$

is conjugate to $\mu$ since both $\mu_{2,2}$ and $\tau_{2,2}$ are (2,2)-cycles, so $\|\mu\|_{\tau} \leq \ell \leq \Delta\left(S_{n-4}\right)$.
Suppose that $\ell$ is even. If $\ell=0$ then $\mu=\mu_{2,2}$ is (2,2)-cycle. Since $\tau$ contains a $(2,2)$-cycle, $\|\mu\|_{\tau} \leq 2 \leq \Delta\left(S_{n-4}\right)+2$ and we are done. Otherwise $\ell \geq 2$. In this case we choose $\pi \in S_{4}$ such that $\tau_{2,2}^{\pi} \tau_{2,2}$ is a (2,2)-cycle. Then

$$
\tau^{\lambda_{1} \pi} \tau^{\lambda_{2}} \cdots \tau^{\lambda_{\ell}}=\left(\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}\right) \cdot\left(\tau_{2,2}^{\pi} \tau_{2,2} \cdot\left(\tau_{2,2}\right)^{\ell-2}\right)=\mu_{0} \cdot\left(\tau_{2,2}^{\pi} \tau_{2,2}\right)
$$

is conjugate to $\mu$; hence $\|\mu\|_{\tau} \leq \ell \leq \Delta\left(S_{n-4}\right)$ and this completes the proof of Step II in the case $p=2$.

For the remainder of the proof of Step II assume $p \geq 4$. Write $\mu=\mu_{0} \mu_{p, q}$, a product of disjoint permutations with $\mu_{p, q} \in S_{p+q}$ a $(p, q)$-cycle and $\mu_{0} \in S_{n-p-q}$. Notice that $n-p-q \geq p \geq 4$ by assumption. Similarly write $\tau=\tau_{0} \tau_{p, q}$. Since $\tau$ is odd and $\tau_{p, q}$ is even, $\tau_{0}$ is odd and therefore normally generates $S_{n-p-q}$. By Lemma 4.2 there are $\lambda_{1}, \ldots, \lambda_{\ell} \in S_{n-p-q}$, where $\ell \leq \Delta\left(S_{n-p-q}\right)$, such that

$$
\mu_{0}=\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}
$$

Choose $\theta \in S_{p+q}$ such that $\tau_{p, q}^{\theta}=\tau_{p, q}^{-1}$.

If $\ell$ is odd then

$$
\tau^{\lambda_{1}} \tau^{\lambda_{2} \theta} \tau^{\lambda_{3}} \tau^{\lambda_{4} \theta} \cdots \tau^{\lambda_{\ell-1} \theta} \tau^{\lambda_{\ell}}=\left(\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}\right) \cdot\left(\left(\tau_{p, q} \tau_{p, q}^{-1}\right)^{(\ell-1) / 2} \cdot \tau_{p, q}\right)=\mu_{0} \tau_{p, q}
$$

is conjugate to $\mu$ so $\|\mu\|_{\tau} \leq \ell \leq \Delta\left(S_{n-p-q}\right)$.
Suppose that $\ell$ is even. Since both $p, q$ are even, $\tau_{p, q}^{2}$ is a $\left(\frac{p}{2}, \frac{p}{2}, \frac{q}{2}, \frac{q}{2}\right)$-cycle. Use $\mathrm{O}_{2}(\mathrm{~d})$ to find a $(2,2)$-cycle $\beta$ such that $\tau_{p, q} \beta$ is a $(p, q)$-cycle.

If $\ell=0$ then $\mu=\mu_{p, q}$. Choose $\pi \in S_{n-p-q}$ such that $\tau_{0}^{\pi}=\tau_{0}^{-1}$. Then

$$
\tau \tau^{\pi} \beta=\left(\tau_{0} \tau_{0}^{-1}\right)\left(\tau_{p, q}^{2}\right) \beta \in[p, q]
$$

is conjugate to $\mu$. Since $p \geq 4$, Lemma 4.7 gives $\|\beta\|_{\tau} \leq 2$ and therefore $\|\mu\| \leq$ $\|\tau\|_{\tau}+\left\|\tau^{\pi}\right\|_{\tau}+\|\beta\|_{\tau} \leq 4$. By Corollary 4.6 and since $n-p-q \geq p \geq 4$, we get $\Delta\left(S_{n-p-q}\right)+2 \geq 3+2>\|\mu\|_{\tau}$.

If $\ell \geq 2$ is even then

$$
\begin{aligned}
\tau^{\lambda_{1}} \tau^{\lambda_{2}} \tau^{\lambda_{3} \theta} \tau^{\lambda_{4}} \tau^{\lambda_{5} \theta} \tau^{\lambda_{6}} \cdots \tau^{\lambda_{\ell-1} \theta} \tau^{\lambda_{\ell}} \cdot \beta & =\left(\tau_{0}^{\lambda_{1}} \cdots \tau_{0}^{\lambda_{\ell}}\right) \cdot\left(\tau_{p, q}^{2}\left(\tau_{p, q}^{-1} \tau_{p, q}\right)^{(\ell-2) / 2}\right) \cdot \beta \\
& =\mu_{0} \cdot \tau_{p, q}^{2} \cdot \beta
\end{aligned}
$$

is conjugate to $\mu$ since $\tau_{p, q}^{2} \beta$ is a $(p, q)$-cycle. Therefore

$$
\|\mu\|_{\tau} \leq \ell+\|\beta\|_{\tau}=\ell+2 \leq \Delta\left(S_{n-p-q}\right)+2 .
$$

This completes the proof of Step II.
Step III: We prove that $\|\sigma\|_{\tau} \leq \Delta\left(S_{n-p-q}\right)+p+q$.
Proof of Step III. First, consider the case $p=2$. Hence $q=2$. By Step I there are $(2,2)$-cycles $\alpha_{1}, \ldots, \alpha_{t}$ where $t \leq \frac{p+q-2}{2}$ such that $\mu=\sigma \alpha_{1} \cdots \alpha_{t}$ contains a ( $p, q$ )-cycle. By Step II, $\|\mu\|_{\tau} \leq \Delta\left(S_{n-p-q}\right)+2$. By Lemma 4.7, $B_{\tau}(2)$ contains all (2, 2)-cycles. Therefore

$$
\|\sigma\|_{\tau} \leq\|\mu\|_{\tau}+2 t \leq \Delta\left(S_{n-p-q}\right)+2+(p+q-2)=\Delta\left(S_{n-p-q}\right)+p+q
$$

If $p \geq 4$ then Lemma 4.7 implies that $B_{\tau}(2)$ contains all 3-cycles and all $(2,2)-$ cycles. By Step I there are $\alpha_{1}, \ldots, \alpha_{t}$ such that $t \leq \frac{p+q-2}{2}$ and $\alpha_{i}$ are either 3 -cycles or (2,2)-cycles and $\mu=\sigma \alpha_{1} \cdots \alpha_{t}$ contains a ( $p, q$ )-cycle. By Step II $\|\mu\|_{\tau} \leq \Delta\left(S_{n-p-q}\right)+2$ so

$$
\|\sigma\|_{\tau} \leq\|\mu\|_{\tau}+2 t \leq \Delta\left(S_{n-p-q}\right)+2+(p+q-2)=\Delta\left(S_{n-p-q}\right)+p+q
$$

Proposition 4.15. Let $\tau \in S_{n}$ be an $n$-cycle, $n \geq 4$ even. Then $\left\|S_{n}\right\|_{\tau} \leq n-1$.
Proof. First, $\tau$ is an odd permutation, and hence normally generates $S_{n}$ by Lemma 4.4. Since $n \geq 4$, Lemma 4.7 shows that $B_{\tau}(2)$ contains all 3 -cycles and all $(2,2)$-cycles. Consider some $1 \neq \sigma \in S_{n}$ with cycle structure $\left[k_{1}, \ldots, k_{r}\right]$, where $\sum_{i} k_{i}=n$ and $k_{1} \geq \cdots \geq k_{r}$. Then $k_{1} \geq 2$ since $\sigma \neq 1$. We need to show that $\|\sigma\|_{\tau} \leq n-1$.

Suppose first that $r$ is odd. If $r=1$ then $\sigma$ is an $n$-cycle, $\|\sigma\|_{\tau}=1 \leq n-1$ and we are done. If $r \geq 3$, use $\mathrm{O}_{3}$ (a) to find a 3-cycle $\alpha_{1}$ such that $\sigma \alpha_{1} \in\left[k_{1}, k_{2}, k_{3}\right.$, $\left.n-\left(k_{1}+k_{2}+k_{3}\right)\right]$. Repeat this process to find 3-cycles $\alpha_{2}, \ldots, \alpha_{(r-1) / 2}$ such that $\sigma \alpha_{1} \cdots \alpha_{(r-1) / 2} \in\left[k_{1}, \ldots, k_{r}\right]$ (this is possible since $r$ is odd). This shows that

$$
\|\sigma\|_{\tau} \leq \frac{r-1}{2} \cdot\left\|\alpha_{i}\right\|_{\tau} \leq 2 \cdot \frac{r-1}{2}=r-1 \leq n-1
$$

Suppose that $r$ is even $(r \geq 2)$. Then $\sigma$ is not a transposition (because in that case $r$ is odd). If $\sigma$ is either a 3 -cycle or a (2,2)-cycle then $\|\sigma\|_{\tau} \leq 2$ by Lemma 4.7 and we are done since $n \geq 4$. Therefore either

- $k_{1} \geq 4$, in which case $r \leq 1+\left(n-k_{1}\right) \leq n-3$, or
- $k_{1}=3$ and $k_{2} \geq 2$ in which case $r \leq 1+1+(n-5)=n-3$, or
- $k_{1}=2$ and $k_{2}, k_{3}=2$ (since $\sigma$ is not a transposition nor a (2,2)-cycle), so $r \leq 3+(n-6)=n-3$.
So we may assume that $r \leq n-3$.
Since $n$ is even, $\tau^{2}$ is an $\left(\frac{n}{2}, \frac{n}{2}\right)$-cycle. Since $k_{1} \geq \cdots \geq k_{r}$ and $r \geq 2$ and $\sum_{i} k_{i}=n$, we see that $k_{r} \leq \frac{n}{2}$. If $k_{r}=\frac{n}{2}$ then $r=2$ and $\sigma$ is an $\left(\frac{n}{2}, \frac{n}{2}\right)$-cycle, so

$$
\|\sigma\|_{\tau}=\left\|\tau^{2}\right\|_{\tau}=2 \leq n-1
$$

and we are done. So assume $k_{r}<\frac{n}{2}$. Apply $\mathrm{O}_{3}$ (b) to $\tau^{2}$ to find a 3-cycle $\alpha_{0}$ such that $\tau^{2} \alpha_{0} \in\left[n-k_{r}, k_{r}\right]$. Apply $\mathrm{O}_{3}$ (a) $\frac{r-2}{2}$ times to find 3-cycles $\alpha_{1}, \ldots, \alpha_{t}$, where $t=\frac{r-2}{2}$, that split the $\left(n-k_{r}\right)$-cycle into $r-1$ cycles and get $\sigma \alpha_{0} \cdots \alpha_{t} \in\left[k_{1}, \ldots, k_{r}\right]$. Since $\left\|\alpha_{i}\right\|_{\tau} \leq 2$ we get

$$
\|\sigma\|_{\tau} \leq 2(t+1)=r \leq n-1
$$

(because $\sigma \neq 1$ ).
Proposition 4.16. Consider an odd permutation $\tau \in S_{n}$ and assume that $\tau$ fixes a point. Then $\left\|S_{n}\right\|_{\tau} \leq\left\|S_{n-1}\right\|_{\tau}+1$. In particular $\left\|S_{n}\right\|_{\tau} \leq \Delta\left(S_{n-1}\right)+1$.
Proof. Up to conjugation we may assume that $\tau$ fixes $n$. Any $\sigma \in S_{n}$ either fixes a point, in which case up to conjugacy $\sigma \in S_{n-1}$, or there exists $\tau^{\prime}$ conjugate to $\tau$ such that $\sigma \tau^{\prime}$ fixes a point. So up to conjugation $\sigma \tau^{\prime} \in S_{n-1}$ for some $\tau^{\prime} \in B_{\tau}(1)$. Therefore

$$
\|\sigma\|_{\tau} \leq\left\|\sigma \tau^{\prime}\right\|_{\tau}+\left\|\tau^{\prime}\right\|_{\tau} \leq\left\|S_{n-1}\right\|_{\tau}+1 \leq \Delta\left(S_{n-1}\right)+1
$$

Proof of Theorem 1.2. We use induction on $n \geq 2$. First, $\Delta\left(S_{2}\right)=1$ is a triviality and $\Delta\left(S_{3}\right)=2$ by Theorem 1.1.

Assume inductively that $\Delta\left(S_{m}\right)=m-1$ for all $2 \leq m<n$. By Corollary 4.6, $\Delta\left(S_{n}\right) \geq n-1$. To prove equality we need to show that $\left\|S_{n}\right\|_{X} \leq n-1$ for any normally generating set $X$. By Lemma $4.4, X$ contains an odd permutation $\tau$ which normally generates, and hence $\left\|S_{n}\right\|_{X} \leq\left\|S_{n}\right\|_{\tau}$. So it suffices to prove that $\left\|S_{n}\right\|_{\tau} \leq n-1$ for any odd permutation $\tau$.

If $\tau$ has a fixed point then by Proposition 4.16

$$
\left\|S_{n}\right\|_{\tau} \leq \Delta\left(S_{n-1}\right)+1 \leq n-2+1=n-1
$$

and we are done. So in order to establish the induction step we need to check that $\left\|S_{n}\right\|_{\tau} \leq n-1$ for odd $\tau$ without fixed points. Recall Notation 4.11.

For $n=4$ the only fixed-point free odd permutations are the 4-cycles. If $\tau$ is one then $\left\|S_{4}\right\|_{\tau} \leq 3$ by Proposition 4.15. So $\Delta\left(S_{4}\right)=3$.

For $n=5$ the only fixed-point free odd permutations are the (3,2)-cycles. Let $\tau$ be one. Then $[3,2] \subseteq B_{\tau}(1)$ by definition and $[3] \subseteq B_{\tau}(2)$ by Lemma 4.7 . We apply Proposition 2.2 (iii) and $\mathrm{O}_{3}$ (a) to deduce that

$$
[2]=[1,1,1,2] \subseteq[3,2] \cdot[3] \subseteq B_{\tau}(3)
$$

and $\mathrm{O}_{3}(\mathrm{~b})$ to deduce that

$$
[4]=[1,4] \subseteq[3,2] \cdot[3] \subseteq B_{\tau}(3)
$$

Apply $\mathrm{O}_{3}(\mathrm{~b})$ to get

$$
[2,2] \subseteq[3,1] \cdot[3] \subseteq B_{\tau}(4)
$$

and $\mathrm{O}_{3}$ (c) to get

$$
[5] \subseteq[3,1,1] \cdot[3] \subseteq B_{\tau}(4)
$$

We have exhausted all the nontrivial conjugacy classes in $S_{5}$ and therefore $\left\|S_{5}\right\|_{\tau} \leq 4$ as needed.

For $n=6$ the only fixed-point free odd permutations are the (2, 2, 2)-cycles and 6 -cycles. If $\tau$ is a 6 -cycle then $\left\|S_{6}\right\|_{\tau} \leq 5$ by Proposition 4.15. Consider $\tau \in[2,2,2]$. Then $[2,2,2] \subseteq B_{\tau}(1)$ by definition and $[2,2] \subseteq B_{\tau}(2)$ by Lemma 4.7. Now, [2], [6], [4] $\subseteq B_{\tau}(3)$ because

$$
\begin{array}{ll}
{[2]=[1,1,1,1,2] \subseteq[2,2,2] \cdot[2,2]} & \text { by } \mathrm{O}_{2}(\mathrm{~b} 1) \\
{[6] \subseteq[2,2,2] \cdot[2,2]} & \text { by } \mathrm{O}_{2}(\mathrm{c} 1) \\
{[4]=[1,1,4] \subseteq[2,2,2] \cdot[2,2]} & \text { by } \mathrm{O}_{2}(\mathrm{c} 2)
\end{array}
$$

Next, [5], [3], [4, 2], [3, 3] $\subseteq B_{\tau}(4)$ because

$$
\begin{array}{rlr}
{[5] \subseteq[2,2,1] \cdot[2,2]} & \text { by } \mathrm{O}_{2}(\mathrm{c} 1) \\
{[3]} & =[1,1,3] \subseteq[2,2,1] \cdot[2,2] & \text { by } \mathrm{O}_{2}(\mathrm{c} 2) \\
{[4,2]} & \subseteq[2,2,1,1] \cdot[2,2] & \text { by } \mathrm{O}_{2}(\mathrm{~d}), \\
{[3,3]} & \subseteq[2,1,2,1] \cdot[2,2] & \text { by } \mathrm{O}_{2}(\mathrm{~d})
\end{array}
$$

Finally

$$
[3,2]=[3,1,2] \subseteq[6] \cdot[2,2] \subseteq B_{\tau}(3+2)
$$

by $\mathrm{O}_{2}$ (a). This exhausts all the nontrivial conjugacy classes in $S_{6}$ and therefore $\left\|S_{6}\right\|_{\tau} \leq 5$ as needed.

We now assume that $n \geq 7$ and that $\Delta\left(S_{m}\right)=m-1$ for all $2 \leq m<n$. Choose an odd permutation $\tau \in S_{n}$ without fixed points. If $\tau$ is an $n$-cycle then $\left\|S_{n}\right\|_{\tau} \leq n-1$ by Proposition 4.15. So we assume that $\tau$ is a product of at least two cycles each of length $k \geq 2$. If one of these cycles has odd length $k \geq 3$ then $n-k \geq 2$ (or else $\tau$ has a fixed point) and Proposition 4.13, together with the induction hypothesis, shows that

$$
\left\|S_{n}\right\|_{\tau} \leq \Delta\left(S_{n-k}\right)+k=n-k-1+k=n-1
$$

as needed. If $\tau$ contains no cycles of odd length then it is a product of cycles of even length. Since $\tau$ is odd, the number of these cycles must be odd, and since $\tau$ is not a cycle, it is a product of at least three cycles of even length. Let $p \geq q$ be the lengths of the shortest two cycles in $\tau$. Then $q \geq 2$ and $n-(p+q) \geq p$ because $\tau$ contains a third cycle of length at least $p$. Appealing to Proposition 4.14 and the induction hypothesis, we deduce that

$$
\left\|S_{n}\right\|_{\tau} \leq \Delta\left(S_{n-p-q}\right)+p+q=n-1 .
$$

The induction step is complete.

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