

5-Alpha Reductase Inhibitors and Risk of Kidney and Bladder Cancers in Men with Benign Prostatic Hyperplasia: A Population-Based Cohort Study

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Running Title: 5-alpha Reductase Inhibitors and Risk of Urological Cancers

Key Words: Benign prostatic hyperplasia, kidney cancer, bladder cancer, 5-alpha reductase inhibitor, epidemiology.

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Financial Support: Dr's B Hicks and CR Cardwell received funding from Cancer Research UK Population Research Fellowship (grant reference 22185). The funder had no role in the study design, analysis, interpretation or writing of the manuscript.

Authors Disclosures: Dr L Azoulay received consulting fees from Janssen and Pfizer for work unrelated to this study.

Word Count: 3,328 (Text: 3,079; Abstract: 249)

Number of Tables: 3

Number of Figures: 2

1 **Abstract**

2 **Background:** Preclinical evidence suggests that 5-alpha reductase inhibitors, commonly used
3 to treat benign prostatic hyperplasia, are associated with reduced incidence of certain
4 urological cancers, yet epidemiological studies are conflicting. This study aimed to
5 determine whether 5-alpha reductase inhibitors are associated with a reduced risk of kidney
6 and bladder cancers.

7 **Methods:** We conducted a new user active-comparator cohort study in the United Kingdom
8 Clinical Practice Research Datalink. From a base cohort of patients with incident benign
9 prostatic hyperplasia, new users of 5-alpha reductase inhibitors and alpha-blockers were
10 identified. Patients were followed-up until a first ever diagnosis of kidney or bladder cancer,
11 death from any cause, end of registration, or 31st December 2017. Cox proportional hazards
12 models were used to calculate hazard ratios and 95% confidence intervals for incident
13 kidney and bladder cancer.

14 **Results:** There were 5,414 and 37,681 new users of 5-alpha reductase inhibitors and alpha-
15 blockers, respectively. During a mean follow-up of 6.3 years, we found no association
16 between the use of 5-alpha reductase inhibitors and kidney (adjusted hazard ratio: 1.26,
17 95% CI 0.74-2.12, n=23) or bladder (adjusted hazard ratio: 0.89, 95% CI 0.64-1.23, n=57)
18 cancer risk compared to alpha-blockers. Similar results were observed across sensitivity
19 analyses.

20 **Conclusions:** In this study, we found no association between the use of 5-alpha reductase
21 inhibitors and kidney or bladder cancer incidence in men with benign prostatic hyperplasia
22 when compared to alpha-blocker use.

- 23 **Impact:** The findings of this study indicate that 5-alpha reductase inhibitors are unlikely to
- 24 reduce kidney or bladder cancer risk.

25 Introduction

26 Recommended for the treatment of benign prostatic hyperplasia (BPH), 5-alpha reductase
27 inhibitors (5ARI) act to lower circulating dihydrotestosterone (DHT) by inhibiting the
28 conversion of testosterone to the more potent DHT by 5-alpha reductase enzymes (1). The
29 resulting diminished effect of DHT on the androgen receptor (AR) following 5ARI treatment
30 has been hypothesized to reduce cancer initiation and progression via the hormonal
31 pathway (2). Both kidney and bladder cancer exhibit higher incidence rates in men
32 compared to women (3,4). This observed gender disparity, even when considering
33 important lifestyle factors, has led to increasing interest in determining the role of male sex
34 hormones in initiation and promotion of urological cancers.

35 The AR is differentially expressed between malignant and benign tissue of both kidney and
36 bladder (5). In addition, *in-vitro* studies demonstrate the downstream effects of AR
37 activation are associated with cell growth and migration in bladder (6-8) and kidney cancer
38 (9). This highlights the importance of the hormonal pathway, especially activity of the AR, in
39 cancer progression in kidney and bladder cancer. Furthermore, treatment with 5ARI was
40 also seen to reduce proliferation of bladder cancer cells (10). Previous observational
41 evidence found reduced incidence of bladder cancer with 5ARI use (11-13), with another
42 study reporting no change in risk of bladder cancer with 5ARI use (14). Only one previous
43 study investigated kidney cancer risk with 5ARI use which found no association (15).
44 However, these studies had some notable limitations including confounding by indication
45 (11,12), exposure misclassification (15), and detection bias (12).

46 Given the limited observational evidence additional carefully designed observational studies
47 are warranted to determine the effect of lower AR activation from 5ARI treatment on kidney

48 and bladder cancer risk at a population-based level. The active comparator new-user study
49 design offers several advantages in the investigation of drug effects, including in particular
50 the reducing potential confounding by indication (16). Therefore, this population-based
51 cohort study aimed to investigate the risk of kidney and bladder cancer with the use of
52 5ARI's in men with BPH using an active comparator new-user design.

53 **Materials and Methods**

54 **Data Source**

55 The Clinical Practice Research Datalink (CPRD) GOLD database is a representative database
56 of electronic health records of over 17 million patients from a network of general practices
57 from throughout the UK (17). Information in the CPRD includes demographics, diagnoses,
58 referrals, and prescriptions, which have been shown to be valid and of high quality (18).
59 Moreover, kidney and urinary tract cancer diagnosis in CPRD were shown to be concordant
60 with the UK National Cancer Data Repository (19). CPRD obtains ethical approval to receive
61 and supply patient data for public health research. The study protocol was approved by the
62 Scientific Advisory Committee of the CPRD (protocol number 18_020).

63 **Study Population**

64 We used an active comparator new user design to compare new users of 5ARi's (finasteride
65 or dutasteride) with new users of alpha-blocker (tamsulosin, alfuzosin, doxazosin, prazosin,
66 or terazosin). Alpha-blockers were chosen as a clinically relevant comparator due to the
67 similar indications of use to 5ARi's, therefore minimising confounding by indication (20). We
68 identified a base cohort of the first 100,000 men diagnosed with BPH between 1st February
69 1998 and 31st December 2014, who were over the age of 40. From the base cohort we
70 identified all first prescriptions of a 5ARi or alpha-blocker after BPH diagnosis. Cohort entry
71 (T0) was considered as the date of this first prescription. At cohort entry exclusions included
72 those that had prior use of 5ARi or alpha-blocker (prevalent users) any time prior to cohort
73 entry and those with concomitant use of both 5ARi's and alpha-blockers. Additionally, we
74 excluded those with a previous diagnosis of any cancer, and those with less than 1 year of
75 medical history prior to cohort entry. All patients were required to have at least 1 year of

76 follow-up after cohort entry for latency considerations, to ensure the identification of
77 incident cancer during follow-up and to minimise the impact of reverse causality and
78 detection bias.

79 **Exposure Definition**

80 5ARi and alpha-blocker users were followed using an intention-to-treat approach whereby
81 patients were considered continually exposed to the cohort entry drug from one year after
82 initiation of either 5ARi or alpha-blocker until the end of follow up irrespective of switches,
83 add-ons, or discontinuation. This approach assumes that the effect of exposure on outcome
84 remains after treatment discontinuation. Analyses were conducted for kidney and bladder
85 cancer separately. Thus, we followed up all patients who met the study criteria, from one
86 year after cohort entry until either a diagnosis of kidney cancer or bladder cancer in
87 respective cohorts or censoring on death from any cause, end of registration with the
88 general practice, or the end of study period (31st December 2017), which ever occurred first.

89 **Covariates**

90 All models were adjusted for the following covariates measured at cohort entry: age, body
91 mass index (BMI, modelled as a continuous variables), year of cohort entry, duration of BPH
92 (measured as time between date of BPH diagnosis and cohort entry), smoking status
93 (current, former, or never), alcohol consumption (yes or no), type 2 diabetes mellitus,
94 hypertension, urinary tract infection, cystitis, bladder stones, and kidney stones.
95 Comorbidities were also extracted based on the Charlson's Comorbidities Index including
96 cerebrovascular disease, chronic pulmonary disease, congestive heart disease, dementia,
97 diabetes, hemiplegia, liver disease, myocardial infarction, peripheral vascular disease, renal
98 disease and rheumatological disease (21,22).

99 **Statistical Analysis**

100 We calculated the crude incidence rate and 95% confidence intervals based on Poisson
101 distribution for 5ARi users. Cox proportional hazards models were used to estimate hazard
102 ratios (HR) and 95% confidence intervals (CI) for kidney or bladder cancer risk associated
103 with 5ARi use compared to alpha-blocker use, adjusting for confounders mentioned
104 previously. To investigate any duration-response relationship we calculated drug quantity
105 and strength using the World Health Organisation defined daily doses (DDD) methodology
106 (23). Using DDD we categorised drug use as less than 365 DDD, between 365-1095 DDD, and
107 more than 1095 DDD as a time-varying variable. In addition, we modelled time since
108 initiation as a time-varying variable categorised as 1 year or less, 1.1 to 3 years, and longer
109 than 3 years. As a secondary analysis we used an alternative exposure definition whereby
110 patients were censored on switching or adding on of the two study drugs, applying a one-
111 year lag period.

112 Finally, as 5ARi and alpha-blockers are often prescribed together in clinical practice to
113 effectively treat more severe BPH as secondary analyses we conducted analyses that
114 allowed for the inclusion concomitant users in our cohort. For this analysis cohort entry date
115 was considered the date of BPH diagnosis, with exclusion criteria outlined previously applied
116 at cohort entry. A one-year lag period was applied, thus follow-up began one year post
117 cohort entry. A time-varying exposure definition was used with each person-day of follow
118 up classified hierarchically into mutually exclusive categories including: 5ARi use, alpha-
119 blocker use and non-use. All exposures were lagged by one year, thus patients initiating
120 5ARi were considered unexposed to one year after their first prescription and considered
121 exposed thereafter. The reference category was non-use.

122 We performed several sensitivity analyses. Firstly, given uncertainties surrounding cancer
123 latency windows we varied the length of the lag period to 2 and 3 years. Secondly, as the
124 alpha-blockers indoramin and prazosin more likely to be used for the treatment of
125 hypertension we excluded this from our analysis to account for potential confounding by
126 hypertension. Thirdly, to account for the competing risk due to death we applied competing
127 risk analysis using the subdistribution model proposed by Fine and Gray (24). In addition,
128 the primary analysis was repeated using multiple imputation for variables with missing
129 values. An ordinal logistic regression model was used to impute variables with missing
130 information (including smoking, alcohol use and BMI). Ten imputations were conducted, and
131 results combined using Rubin's rules (25). Finally, the models were weighted using
132 standardised mortality ratio weights (SMRW) using propensity scores (26). The propensity
133 scores were estimated using logistic regression on the probability of receiving a 5ARi versus
134 an alpha-blocker based on the previously mentioned covariates. Patients in the non-
135 overlapping regions of the propensity score were trimmed and excluded from analysis.

136 All analyses were performed using STATA Release 16 (StataCorp, College Station, TX, USA).

137 **Data Availability**

138 The data analysed in this study are available from CPRD. Restrictions apply to the availability
139 of these data, which were used under license for this study. Data are available from the
140 authors upon reasonable request with the permission of CPRD.

141 **Results**

142 Table 1 presents baseline characteristics of 5ARi and alpha-blocker users for study cohorts.
143 Exposure groups were similar in BMI, smoking status, alcohol use, and history of kidney and
144 bladder stones. Users of 5ARi's were generally older with lower levels of hypertension
145 compared to alpha-blocker users as expected with the clinical recommendations for drug
146 use. History of myocardial infarction, peptic ulcer disease, and urinary tract infections was
147 higher among users of 5ARi's in comparison to alpha-blocker users.

148 **5-Alpha Reductase Inhibitors and Kidney Cancer**

149 For the analysis of kidney cancer, we identified 5,008 and 35,076 new users of 5ARi's and
150 alpha-blockers, respectively (Figure 1). During a median (IQR) duration of 6.4 (3.2-9.6) years
151 of follow-up (excluding one-year lag) there were 23 incident events of kidney cancer among
152 5ARi users compared to 133 incident cases among alpha-blocker users (crude incidence
153 rate: 70.5 vs 57.0 per 100,000 person years, respectively). Overall, compared to alpha-
154 blocker use, we did not observe an association between 5ARi use and kidney cancer risk
155 (adjusted HR: 1.26, 95%CI: 0.74-2.12; Table 2). No dose or duration response was observed
156 in analysis of DDD's or time since initiation. Table 3 displays the results of secondary
157 analyses censoring on switching or adding-on of the medications of interest. Overall, 44%
158 (n=2,186) of 5ARi users at baseline switched or added-on an alpha-blocker and 30%
159 (n=10,501) of alpha-blocker users at baseline switched or added-on a 5ARi. While estimates
160 were attenuated to below the null, (adjusted HR: 0.77, 95%CI: 0.35-1.70, Table 3) there was
161 no evidence of an association with wide CIs around the estimate and a low number of
162 events (n=10). In addition, when comparing 5ARi use (5ARi use only and in combination with

163 alpha blockers) to non-use estimates were similar (adjusted HR: 1.17, 95%CI: 0.76-1.81) as
164 shown in Supplementary Table S1.

165 Details of sensitivity analysis can be found in Supplementary Table S2. The estimates were
166 attenuated towards the null when varying lag periods to 2 years (HR: 1.15, 95%CI: 0.65-2.04)
167 and 3 years (HR: 1.15, 95%CI: 0.60-2.18; Figure 2A). Similarly, estimates were attenuated
168 when using multiple imputation (HR: 1.16, 95%CI: 0.74-1.82) and using standard mortality
169 ratio weights based upon the propensity score (weighted HR: 1.08, 95% CI: 0.61-1.91; Figure
170 2A). Baseline characteristics with absolute standardised differences before and after
171 weighting are shown in Supplementary Table S3. The estimate was consistent with the
172 exclusion of the alpha-blockers less likely to be solely prescribed in BPH treatment and
173 competing risk of death analysis (Figure 2A).

174 **5-Alpha Reductase Inhibitors and Bladder Cancer**

175 For bladder cancer analysis, we identified 4,993 and 35,010 new users of 5ARi and alpha-
176 blockers, respectively (Figure 1). During a median (IQR) duration of 6.3 (3.2-9.5) years of
177 follow-up (excluding one-year lag) there were 57 incident events of bladder cancer among
178 5ARi users compared to 402 incident cases among alpha-blocker users (crude incidence
179 rate: 175.6 vs 173.4 per 100,000 person years, respectively). There was no association
180 between 5ARi use and bladder cancer in comparison to alpha-blocker use (adjusted HR: 0.89
181 95%CI: 0.64-1.23; Table 2). Additionally, analysis by DDD category and time since initiation
182 revealed no evidence of a dose response relation of 5ARi use with bladder cancer risk (Table
183 2). In the secondary analysis censoring on switching or add-on of medication the estimate
184 was attenuated (Table 3). Overall, 44% (n=2,182) of 5ARi users at baseline switched or
185 added-on an alpha-blocker and 30% (n=10,482) of alpha-blocker users at baseline switched

186 or added-on a 5ARI. In addition, results for exposure to 5ARi's compared to non-use were
187 null (adjusted HR: 0.96, 95%CI: 0.73-1.26; Supplementary Table S1).

188 The sensitivity analysis was consistent when varying lag periods to 2 years and 3 years,
189 excluding alpha-blockers less likely to be prescribed in BPH treatment, using competing risk
190 of death analysis, using multiple imputation, and using standard mortality ratio weights as a
191 propensity score analysis (Figure 2B; Supplementary Table S2). Supplementary Table S4
192 presents baseline characteristics with absolute standardised differences before and after
193 weighting.

194 Discussion

195 In this large population-based study we investigated whether 5ARi use was associated with
196 a reduction in the risk of kidney or bladder cancer when compared to alpha-blocker use. We
197 found no association between the use of 5ARi in men with BPH and risk of kidney or bladder
198 cancer, with no evidence of a dose-response relation.

199 Studies investigating the association of 5ARi use with bladder cancer initially reported a
200 reduced risk of bladder cancer with 5ARi use. An early study by Morales *et al* found a 37%
201 reduced risk of bladder cancer with the use of finasteride (n=65) in a US trial population
202 using time-to-event analysis (HR: 0.63, 95% CI: 0.49-0.82) (11). Another study conducted in
203 the US, reported a 36% reduced risk of bladder cancer (HR: 0.64, 95% CI: 0.51-0.80) based
204 on 86 bladder cancer events among 5ARi users (12). Notably, both studies likely suffered
205 from immortal time bias, likely explaining the risk reductions observed. This bias is
206 introduced when there is a period of follow-up time in which the outcome cannot occur due
207 to the exposure definition resulting in misclassification of the immortal time (27). The
208 studies also had other limitations including the use of a non-user comparator (11,12),
209 inclusion of prevalent users (11), lack of inclusion of a lag period (12), and potential residual
210 confounding by patient characteristics such as smoking and BMI (11,12). While we observed
211 non-significant reductions in HR's overall and in sensitivity analyses, we found no evidence
212 of duration response. Thus, our results are in line with an additional cohort study conducted
213 in men with prostatic symptoms that concluded there was no evidence of an association
214 although this study was limited by low number of events (n=9) (14).

215 Evidence regarding kidney cancer risk with 5ARi's is very limited. Similar to our findings, a
216 cohort study of clinical trial data with a maximum follow-up of 15 years observed no

217 association between finasteride use and kidney cancer risk (n= 52, HR: 1.12, 95% CI: 0.83-
218 1.5) when comparing to non-use (15). However, this study was limited by potential exposure
219 misclassification due to self-reported use of finasteride and lack of a lag period to account
220 for the long latency of cancer (15).

221 The biological rationale for the relationship between 5ARi's and urological cancers stem
222 from observed sex discrepancies in cancer incidence and suggest a role of the male
223 hormonal pathway in cancer initiation (3,4,28). In-vitro studies suggest modulation of DHT
224 and AR activity in both kidney and bladder cancer are closely linked with cancer progression
225 (6-9,29). One study found that genomic alterations of the 5-alpha reductase enzymes, the
226 target for 5ARi's, was found in almost one third of bladder cancer cases (10). Furthermore,
227 addition of finasteride to bladder cancer cells suppressed cell growth (10). Thus, 5ARi's may
228 influence cancer risk via action on the 5-alpha reductase enzymes and the reduction of
229 circulating levels of the potent male sex hormone DHT (2). In kidney cancer the epigenetic
230 regulation of the AR, via its co-regulator lysine-specific histone demethylase 1, was linked
231 with greater kidney cancer growth (9). The promotion of the AR pathway via other
232 mechanism has also been highlighted to promote cancer initiation in kidney cancer (30).
233 However, these proposed mechanisms for reduced cancer incidence with 5ARi use in kidney
234 and bladder cancer are not reflected in this large population study.

235 This study has several strengths. It was a large retrospective cohort study utilising data from
236 the UK CPRD with a long follow-up to investigate the long latency of cancer. This allowed
237 collection of information on important confounders including BMI, smoking, and alcohol
238 use. In addition, we compared 5ARi's to alpha-blockers using a new user active comparator

239 design excluding prevalent users and reducing confounding by indication by accounting for
240 the severity of BPH requiring treatment.

241 However, this study also had some limitations. Low number of events in our cohort limited
242 our statistical power to detect a marginal effect especially in kidney cancer analysis. Our
243 analysis was in line with another study with a greater number of events of kidney cancer
244 (n=52) (15). We were unable to stratify by cancer stage, location, or histological sub-type as
245 this information was unavailable in the CPRD. Further studies with greater number of events
246 using a new-user active comparator approach would be required to confirm our null findings
247 and by sub-type of cancer. Misclassification of the outcome was possible however cancer
248 diagnoses for kidney and bladder cancer have been shown to be well recorded in the CPRD
249 (19). The UK CPRD allowed consideration of many potential confounders however residual
250 confounding from occupation remains a possibility. Thirdly, the CPRD captures prescription
251 records from general practice therefore misclassification of the exposure is possible due to
252 non-adherence to treatment or missed prescriptions from specialists. A previous study of
253 BPH patients in CPRD indicated that adherence to 5ARI's and alpha-blockers is relatively low
254 (32.3% and 44%, respectively) (31). However, dose response relations were also evaluated,
255 with noncompliance less of a concern for those using multiple prescriptions. In addition, our
256 base cohort was identified based on a diagnosis of BPH prior to treatment. The
257 misclassification of BPH in our base cohort may be possible as diagnoses are not confirmed
258 by imaging but rather by medical history and physical examination, unless concerns about
259 complications exist (1). Lastly, increased surveillance of patients by clinicians close to
260 treatment initiation may lead to increased detection of kidney or bladder cancer,
261 particularly as bladder-related symptoms are common between both BPH and bladder
262 cancer. We addressed this by using an active comparator and introducing a 1-year lag period

263 which was varied in sensitivity analysis. Reassuringly, results for bladder cancer remained
264 consistent in lagged analysis, while estimates were attenuated towards the null for kidney
265 cancer on the application of a 2-year lag. This attenuation in our lag analysis could indicate
266 the need to consider a longer lag period for kidney cancer.

267 In conclusion, this population-based study found no reduction in the risk of kidney or
268 bladder cancer with the use of 5ARI's in men with BPH. This does not support previous
269 observations of a reduced risk of bladder cancer. Given the low numbers of kidney cancer
270 events observed in the current study further studies would be warranted to confirm the
271 findings.

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Table 1. Baseline characteristics

Characteristics	Kidney Cancer Cohort		Bladder Cancer Cohort	
	5ARi Users N= 5,008	Alpha-Blocker Users N= 35,076	5ARi Users N= 4,993	Alpha-Blocker Users N= 35,010
Age, years (mean, SD)	71.3 (9.6)	68.1 (9.8)	71.3 (9.6)	68.1 (9.8)
Year of Cohort Entry, n (%)				
1998-2001	1,090 (21.8)	6,699 (19.1)	1,088 (21.8)	6,689 (19.1)
2002-2005	1,716 (34.3)	11,771 (33.6)	1,711 (34.3)	11,758 (33.6)
2006-2009	1,814 (36.2)	12,418 (35.4)	1,809 (36.2)	12,386 (35.4)
2010-2014	388 (7.8)	4,188 (11.9)	385 (7.7)	4,177 (11.9)
Duration of BPH, months (mean, SD)	12.9 (27.7)	14.6 (30.3)	12.8 (27.7)	14.6 (30.3)
Body Mass Index, n (%)				
<18.5 kg/m ²	35 (0.7)	208 (0.6)	35 (0.7)	206 (0.6)
18.5-24.9 kg/m ²	1,314 (26.2)	8,943 (25.5)	1,305 (26.1)	8,927 (25.5)
25-30 kg/m ²	1,973 (39.4)	13,404 (38.2)	1,968 (39.4)	13,375 (38.2)
≥30 kg/m ²	749 (15.0)	5,942 (16.9)	749 (15.0)	5,941 (17.0)
Unknown	937 (18.7)	6,579 (18.8)	936 (18.8)	6,561 (18.7)
Smoking Status, n (%)				
Current	594 (11.9)	4,476 (12.8)	592 (11.9)	4,465 (12.8)
Past	1,835 (36.6)	12,434 (35.5)	1,828 (36.6)	12,407 (35.4)
Never	2,106 (42.1)	14,830 (42.3)	2,102 (42.1)	14,812 (42.3)
Unknown	473 (9.4)	3,336 (9.5)	471 (9.4)	3,326 (9.5)
Alcohol Status, n (%)				
Yes	3,445 (68.8)	23,806 (67.9)	3,436 (68.8)	23,763 (67.9)
No	477 (9.5)	3,254 (9.3)	475 (9.5)	3,256 (9.3)
Unknown	1,086 (21.7)	8,016 (22.9)	1,082 (21.7)	7,991 (22.8)
Disease History, n (%)				
Hypertension	2,950 (58.9)	22,740 (64.8)	2,942 (58.9)	22,690 (64.8)
Renal Disease	334 (6.7)	1,875 (5.4)	331 (6.6)	1,866 (5.3)
Diabetes	577 (11.5)	3,690 (10.5)	577 (11.6)	3,686 (10.5)
Myocardial Infarction	522 (10.4)	2485 (7.1)	520 (10.4)	2481 (7.1)
Peptic Ulcer Disease	374 (7.5)	2362 (6.7)	373 (7.5)	2356 (6.7)
Urinary Tract Infections	792 (15.8)	4,259 (12.1)	789 (15.8)	4,240 (12.1)
Kidney Stones	316 (6.3)	2,052 (5.9)	316 (6.3)	2,053 (5.9)
Bladder Stones	30 (0.6)	115 (0.3)	30 (0.6)	115 (0.3)

Table 2. Crude and adjusted hazard ratio for the association between 5ARi's and kidney cancer and bladder cancer compared to alpha-blocker

Subgroup	Events	Person Years	Incidence Rate ^a (95% CI)	Crude HR (95% CI)	Adjusted HR ^b (95% CI)
Kidney Cancer					
Alpha-Blockers	133	233297	57.01 (48.10-67.57)	1.00 (ref.)	1.00 (ref)
5ARi	23	32636	70.47 (46.83-106.05)	1.24 (0.80-1.93)	1.26 (0.74-2.12)
Defined Daily Dose Categories					
<365	7	11494	60.90 (29.03-127.74)	1.08 (0.50-2.31)	0.69 (0.22-2.20)
364-1095	7	9437	74.17 (35.36-155.59)	1.35 (0.63-2.91)	1.52 (0.65-3.53)
≥1095	9	11705	76.89 (40.01-147.78)	1.30 (0.66-2.57)	1.53 (0.73-3.20)
Time Since 5ARi Initiation					
<1 year	S	S	83.488 (31.33-222.45)	2.01 (0.66-6.11)	2.72 (0.70-10.54)
1-2.9 years	S	S	35.985 (11.61-111.57)	0.61 (0.19-1.98)	0.69 (0.21-2.28)
≥3 years	16	19508	82.015 (50.24-133.87)	1.37 (0.80-2.34)	1.36 (0.71-2.61)
Bladder Cancer					
Alpha-Blockers	402	231882	173.36 (157.22-191.17)	1.00 (ref.)	1.00 (ref)
5ARi	57	32469	175.55 (135.41-227.58)	1.01 (0.76-1.34)	0.89 (0.64-1.23)
Defined Daily Dose Categories					
<365	11	11424	96.29 (53.32-173.87)	0.55 (0.30-0.99)	0.61 (0.31-1.18)
364-1095	24	9400	2555.31 (171.13-380.91)	1.47 (0.97-2.23)	1.37 (0.85-2.19)
≥1095	22	11645	188.92 (124.39-286.91)	1.11 (0.72-1.71)	0.76 (0.44-1.31)
Time Since 5ARi Initiation					
<1 year	12	4772	251.47 (142.81-442.80)	1.24 (0.67-2.30)	1.35 (0.70-2.61)
1-2.9 years	13	8293	156.77 (91.03-269.98)	0.96 (0.54-1.72)	0.67 (0.32-1.39)
≥3 years	32	19404	164.90 (116.62-233.19)	0.96 (0.67-1.39)	0.85 (0.55-1.32)

Abbreviations: HR, Hazard Ratio, CI, confidence interval, 5ARi, 5-alpha reductase inhibitor

^a Crude incidence rate per 100,000 person years

^b Adjusted for Age, Year of Cohort Entry, Duration of BPH, Smoking Status, Alcohol Status, Body Mass Index, Hypertension, cerebrovascular disease, chronic pulmonary disease, congestive heart disease, dementia, diabetes, hemiplegia, liver disease, myocardial infarction, peripheral vascular disease, renal disease, rheumatological disease, urinary tract infections, cystitis, bladder stones and kidney stones.

S Number of events <5 and corresponding person years were suppressed per CPRD confidentiality policy

Table 3. Crude and adjusted hazard ratios for the association between 5ARi's and kidney and bladder cancer compared with alpha-blockers, censoring on treatment switching

Subgroup	Events	Person Years	Incidence Rate (95% CI) ^a	Crude HR (95% CI)	Adjusted HR (95% CI) ^b
Kidney Cancer					
Alpha-Blockers	104	187119	45.90 (24.70-85.31)	1.00 (ref.)	1.00 (ref)
5ARi	10	21786	55.58 (45.86-67.36)	0.83 (0.44-1.59)	0.77 (0.35-1.70)
Bladder Cancer					
Alpha-Blockers	328	186154	176.20 (158.13-196.34)	1.00 (ref.)	1.00 (ref)
5ARi	34	21686	156.78 (112.03-219.42)	0.88 (0.62-1.25)	0.75 (0.49-1.14)

Abbreviations: HR, Hazard Ratio, CI, confidence interval, 5ARi, 5-alpha reductase inhibitor

^a Crude incidence rate per 100,000 person years

^b Adjusted for Age, Year of Cohort Entry, Duration of BPH, Smoking Status, Alcohol Status, Body Mass Index, Hypertension, cerebrovascular disease, chronic pulmonary disease, congestive heart disease, dementia, diabetes, hemiplegia, liver disease, myocardial infarction, peripheral vascular disease, renal disease, rheumatological disease, urinary tract infections, cystitis, bladder stones and kidney stones

Figure Legends

Figure 1. Flowchart outlining the construction of the kidney and bladder cancer cohorts of new users of 5-alpha reductase inhibitors and alpha blockers

Figure 2. Forest plots of primary and sensitivity analysis with adjusted hazard ratios and 95% confidence intervals for the association between use of 5-alpha reductase inhibitors and **(A)** kidney cancer and **(B)** bladder cancer

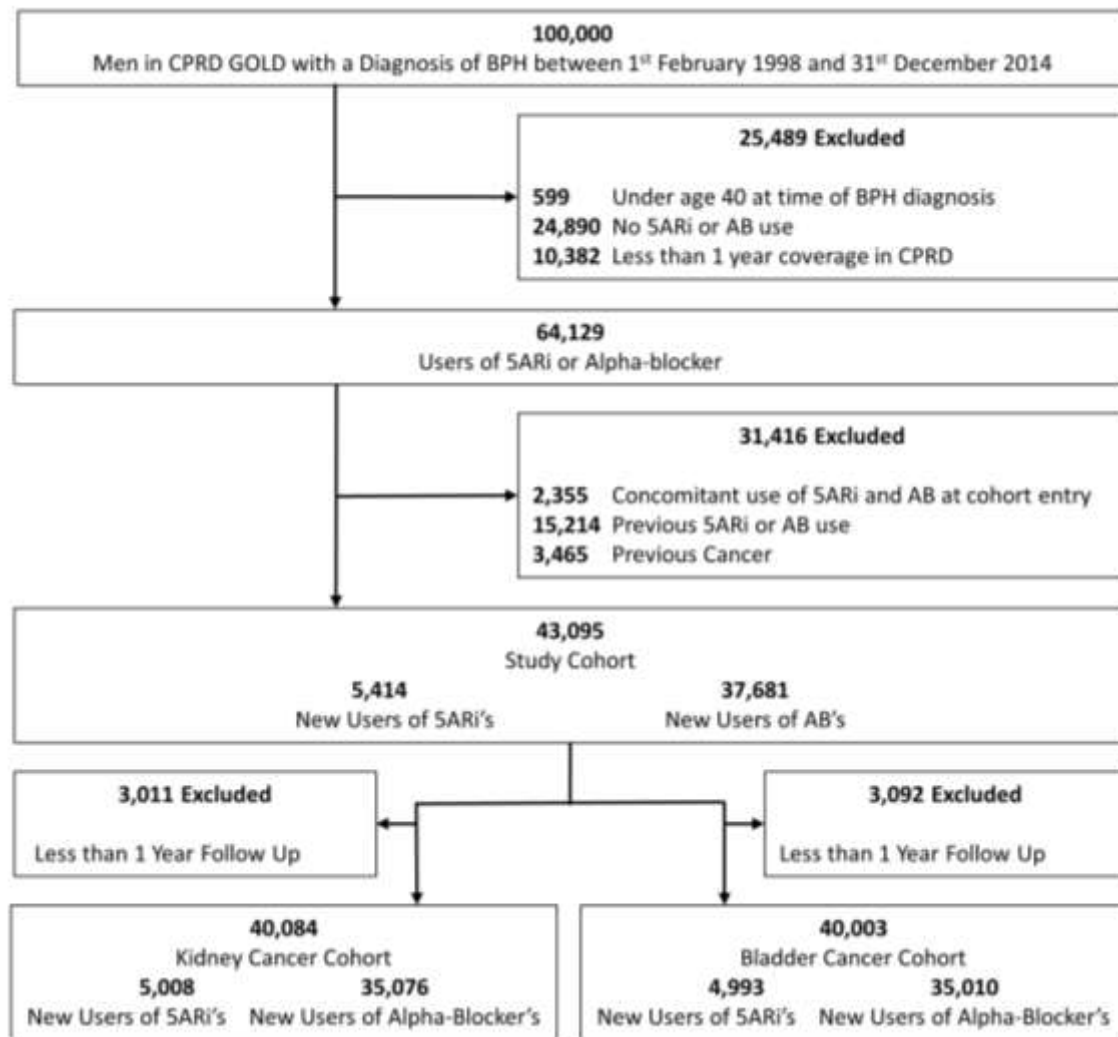


Figure 1. Flowchart outlining the construction of the kidney and bladder cancer cohorts of new users of 5-alpha reductase inhibitors and alpha blockers

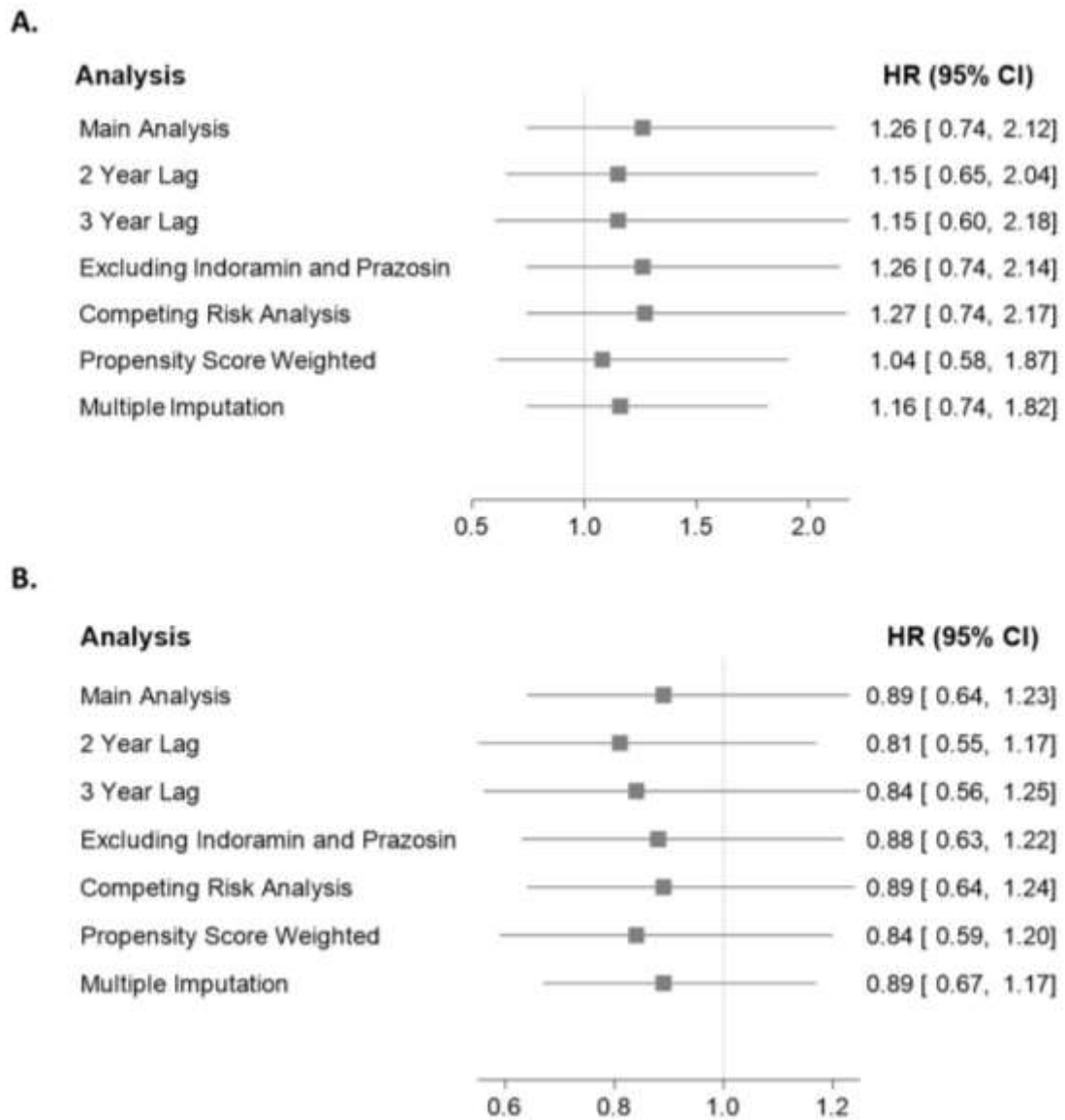


Figure 2. Forest plots of primary and sensitivity analysis with adjusted hazard ratios and 95% confidence intervals for the association between use of 5-alpha reductase inhibitors and **(A)** kidney cancer and **(B)** bladder cancer