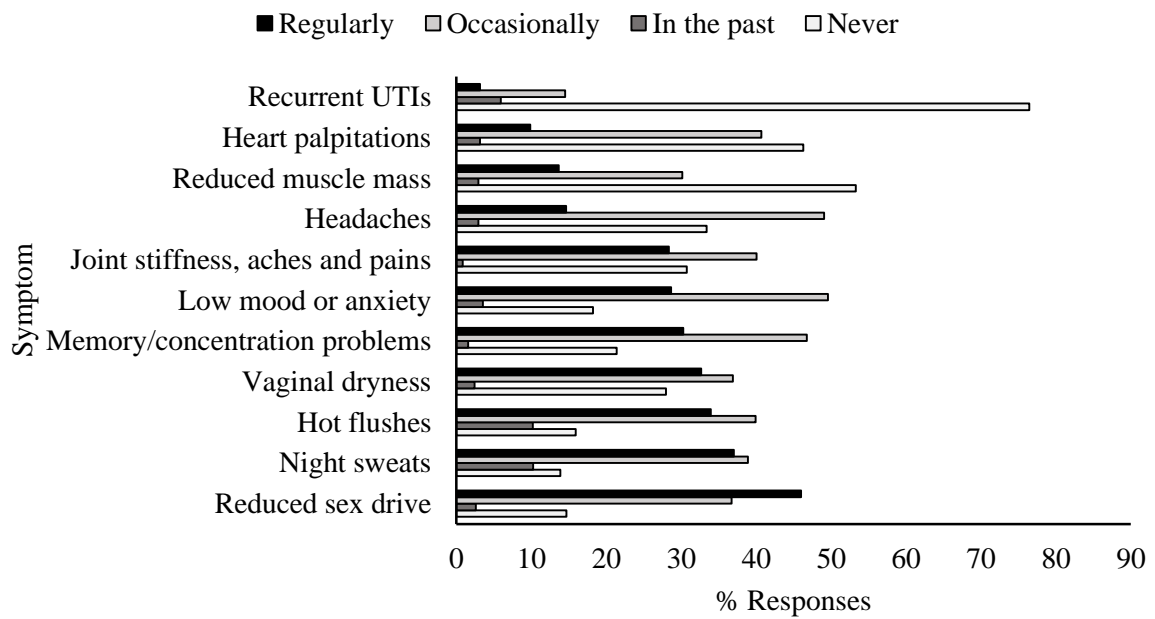


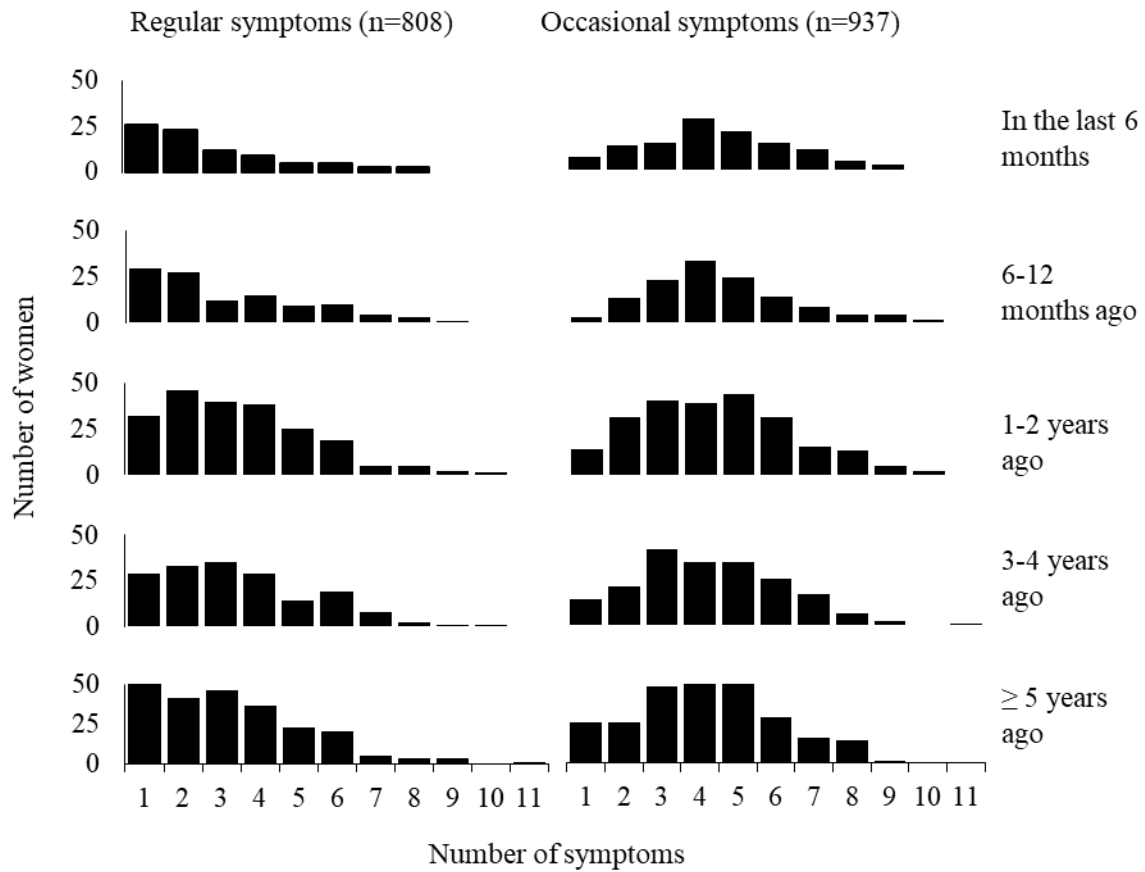
## Supplementary File 2

**Figure S1:** Percentage of respondents who reported experiencing each symptom



### Supplementary File 3

**Figure S2:** Number of regular or occasional symptoms experienced and time since menopause onset



#### Supplementary File 4

**Figure S3:** Changes in exercise behaviours according to length of time since menopause (n=937)

