Figure 3: Yates Quality Rating of Studies

	Astin 2003	Brown 2013	Esmer 2010	Morone 2009	Morone 2008	Plews-Ogan 2005	Pradhan 2007	Schmidt 2011	Sephton & Weissbecker 2007, 2002	Wong 2011	Zautra 2008
TREATMENT QUALITY											
Treatment content & setting											
Treatment duration											
Manualisation											
Adherence to manual											
Therapist training											
Patient engagement											
QUALITY OF STUDY DESIGN AND METHODS											
Sample criteria											
Evidence criteria met											
Attrition											
Rates of attrition											
Sample characteristics											
Group equivalence											
Randomisation											
Allocation bias											
Measurement bias											
Treatment expectations											
Justification of outcomes											
Validity of outcomes for context											
Reliability & sensitivity to change											
Follow up											
Power calculation											
Sufficient sample size											
Planned data analysis											
Statistics reporting											
Intention to treat analysis											
Control group											
Total Score/35	16	20	16	28	26	10	25	29	21	31	27

= Treatment quality criterion met   = Study design criterion met   = Quality criterion not met