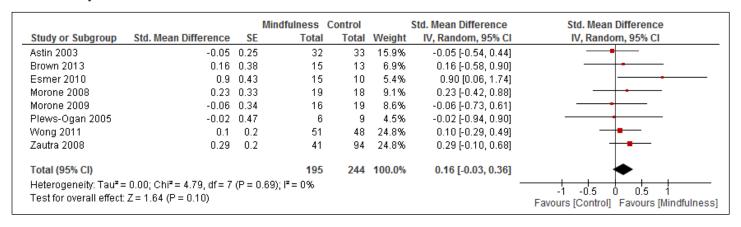
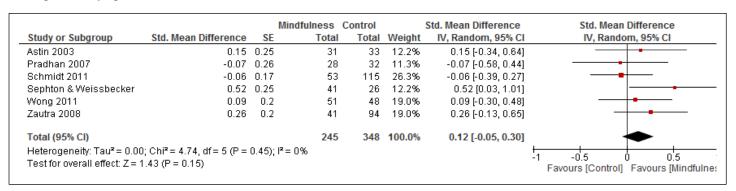
Figure 4: Forest plots with meta-analysis data for selected outcomes

Pain intensity



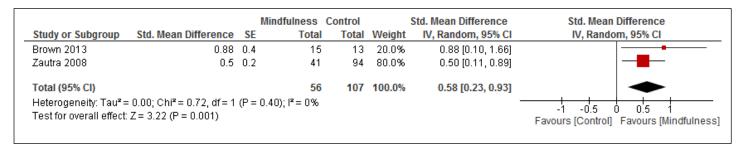
Depression symptoms



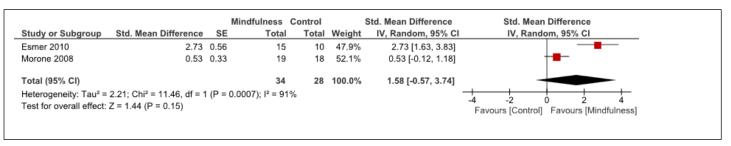
Mindfulness

Study or Subgroup	Std. Mean Difference	SE	Mindfulness Total		Weight	Std. Mean Difference IV, Random, 95% CI	Std. Mean Difference IV, Random, 95% CI
Study or Subgroup	Sta. Weatt Difference	3E	TOTAL	TOTAL	weight	IV, Raildolli, 95% Ci	IV, Kalluolli, 95% Cl
Brown 2013	0.91	0.4	15	13	21.9%	0.91 [0.13, 1.69]	
Morone 2009	-0.61	0.35	16	19	23.5%	-0.61 [-1.30, 0.08]	
Pradhan 2007	-0.59	0.26	28	32	26.2%	-0.59 [-1.10, -0.08]	
Schmidt 2011	0.45	0.17	53	115	28.4%	0.45 [0.12, 0.78]	
Total (95% CI)			112	179	100.0%	0.03 [-0.66, 0.72]	
Heterogeneity: $Tau^2 = 0.41$; $Chi^2 = 19.48$, $df = 3$ (P = 0.0002); $I^2 = 85\%$						-1 -0.5 0 0.5 1	
Test for overall effect:	Z = 0.09 (P = 0.93)						Favours [Control] Favours [Mindfulnes

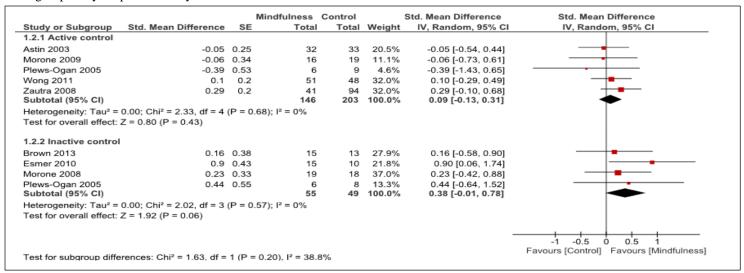
Perceived pain control



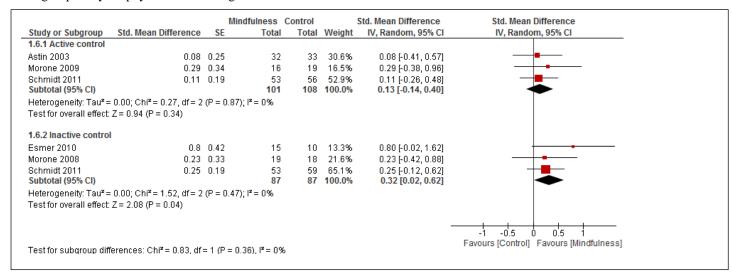
Pain acceptance



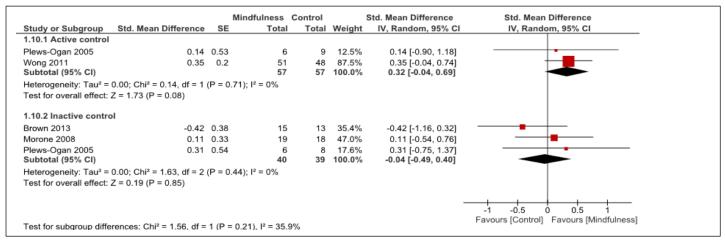
Subgroup analysis: pain intensity



Subgroup analysis: physical functioning



Subgroup analysis: health-related quality of life, physical



Subgroup analysis: Health-related quality of life: mental health

