

1 ***Phoenix dactylifera L. sap enhances wound healing in Wistar rats: phytochemical and histological assessment.***

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16 **Abstract:**

17 The sap of the date palm “Lagmi” is a clear liquid, rich in sugars and minerals, with a pleasant flavour. Folk  
18 remedies based on the use of “Lagmi” for wound healing are still practiced. However, no studies investigated the  
19 relevance of “Lagmi” for wound healing. Therefore, the aim of this study was to identify the *in vivo* healing  
20 properties of “lagmi” on mechanically wounded wistar rats. Injured rats were divided into three groups: a first  
21 group treated by “lagmi”, a second reference group processed by CICAFLORA® and a third untreated control  
22 group. On the 12<sup>th</sup> day of the experiment, total healing in the first group was reached, while healing was incomplete  
23 in the other groups. The sap seems to accelerate cell proliferation and contribute to faster healing with a gain of  
24 more than 30% as compared to CICAFLORA®. Chemical Analysis of “Lagmi” showed important radical  
25 scavenging activity and high total antioxidant capacity. Features reported to help healing process and/or provides  
26 a favourable environment for tissue healing in wound sites. Extensive characterization of “Lagmi” phenolic and  
27 flavonoid compounds by High Resolution LC-MS (LC-HRESIMS) analysis indicates “Lagmi” is an important  
28 source of known anti-inflammatory compounds as well as promising wound healing candidates.

29 **Keywords:** Date palm sap; minerals; Wound healing; LC-MS analysis; Antioxydant; bioactive phenolic  
30 compounds.

31 **Abbreviations:**

32 Inductively Coupled Plasma Mass Spectrometry: ICP-MS

33 Liquid Chromatography Mass Spectrometry: LC-MS

34 High Resolution hyphenated LC-MS (LC-HRESIMS)

35 The certified reference materials: CRMs

36 Gallic Acid Equivalent: GAE

37 Quercetin Equivalent: QE

38 1,1-Diphenyl-2-picryl-hydrazyl: DPPH

39 **1. Introduction**

40 Date palm (*Phoenix dactylifera*. L), a tree widely distributed throughout the southern regions  
41 of Tunisia, is cultivated for its edible sweet fruit. The tree represents a source of raw materials.  
42 Virtually every part of the tree is utilized to make functional items for construction,  
43 consumption and/or other daily life functions [1,2]. The sap of the date palm is a clear liquid,  
44 rich in sugars and minerals, with a pleasant flavour reminiscent of coconut milk. It is a very  
45 fermentable product widely used in the region [1,2]. Most parts of date palm are also popular  
46 in folk medicine: fresh pulp, fruit, pollen and the date palm sap “Lagmi”. The use of products  
47 and by-products of the date palm in traditional medicine is an ancient practice [3,4]. For  
48 thousands of years in Egypt and the Middle East, the tree has been used for Pharmacopoeia [5].  
49 The Date palm sap aids in the treatment of anaemia and dehydration, stimulating lactation in  
50 women, improving vision and regulating blood pressure [6]. Mixed with various ingredients, it  
51 heals sore stomach, fever, and respiratory diseases. The sap is also used as a beauty product [6].  
52 Other medicinal properties of the tree include antioxidant activity [7,8], memory and learning  
53 stimulation [9] and gastrointestinal transit activity [10,11].

54 Wound healing is a dynamic process where, after wound, the skin or other body tissue repairs  
55 itself. Three phases have been identified during active wound healing processes:

- 56 i) Inflammatory phase: characterized by contraction of blood vessels and the clot  
57 formation. Once haemostasis achieved nutrients, enzymes, antibodies as well as  
58 specialized white blood cells are recruited to achieve host response.
- 59 ii) Proliferation phase: new granulation tissue composed of collagen and extracellular  
60 matrix is rebuilt and vascularised (angiogenesis). Sufficient levels of oxygen and  
61 nutrients are critical for healthy granulation. The tissue in the wound site is pink/red  
62 in colour and does not bleed. Then the epithelialisation take place allowing epithelial  
63 cells to resurface the wound.

64       iii)     Maturation phase: During this phase, that occurs when the wound is closed, collagen  
65               is remodelled from type III to type I

66     Recently there was a new trend in characterizing active molecules from folk medicine recipes  
67     and remedies [12]. Folk remedies based on the use of “Lagmi” for wound healing are still  
68     practiced in the south of Tunisia and are of surprisingly high curative value [6]. To our  
69     knowledge, there were no reports regarding the wound healing effect of Date palm sap. Hence,  
70     we decided to evaluate its wound healing potential in rats. Additionally, in order to provide the  
71     basis of the putative wound healing activity, we investigated minerals, flavonoids and  
72     polyphenols content of “Lagmi”. Finally, extensive characterisation of “Lagmi” using LC-  
73     HRESIMS was carried out in order to identify polyphenols and flavonoids, frequently  
74     associated with anti-inflammatory, antimicrobial and wound healing activities.

75

## 76     **2. Materials and methods**

### 77     **2.1. Products used**

78     The sap extracted from the Beser date palm variety was used as treatment for wounds healing.  
79     "CICAFLORE<sup>®</sup>", a restorative emulsion which promotes repair of altered epidermis: open or  
80     closed wounds (cuts, burns ...), was used as reference standard medicine to conduct the  
81     comparative study with the date palm sap. "CICAFLORE<sup>®</sup>" contains extract rich in tannins,  
82     trace elements and bioflavonoid derived from the bark powder of a Mexican tree, *Mimosa*  
83     *Tenuiflora*. "CICAFLORE<sup>®</sup>" was shown to have an action promoting cell stimulation and  
84     repair of weakened skin and a bacteriostatic power. The cleaning of the wounds was performed  
85     using physiological serum which was the only treatment for the control rats. The animals were  
86     obtained from the animal housing facility of the Faculty of Medicine (University of Sfax,  
87     Tunisia). Lignocaine HCl (2%) was applied to the rat's muscle layer for anaesthesia prior to  
88     wound making. For the determination of trace elements by ICP-MS water (18.2 MΩ cm)

89 provided from a MilliQ Millipore water purification system (Millipore, UK) was used. Nitric  
90 acid ( $\geq 69.0\%$ , TraceSELECT®) was purchased from Fluka (Buchs, Switzerland). Calibration  
91 standards were prepared from a 10 mg/L multi element standard AccuTrace® (AccuStandard®,  
92 New Haven, USA), and 1000 mg/L B, Sb and Mo single element standards (High-Purity  
93 Standards, USA). The certified reference materials (CRMs), Rice 1568a and Whole Egg  
94 Powder 8415 both from the National Institute of Standards and Technology (NIST,  
95 Gaithersburg, USA), IAEA – 140 from the International Atomic Energy Agency (Vienna,  
96 Austria) and DOLT4 from National Research Council Canada were used for quality control.

## 97 **2.2. Date palm saps collection**

98 Date Palm Sap samples were collected from date palm *Phoenix dactylifera* L. trees of the Beser  
99 variety from a palm grove in Tozeur; in the south of Tunisia. The local traditional sap collection  
100 method was used. It consisted in cutting off the growing point of the palm tree. The juice was  
101 then collected from a shallow depression scooped out at the top [2,13]. The sample (fresh sap)  
102 was collected in sterile plastic containers and immediately stored in an ice box (+ 4°C) to avoid  
103 fermentation during transportation to the laboratory.

## 104 **2.3. Experimentally induced wounds**

105 Wistar adult male rats were randomly divided into 3 groups of 5 rats each. Each rat that weighed  
106  $235.6 \pm 1.6$  g was housed separately (one rat per cage). The animals were maintained on  
107 standard pellet diet and tap water. The animals were anesthetized by diethyl ether and the skin  
108 shaved using an electrical shaver, disinfected with 70% alcohol and injected with 1 mL of  
109 Lignocaine HCl (2%, 100 mg/5 mL). An area of uniform wound (1.5 cm  $\times$  1 cm) was excised  
110 from the nape of the dorsal neck of all rats with the aid of round seal as described by Suguna et  
111 al. [13]. Incision of the muscle layer and tension of skin were constantly avoided during the  
112 procedure.

113

114 **2.4. Topical application of vehicles**

115 Wounds of Group 3 rats were treated twice daily with sterile physiological serum as a negative  
116 control. Group 2 wounds were treated with a thin layer of "CICAFLOA ®" twice daily as a  
117 positive control. Group 1 animals were treated topically with a date palm sap twice daily. The  
118 wounds were observed on a daily basis until complete wound-healing enclosure occurred.

119 **2.5. Evaluation of healing effect**

120 The evaluation of the healing effect was based on macroscopic and microscopic criteria.

121 **2.6. Qualitative assessment of wound healing**

122 The wounds were photographed daily. Based on the colour of the wounds, we assigned a  
123 chromatic code to the wound of each rat (bright red = blood covering the wound, dark red =  
124 coagulation of dermal elements of skin (crust), red = granulation tissue and pink = the phase of  
125 epithelialisation).

126 **2.7. Quantitative evaluation of the healing**

127 **Evaluation of the wound area:** A measurement of the wound area was performed daily by  
128 drawing a borderline on the edge of the wound with a marker in order to determine the evolution  
129 of wound surfaces. The calculation of the wound surface was obtained by applying the  
130 following formula:

131 The area (cm<sup>2</sup>) = mass of paper sheet corresponding to the shape of the wound / the mass of a  
132 1 cm<sup>2</sup> paper sheet.

133 **Evaluation of wound contraction rate:** This rate indicates the status of epithelialisation. It is  
134 calculated from the ratio between the healed area and the original area of the injury. The area  
135 (A) is calculated, after reproduction of the wound on a transparent sheet.

136 Percentage of contraction =  $\frac{\text{scarred area}}{\text{total wound area}} \times 100$   
137 =  $\frac{\text{initial surface(D1)} - \text{measured surface}}{\text{initial surface(D1)}} \times 100$

138

139 **2.8. Histological Evaluation of Healed Wounds**

140 The skin specimens from wound healed areas were fixed in 10% buffered formalin and  
141 processed by a paraffin tissue processing machine. The healed skin was assessed by taking a 3-  
142 4  $\mu\text{m}$  section followed by staining with hematoxylin and eosin.

143 **2.9. Ethics**

144 The experimental protocols were conducted in accordance with the guide for the care and use  
145 of laboratory animals issued by the University of Sfax, Tunisia, and approved by the Committee  
146 of Animal Ethics of the Faculty of Medicine of Sfax.

147 **2.10. Sample preparation for trace element determination and ICP-MS analysis**

148 The sap samples were diluted 1:100 by weight in 5 % nitric acid. The certified reference  
149 materials were digested using 2 mL conc. nitric acid in an Ethos Up microwave system with  
150 inserts (temperature program 0-15 min: RT to 200 °C, 15 min holding at 200 °C) and diluted  
151 with water. For the determination of the total element content an Agilent 8800 Triple  
152 Quadrupole ICP-MS (Agilent Technologies, Waldbronn, Germany) equipped with a Scott-type  
153 spray chamber and a MicroMist concentric glass nebulizer (Glass Expansion, West Melbourne,  
154 Australia) was used. The sample and skimmer cones were made of Ni. The ICP-QQQ was  
155 operated in no gas (MS-mode), helium (MS-mode), hydrogen (MS/MS-mode) and oxygen  
156 (MS/MS-mode) mode for different elements. Collision/ reaction cell (CRC) gas flow rates for  
157 helium, hydrogen and oxygen were 4.5 mL/min, 3.5 mL/min and 30% respectively. Germanium  
158 was used as an internal standard and was introduced externally via the peristaltic pump of the  
159 ICP-QQQ and a T-piece to the nebulizer. The ICP-QQQ was optimized for maximum  
160 sensitivity using robust plasma conditions. All samples were measured in triplicate with the  
161 results averaged. The recoveries for the CRMs were between 70 and 120 % of the certified  
162 values.

163

## 164 **2.11. Extract preparation and LC-MS analysis**

165 One hundred mg of the sap was dissolved in 100 mL of 10% of methanol, filtered and 1 mL  
166 was transferred to LC-MS vials. Reversed-phase column (Pursuit XRs ULTRA 2.8, C18, 100  
167 × 2 mm, Agilent Technologies, UK) was used to carry out HPLC analyses. Twenty µL of the  
168 sample have been injected at a column temperature set at 30 °C. Mobile phases consisted of  
169 0.1% formic acid in water (A) and 0.1 % formic acid in MeOH (B). A gradient program was  
170 used for separation at a flow rate of 1 mL/min. Mobile phases consisted of an initial composition  
171 of 100% solvent A, with a gradient to 100% solvent B over 20 minutes, hold on 100% solvent  
172 B for 5 min and to 100% solvent A for 25 min. Drying gas flow rate was 1 mL/min at 320 °C.  
173 MS was operated in the positive ion mode in a mass range of  $m/z$  100-2000. High resolution  
174 mass spectral data were obtained on a Thermo Instruments ESI-MS system (LTQ XL/LTQ  
175 Orbitrap Discovery, UK) connected to a Thermo Instruments HPLC system (Accela PDA  
176 detector, Accela PDA autosampler and Accela Pump).

## 177 **2.12. Statistical Analysis:**

178 Mean weights and wound areas sizes are provided with their standard deviation. Comparing  
179 averages of the weight and sizes was carried out using analysis of variance (ANOVA). The  
180 difference was considered significant at the  $P < 0.05$ .

181

## 182 **3. Results**

### 183 **3.1. General characteristics of rats: Follow up of Weight**

184 The comparison of the average weight of the rats from the same group before and after treatment  
185 was not statistically significant ( $P > 0.05$ ) for the five groups (Table 1). There was no death  
186 among all the rats during the experiment.

187

188

189 **3.2. Qualitative evaluation of wound healing**

190 Photographs of the wounds of a representative rat from each group were taken on day 1, 3, 6, 9  
191 and 12, respectively, after wound induction, at the end of the inflammatory phase, during  
192 formation of granulation tissue, during re-epithelialisation phase and during the day of sacrifice  
193 (Figure 1). The wounds of the rats of all groups on the first day showed a bright red colour  
194 corresponding to the blood that covers the wound. After two successive daily applications of  
195 vehicles in the different groups (day 3), wound aspects differ across the different groups and  
196 vehicle used. In the third group (Control group treated with physiological serum) wounds  
197 showed perilesional inflammatory redness and thick beads. However, in the first group (sap  
198 treated group) and the second group (CICAFLOA treated group) a dark red colour with an  
199 apparent decrease in the area of wounds was observed. On the sixth day, the wounds in group  
200 1 had a brown colour characteristic of the presence of the crust with a narrowing of the wound  
201 surface. In group 2, the wounds began to form their crusts and their surfaces began to decline  
202 but the third group had a greyish, yellowish white colour and a larger area. On, day 9 some  
203 scabs in Group 1 began to fall to let appear a pinkish colour of granulation tissue. In group 2 a  
204 brown coloration continued to appear. Wound surfaces were remarkably reduced compared to  
205 controls but never caught up with the first group. The last group (group 3) still had a red colour.  
206 On day 12, we noticed a complete healing in group 1. In addition, the fall of fragments of crusts  
207 let appear pinkish colour granulation tissues in the second group. However, a red colour was  
208 still noticed in group 3.

209 **3.3. Quantitative assessment of wound healing**

210 Wound healing activity was investigated in rats treated with date palm sap (group 1),  
211 CICAFLOA gel (group 2) and an untreated control group. The average of wounds in group 1  
212 was significantly smaller than that in group 3 (Table 2 and Table 4). A total wound closure for  
213 group 1 (Table 2) was complete at the end of the 12<sup>th</sup> day. However, according to previous



214 studies, the complete closure of a treated wound with "CICAFLOA®" in group 2 (Table 3)  
215 was completed on the 14<sup>th</sup> day. According to literature, the natural contraction of wounds was  
216 on the 21<sup>st</sup> day. Therefore, the date palm sap seems to accelerate cell proliferation and contribute  
217 to faster healing with a gain of more than 30% compared to the group treated with  
218 CICAFLOA®.

### 219 **3.4. Histological study**

220 To perform the histological evaluation of wound healing of the different groups, all rats were  
221 sacrificed on day 12 and biopsies were taken. Histological sections that were made after staining  
222 with hematoxylin-eosin are represented by the Figure 2. Complete tissue regeneration was  
223 observed in groups 1 and 2. However, total absence of tissue regeneration was noticed in group  
224 3. Moreover, a total absence of skin regeneration annexes was noted (sebaceous glands and hair  
225 follicles) for all groups. Observation using optical microscopy of the various biopsies, showed  
226 that in the third group, healing was obviously delayed. The healing area consisted of a  
227 granulation tissue with many vessels and inflammatory cells showing chronic persistent  
228 inflammation. In Group 2, a very low epithelium inflammatory cell density was observed.  
229 However, granulation tissue rich with fibroblasts, blood capillaries and a huge content of  
230 collagen with the absence of inflammatory cells was observed in group 1 treated with Date  
231 Palm Sap.

### 232 **3.5. Trace elements**

233 The concentration of minor and major elements present in sap was determined by ICP-MS on  
234 a dry weight basis (see Table 5 for elements and concentrations). The sap proved rich in Ca  
235 ( $26.2\pm 3.1$  mg/kg), Cu ( $1.13\pm 0.018$  mg/kg) and Zn ( $3.65\pm 0.026$  mg/kg).

### 236 **3.6. Sugar content**

237 The sap of the Beser variety showed the presence of the 2-deoxy-scyllo-inosose as well as  
238 fructose, glucose, sucrose and difructose anhydride (Table 6).

### 239 **3.7. Characterisation of phenolic compounds using LC-HRESIMS**

240 LC-ESIMS analysis of DSP indicated the presence of at least 16 compounds belonging to  
241 different structural classes of phenolic compounds such as flavonoids and bi-flavonoids,  
242 phenolic glycosides, and gallic acid derivatives (Table 7): tubuloside A, tubuloside B,  
243 viscarticulide A, 5'-O-methyl-7'-ethyl ester of p-dehydrodigallic acid, 2-acetyl-1,3-di[(E)-  
244 feruloyl] glycerol, 2,4,5-tri-O-methylhiascic acid and (8R,7'S,8'R)-5,5'-dimethoxylariciresinol-  
245 9'-O-β-D-(6-O-E-4-hydroxy-3,5-dimethoxycinnamoyl) glucopyranoside, 7-O-(β-D-  
246 glucopyranosyl)diphysin, Ormocarpin, 5-O-[β-D-glucopyranosyl-(1->6)-β-D-  
247 glucopyranosyl]-8-hydroxybergaptol, ferunide, and 5-epipentenomycin I. The identification of  
248 these compounds was based on their MS<sup>n</sup> characteristic fragmentation pattern after being  
249 suggested by the Dictionary of Natural products using the molecular structural formulae.

250

### 251 **4. Discussion**

252 Wound healing is a complex and dynamic process of restoring cellular structures and tissue  
253 layers in damaged tissue as closely as possible to their normal state. Wound contracture is a  
254 process that occurs throughout the healing process, commencing in the fibroblastic stage where  
255 the area of the wound shrinks. It has 3 phases, inflammatory, proliferative and maturational  
256 depending on the type and extent of damage, the general state of the host's health and the ability  
257 of the tissue to repair. The inflammatory phase is characterized by haemostasis and  
258 inflammation, followed by epithelialisation, angiogenesis and collagen deposition in the  
259 proliferative phase [14]. In the maturational phase, the wound undergoes contracture resulting  
260 in a smaller amount of apparent scar tissue. The present study shows that date palm sap of the  
261 Beser variety could be used to significantly enhance the rate of wound healing. "Lagmi" possess  
262 a broad spectrum of biological activities. The production of antioxidants was shown to  
263 contribute to the stimulation of wound healing mechanisms [15], therefore, sap of the Beser

264 variety with a DPPH value of  $63.09 \pm 1.63\%$  and a Total antioxidant capacity of  $136.28 \pm 0.31$   
265 mg vitamin/g provides a favourable environment for tissue healing in wound sites [2]. Wound  
266 healing was also linked to an up regulation of human collagen I expression [16] and an increase  
267 in tensile strength of the wounds [17]. Enhanced healing activity was attributed to increased  
268 collagen formation and angiogenesis [15,18]. Angiogenesis in granulation tissues improves  
269 circulation to the wound site thus providing oxygen and essential nutrients for the healing  
270 process with enhanced epithelial cell proliferation [19]. Analysis of the date palm sap “Lagmi”  
271 showed the presence of several minerals. Toxic elements like arsenic, lead, cadmium and  
272 mercury were near or below the detection limit. Sb concentration was near the detection limit.  
273 Date palm sap contained alkali and earth alkali elements at the expected ranges, with  
274 magnesium and calcium being the dominant elements. With the exception of Ni and Si which  
275 has not been observed in Beser sap, all the elements which have been reported as being  
276 important for wound healing processes Ca ( $26.2 \pm 3.1$  mg/kg), Cu ( $1.13 \pm 0.018$  mg/kg) and Zn  
277 ( $3.65 \pm 0.026$  mg/kg) have been detected [20] (Lansdown, 1995). These minerals, may therefore,  
278 help the healing process by providing essential nutrients for the healing process [20]. Sugar  
279 content of the Beser variety have also been investigated and shows the presence of 2-deoxy-  
280 scyllo-inosose, a compound described for its anti-oxidative scavenging activity necessary for  
281 efficient wound healing [21]. We also recovered sucrose, glucose and fructose which have no  
282 beneficial effect on wound healing [22,23]. Flavonoids, biflavonoids and other polyphenols are  
283 known to promote the wound healing process due to their astringent and antimicrobial  
284 properties [24,25], which appear to be responsible for wound contraction and an increased rate  
285 of epithelialisation. Flavonoids and polyphenols contents of  $0.69 \pm 0.028$  mg QE/g and  
286  $274.56 \pm 0.76$  mg GAE/ g of the Beser variety may, therefore, be responsible for its wound  
287 healing effect [2].

288 In order to further investigate the polyphenols and flavonoid fractions of the sap we submitted  
289 the sap to LC-HRESIMS analysis (Table 7). This analysis shows that numerous polyphenols  
290 and flavonoids that have already been shown to have interesting wound healing activities with  
291 other coagulation-enhancing components are present. Tubuloside A and B have well  
292 documented anti-inflammatory activity [26,27,28]. Viscarticulide A and 2-acetyl-1,3-di [(E) -  
293 feruloyl] glycerol has also interesting anti-inflammatory activities that helps wound healing  
294 [29,30]. The presence of the bioflavonoids ormarin and 7-O-( $\beta$ -D-glucopyranosyl)diphysin  
295 which exhibit strong antimicrobial activity against a diverse panel of Gram positive and Gram  
296 negative microbes as well as their antiprotozoal activities adds a great value in enhancing  
297 wound healing effect of the sap [31]. 5-O-[[ $\beta$ -D-glucopyranosyl-(1->6)- $\beta$ -D-glucopyranosyl]-8-  
298 hydroxybergaptol found during the course of this study have an anticoagulant activity, that  
299 could be useful for wound healing [32]. 5-epipentinomycin I described in Table 7 have an  
300 antibacterial activity [33]. Phenolic glycoside derivative (reported compound 1) also recovered  
301 have an anti-inflammatory and antioxidant activity [34]. Finally, Ferunide (Table 7) with its  
302 associated 5-lipoxygenase inhibitory effect is of benefit to wound healing [35,36,37]. The high  
303 costs associated with wound care, diabetic foot wounds in particular, make it important for  
304 clinicians and researchers to search for alternative therapies and to optimally incorporate them  
305 in the wound care protocols appropriately. Biswas et al. [38] examined the use of sugar as a  
306 treatment option in diabetic foot care and provided guidance for its appropriate use in healing  
307 foot ulcers. Mphande et al. [39] has compared honey and sugar for use as remedies for healing.  
308 We believe that more research is needed on Beser sap to efficiently provide a cost effective  
309 highly efficient mean for diabetic food wounds for example at least in the regions where the  
310 sap of the beser variety is consumed. Three compounds namely 2, 4, 5-tri-O-methylhiascic acid,  
311 5'-O-methyl-7'-ethyl ester of p-dehydrodigallic acid and (8R, 7'S, 8'R) -5,5'-  
312 dimethoxyariciresinol-9'-O- $\beta$ -D- (6-OE-4-hydroxy-3,5-dimethoxycinnamoyl)

313 glucopyranoside have been identified by LCMS analysis but no biological activity reported till  
314 now in literature. Ongoing research targeting putative activity of these compounds in  
315 undertaken in our laboratory. The current study indicated that the direct application of Beser  
316 date palm sap on wounds significantly enhanced the wound healing process in experimental  
317 rats. To our knowledge, this is the first study to show that date Palm sap enhances wound  
318 healing.

319

## 320 **5. Conclusion**

321 Our findings clearly demonstrate that Date Palm Sap has a significant stimulating effect on  
322 wound healing in rats. The minerals, flavonoids, and polyphenolic content as well as the  
323 antioxidant activity and the total antioxidant capacities seem to be the basis of the observed  
324 wound healing effect. Investigation of the polyphenol and the flavonoid fraction using LC-  
325 HRESIMS recovered compounds known for their anti-inflammatory and wound healing  
326 activities as well as promising candidates that have not yet been associated to a benefit wound  
327 healing activity. More importantly, our results contribute toward the validation of the traditional  
328 use of date palm sap for the treatment of many diseases and may provide an efficient remedy  
329 for diabetic food wounds for example.

330

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334

## 335 **Conflict of interest**

336 The authors alone are responsible for the content of this paper and they declare no competing  
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## 451 **Figure captions**

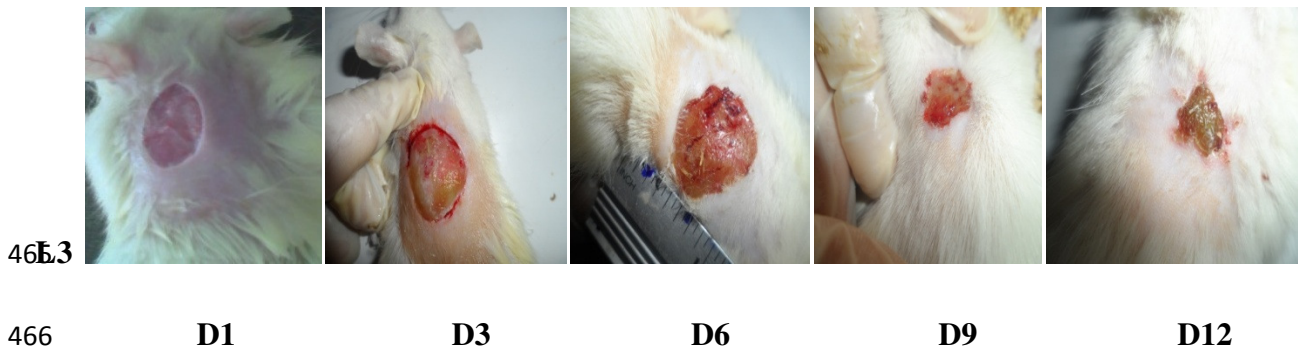
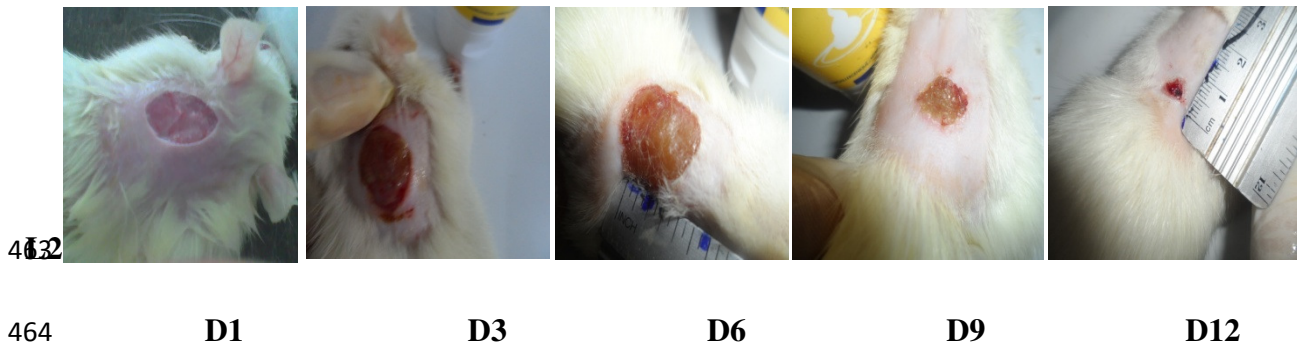
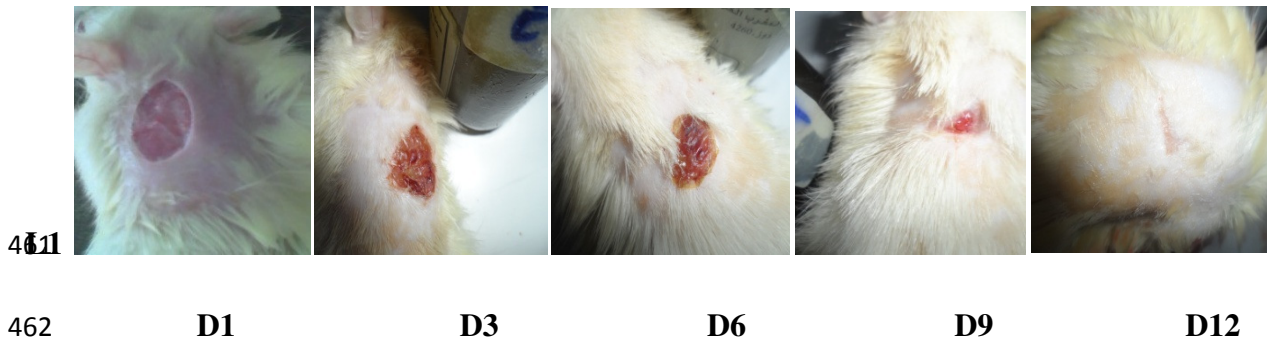
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453 **Figure 1:** Photographs of wounds in rats of L1, L2 and L3 groups at different days (Day 1 (D1)  
454 to Day 12 (D12))

455 **Figure 2.** Histological sections of healed wounds. (A) Wound treated with CICAFLORA in a  
456 Group 2 rat (G: 10 \* 10). (B) Wound treated with Date Palm Sap in a Group 1 rat (G: 10 \* 10).  
457 (C) Wound treated with physiologic serum in a Group 3 rat (G: 10 \* 10).

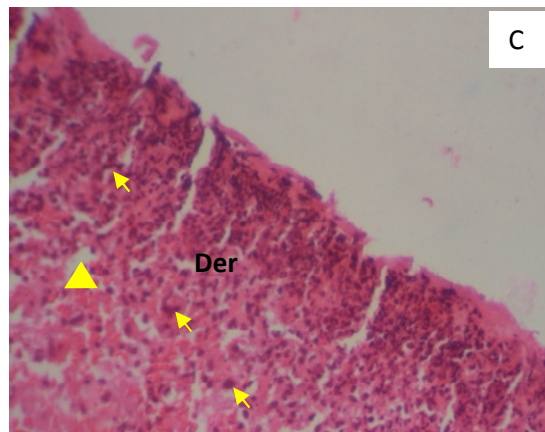
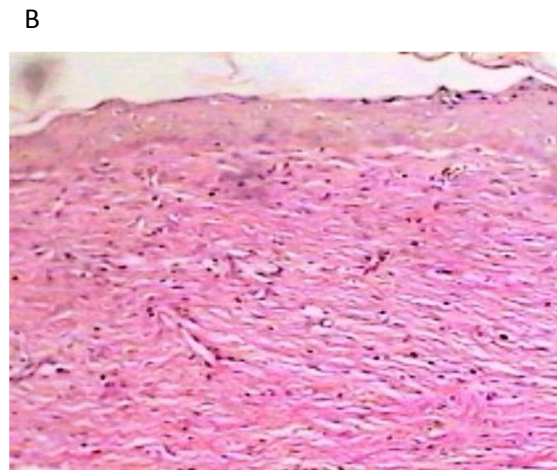
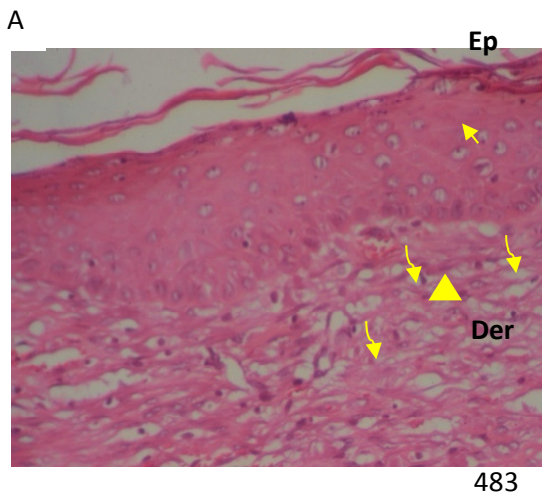
458 Der: Dermis; Ep: Epidermis; (▼) : Collagean; (▲) : Blood vessel ; (✎): Inflammatory nucleus  
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467 **Figure 1.** Photographs of wounds in rats of L1, L2 and L3 at different days (D1 until D12)

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493 **Figure 2.** Histological sections of healed wounds. (A) Wound treated with CICAFLORA in a

494 Group 2 rat (G: 10 \* 10). (B) Wound treated with Date Palm Sap in a Group 1 rat (G: 10 \* 10)

495 .(C) Wound treated with physiologic serum in a Group 3 rat (G: 10 \* 10).

496 Der : Dermis ; Ep : Epidermis ; (▼) : Collagean ; (▲) : Blood vessel ; (★) : Inflammatory nucleus  
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503 **Table 1.** Average weight (g) of rats before and after treatment

	Group 1	Group 2	Group 3
<b>Initial body weight</b>	237.2 ± 7.56	235.6 ± 10.32	234 ± 4.89
<b>Final body weight</b>	237.8 ± 7.42	232 ± 7.54	234.6 ± 5.02

504

505 **Table 2:** Group 1 (date palm sap) evolution of the wound surface

Area (cm <sup>2</sup> )	D1	D3	D6	D9	D12
<b>Rat 1</b>	<b>1.18</b>	<b>0.609</b>	<b>0.565</b>	<b>0.235</b>	<b>0</b>
<b>Rat 2</b>	<b>1.178</b>	<b>0.942</b>	<b>0.504</b>	<b>0.282</b>	<b>0.15</b>
<b>Rat 3</b>	<b>1.179</b>	<b>0.918</b>	<b>0.705</b>	<b>0.439</b>	<b>0.19</b>
<b>Rat 4</b>	<b>1.178</b>	<b>0.758</b>	<b>0.545</b>	<b>0.274</b>	<b>0</b>
<b>Rat 5</b>	<b>1.179</b>	<b>0.863</b>	<b>0.436</b>	<b>0.192</b>	<b>0</b>
<b>Average</b>	<b>1.178 ±</b>	<b>0.834 ±</b>	<b>0.551 ±</b>	<b>0.284 ±</b>	
	<b>0.0008</b>	<b>0.102</b>	<b>0.099</b>	<b>0.093</b>	

506

507 **Table 3:** Group 2 (Cicaflora) evolution of the wound surface

Area (cm <sup>2</sup> )	Day 1	Day 3	Day 6	Day 9	Day 12
<b>Rat 1</b>	<b>1.178</b>	<b>1.177</b>	<b>0.847</b>	<b>0.596</b>	<b>0.157</b>
<b>Rat 2</b>	<b>1.178</b>	<b>1.020</b>	<b>0.787</b>	<b>0.412</b>	<b>0.035</b>
<b>Rat 3</b>	<b>1.177</b>	<b>1.099</b>	<b>0.918</b>	<b>0.471</b>	<b>0.157</b>
<b>Rat 4</b>	<b>1.178</b>	<b>1.177</b>	<b>0.863</b>	<b>0.371</b>	<b>0.251</b>
<b>Rat 5</b>	<b>1.178</b>	<b>1.025</b>	<b>0.706</b>	<b>-</b>	<b>-</b>
<b>Average</b>	<b>1.178 ±</b>	<b>1.099 ±</b>	<b>0.824 ±</b>	<b>0.462 ±</b>	<b>0.150 ±</b>
	<b>0.004</b>	<b>0.077</b>	<b>0.08</b>	<b>0.097</b>	<b>0.088</b>

508

509 **Table 4:** Group 3 (Control group) evolution of the wound area.

Area (cm <sup>2</sup> )	Day 1	Day 3	Day 6	Day 9	Day 12	
Rat 1	1.178	1.176	1.057	0.628	0.384	
Rat 2	1.178	1.177	0.989	0.635	0.314	
Rat 3	1.177	1.176	1.107	0.604	0.141	
Rat 4	1.177	1.175	1.081	0.942	0.533	
Rat 5	1.179	1.177	0.981	0.753	0.376	
Average	1.178	± 1.176	± 1.043	± 0.712	± 0.349	±
	0.0004	0.0009	0.055	0.014	0.0141	

510

511 **Table 5:** element concentrations determined in sap (n=3, mean ±sd) by ICP-MS on a dry  
512 weight basis

Element	Beser
Li	µg/kg 72.8±8.4
Rb	mg/kg 2.45±0.27
Cs	µg/kg 5.90±1.1
Mg	mg/kg 255±38
Ca	mg/kg 26.2±3.1
Sr	mg/kg 0.367±0.030
Ba	µg/kg 45.1±5.2
Mn	mg/kg 0.970±0.11
Fe	mg/kg 5.94±0.28
Cu	mg/kg 1.13±0.018
Zn	mg/kg 3.65±0.026
Se	mg/kg 0.276±0.020
V	µg/kg 25.1±2.5
Cr	µg/kg 39.1±6.1
Al	mg/kg 1.06±0.45
As	µg/kg 16.55±1.3
Sb	µg/kg 1.63±0.17
Cd	µg/kg < 0.2
Hg	µg/kg <40
Pb	µg/kg <13

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514

515 **Table 6:** Determination of saccharides using High Resolution Electrospray Ionization Mass Spectrometry  
 516 (HRESIMS) and literature review of their biological properties.

HRESIMS <sup>a</sup>	Mol formula <sup>a</sup>	Suggested compound <sup>b</sup>	Biological properties	Reference
343.1234	C <sub>12</sub> H <sub>22</sub> O <sub>11</sub>	Sucrose	No effect on wound healing	Kössi et al. (2000)
325.1130	C <sub>12</sub> H <sub>20</sub> O <sub>10</sub>	difuctose anhydride		
181.0710	C <sub>6</sub> H <sub>12</sub> O <sub>6</sub>	fructose/glucose	No effect on wound healing	Kössi et al. (1999)
163.0599	C <sub>6</sub> H <sub>10</sub> O <sub>5</sub>	2-deoxy-scyllo-inosose	Antioxidative scavenging activity	Ajisaka et al. (2009)

517 <sup>a</sup> High Resolution Electrospray Ionization Mass Spectrometry (HRESIMS) using Xcalibur 3.0 and allowing for M+H  
 518 and M+Na adducts.

519 <sup>b</sup> The suggested compound according to Dictionary of Natural Products (DNP 23.1, 2015 on DVD) and  
 520 characteristic fragmentation pattern.

521

522 **Table 7:** Determination of DSP phenolic compounds using High Resolution Electrospray Ionization Mass  
 523 Spectrometry (HRESIMS) and literature review of their biological properties.

HRESIMS <sup>a</sup>	Mol formula <sup>a</sup>	Suggested compound <sup>b</sup>	Biological properties	Reference
851.26455	C <sub>37</sub> H <sub>48</sub> O <sub>21</sub>	Tubuloside A	Has nitric oxide radical-scavenging activity, which possibly contributes to its anti-inflammatory effects.	Xiong et al. (2000)
689.21161	C <sub>31</sub> H <sub>38</sub> O <sub>16</sub>	Tubuloside B	Prevents 1-methyl-4-phenylpyridinium ion (MPP <sup>+</sup> )-induced apoptosis and oxidative stress and may be applied as an antiparkinsonian agent Has the neuroprotective capacity to antagonize TNF $\alpha$ -induced apoptosis in SH-SY5Y cells and may be useful in treating some neurodegenerative diseases.	Sheng et al. (2002) Deng et al. (2004)
723.19603	C <sub>34</sub> H <sub>36</sub> O <sub>16</sub>	Viscartulide A	Improved survival of human endothelial-like immortalized cells after exposure to H <sub>2</sub> O <sub>2</sub>	Li et al. (2015)
487.16544	C <sub>25</sub> H <sub>26</sub> O <sub>10</sub>	2-acetyl-1,3-di[(E)-feruloyl]glycerol	Improved survival of human endothelial-like immortalized cells after exposure to H <sub>2</sub> O <sub>2</sub> Anti-inflammatory	Li et al. (2015) Shi et al., 2015.



867.2383	C <sub>42</sub> H <sub>42</sub> O <sub>20</sub>	Ormocarpin (biflavonoid glycoside)	Antimicrobial activity	Dhooghea et al. (2010)
705.1852	C <sub>36</sub> H <sub>32</sub> O <sub>15</sub>	7-O-(β-D-glucopyranosyl)diphysin (biflavonoid glycoside)	Antimicrobial activity	Dhooghea et al. (2010)
543.1318	C <sub>23</sub> H <sub>26</sub> O <sub>15</sub>	5-O-[β-D-glucopyranosyl-(1->6)-β-D-glucopyranosyl]-8-hydroxybergaptol	anticoagulant	Weilie et al. (2005)
289.0920	C <sub>12</sub> H <sub>16</sub> O <sub>8</sub>	ferunide	5-Lipoxygenase Inhibitory effect	Znati et al. (2014) Cottrell and O'Connor, (2009) Brogliato et al. (2014)
271.0814	C <sub>12</sub> H <sub>14</sub> O <sub>7</sub>	Phenolic glycoside derivative (reported compound 1)	anti-inflammatory and anti-oxidant	Suo et al. (2012)
145.0492	C <sub>6</sub> H <sub>8</sub> O <sub>4</sub>	5-epipentenomycin I	Antibacterial activity against Gram positive bacteria and weak against <i>Pseudomonas aeruginosa</i>	Baute et al. (1991)
527.15803	C <sub>27</sub> H <sub>26</sub> O <sub>11</sub>	2,4,5-tri-O-methylhiassic acid	No biological activity reported.	-
381.07945	C <sub>17</sub> H <sub>16</sub> O <sub>10</sub>	5'-O-methyl-7'-ethyl ester of p-dehydrodigallic acid	No biological activity reported.	-
811.27179	C <sub>39</sub> H <sub>48</sub> O <sub>17</sub>	(8R,7'S,8'R)-5,5'-dimethoxylariciresinol 9'-O-β-D-(6-O-E-4-hydroxy-3,5-dimethoxycinnamoyl)glucopyranoside	No biological activity reported.	-
867.2383	C <sub>42</sub> H <sub>42</sub> O <sub>20</sub>	Ormocarpin (biflavonoid)	Antimicrobial activity	Dhooghea et al. (2010)
705.1852	C <sub>36</sub> H <sub>32</sub> O <sub>15</sub>	7-O-(β-D-glucopyranosyl)diphysin (biflavonoid)	Antimicrobial activity	Dhooghea et al. (2010)
271.0814	C <sub>12</sub> H <sub>14</sub> O <sub>7</sub>	Phenolic glycoside derivative (reported compound 1)	anti-inflammatory and anti-oxidant	Suo et al. (2012)

524 <sup>a</sup> High Resolution Electrospray Ionization Mass Spectrometry (HRESIMS) using Xcalibur 3.0 and allowing for M+H  
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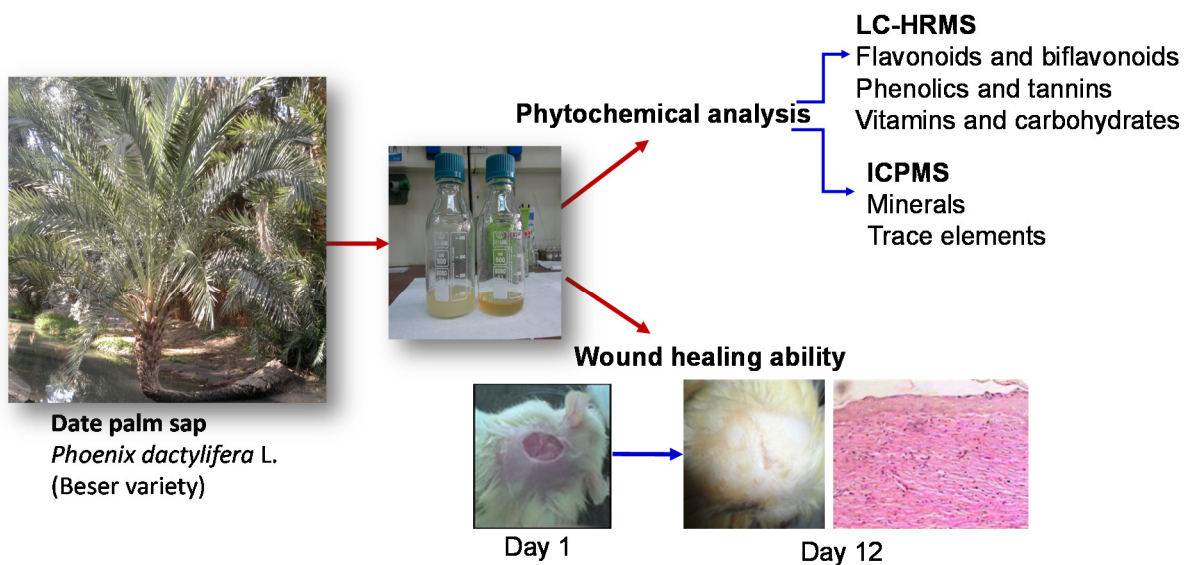
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536 **Graphical Abstract**

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